

# HL-O JR/SR HIGH SEVEN PERIOD DAILY SCHEDULE

Warning Bell 8:02

Period 1      8:05 – 8:59      54 minutes  
4 minute break

Period 2      9:03 – 9:57      54 minutes  
4 minute break

Period 3      10:01 – 10:55      54 minutes  
4 minute break

7<sup>th</sup> – 8<sup>th</sup> Grade  
Period 4 10:59 - 11:53  
Lunch 11:53 - 12:23

9<sup>th</sup> – 12<sup>th</sup> Grade  
Lunch 10:55 – 11:25  
Period 4 11:29 – 12:23

4 minute break

Period 5      12:27 – 1:21      54 minutes  
3 minute break

Period 6      1:24 – 2:18      54 minutes  
3 minute break

Period 7      2:21 – 3:15      54 minutes