

Shelby Public Schools ECC Menu for Sept- Dec 2020

Date	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 09/01/2020 09/28/2020 10/26/2020 11/23/2020	Breakfast: Blue Berry Muffin, String Cheese, Fresh Fruit, Milk Lunch: Chicken Tenders, Tater Tots, Green Beans, Apple, Milk Snack: ½ Sun butter/Jelly Sandwich & Milk	Breakfast: Raspberry and cream Bar, Strawberry cup, Milk Lunch: Walking Taco , Refried Beans, Salsa, Fresh Fruit, Milk Snack: Strawberry Chex Mix & Milk	Breakfast: Pancake on a stick, Fresh Fruit, Milk Lunch: Macaroni Pasta Salad, Grilled Cheese, Diced Pears, Milk Snack: Carrots/Ranch & Milk	Breakfast: Apple Frudel (092558) Peach Cups, Milk Lunch: Stuffed crust pep. Pizza, Carrots, Potato Smiles,, Peaches, Milk Snack: ½ Bagel/Wow butter & Milk	Breakfast: Cereal, Animal Crackers, Fresh Fruit, Milk Lunch: Hamburger Gravy, Mashed Potatoes, Cooked Corn , Dinner roll, Fruit Cup, Milk Snack: Wow Butter/Celery & Milk
WEEK 2 09/07/2020 10/05/2020 11/02/2020 11/30/2020	Breakfast: Team Cheerios Cereal Bar, String Cheese, Fruit cup, Milk Lunch: Breaded Chicken Sandwich, Chips, Pickle Spear, Orange Wedges, Milk Snack: Ham/Cheese Roll & Milk	Breakfast: Confetti Pancake, Fresh Fruit, Milk Lunch: Taco on Flour Tortilla, Cheese, , Refried Beans, Corn, Fresh fruit, Milk Snack: Strawberry Yogurt & Milk	Breakfast: Breakfast Burrito Fresh Fruit, Milk Lunch: Potato Salad, Garlic Cheesy Bread, Diced Pears, Milk Snack: Animal crackers & Milk	Breakfast: Apple Muffin, Fresh Fruit Milk Lunch: Sloppy Joes, Chips, Mixed Berry Cup, Juice, Milk Snack: Tortilla Chips/Salsa & Milk	Breakfast: Cereal, Animal Crackers, Fresh Fruit, Milk Lunch: Chicken Nuggets, Green Bean, Potato Smiles, Roll, Blueberries, Milk Snack: Cereal & Milk
WEEK 3 09/14/2020 10/12/2020 11/09/2020 12/07/2020	Breakfast: Blue berry Muffin, Orange, Milk Lunch: Beef Chili/cornbread, Green beans, Diced Peaches, Milk Snack: ½ Sun butter/Jelly Sandwich & Milk	Breakfast: Cereal, Animal Cracker, Fruit, Milk Lunch: Walking Taco, Refried Beans , Fresh Fruit, Milk Snack: Strawberry Chex Mix, Milk	Breakfast: Breakfast Taco , Fruit Cup, Milk Lunch: Hot Beef Sub, Carrots Pickle Spear, Strawberry cup, Milk Snack: Carrots/Ranch & Milk	Breakfast: Raspberry Cream Bar, Fresh Fruit, Milk Lunch: Cheeseburger, Tater Tots,, cooked Carrots, Fresh fruit, Milk Snack: ½ Bagel/Wow butter & Milk	Breakfast: Cereal, Animal Crackers, Fresh Fruit, Milk Lunch: Chicken pot pie, Mashed Potatoes, Peas, Dinner Roll, Applesauce, Milk Snack: Wow Butter/Celery & Milk
WEEK 4 09/21/2020 10/19/2020 11/16/2020 12/14/2020	Breakfast: Cinnamon UBR Bar, Fresh Fruit, Milk Lunch: Salisbury Steak/ Mashed Potatoes, Peas, Dinner roll, Apple, Milk Snack: Ham/Cheese Roll & Juice	Breakfast: Apple Cinn French Toast, Fresh Fruit, Milk Lunch: Chicken Fajita, Refried Beans, Broccoli and Ranch, Fresh Fruit, Milk Snack: Strawberry Yogurt & Juice	Breakfast: Breakfast Burrito, Fruit Cup, Milk Lunch: Pasta Salad, Mini Corn Dogs, Milk Snack: Animal crackers & Milk & Milk	Breakfast: Strawberry Yogurt Chex Mix, fruit Cup, Milk Lunch: Spaghetti, Garlic Bread, Mixed Berry cup, Green Beans, Milk Snack: Tortilla Chips/Salsa & Milk	Breakfast: Cereal, Animal Crackers, Fresh Fruit, Milk Lunch: Chicken Tenders, Smile Fries, Carrots and Ranch, Diced Pears, Dinner Roll, Milk Snack: Cereal & Milk

Milk & Fresh Fruit Daily (free to all students & \$4.00 for adults) Menu **subject to change without notice. In the operation of the feeding program no child shall be discriminated against because of race, color , national origin, sex, age, or disability. Prices: Milk .55, Adult Breakfast \$2.00, Adults Lunch \$4.00**
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