

Zion Chapel High School Health

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BECAUSE WE CARE...

We coordinate with the local health district in protecting children from certain symptoms of communicable disease. If your child has any of these symptoms, please keep him/her home, or make appropriate child care arrangements.

Guidelines for Keeping Sick Children Home

- FEVER- temperature of 100 degrees or higher. The child can return to school after he/she has been fever free for 24 hours (without fever-reducing medicine such as Tylenol or Motrin).
- VOMITING/DIARRHEA- 2 or more times in a 24 hour period especially if the child acts or looks ill. May return to school after being symptoms free for 24 hours.
- COLDS- If your child has any green nasal discharge and/or a chronic cough they should be seen by a health care provider. These conditions may be contagious and require treatment.
- PINK EYE (CONJUNCTIVITIS)- Mucus or pus draining from the eye or pink eye. Following a diagnosis of bacterial conjunctivitis, the child may return to school 24 hours after the first dose or prescribed medication has begun.
- RASH- A body rash, especially with fever and/or drainage can be infectious and are most contagious in the early stages. Heat rashes and allergic reactions are not contagious
- SORE THROAT- especially with fever or swollen glands in the neck.
- STREP THROAT- a child with strep throat may return to school 24 hours after treatment has begun. Signs and symptoms of strep throat can include sore throat, fever, redness and swelling of throat, and general not feeling well.
- LICE/SCABIES- children may not return to school until they have been properly treated.
- CHICKENPOX- must stay home until all lesions are scabbed over, approximately 5-7 days

Bringing a child to school with any of the above symptoms puts other children at risk of getting sick.

If parents keep sick children at home, we will have stronger, healthier and happier children.

