

Counselor's Corner

Miss Martin, Starline Elementary
April 2021

Upcoming Events

- April 22nd
Parent Workshop
The Toolbox Curriculum
#3
Details on page 2

Early Release is on
Wednesdays.

Reminders

The best way to contact me is via email:
Susan.Martin@lhusd.org
You can reach me by phone by calling the Starline Office at 928-505-1490 and asking for extension 3448.

Role Models

Children tend to look to others for guidance and ideas when they don't know what to do. They often imitate others if they think that will make them well-liked or popular. Sometimes, children decide upon future careers because of someone they know and look up to.

Role models are worthy of imitation and often children's role models are their parents, a relative or a teacher. Everything a role model does is often studied and imitated. Children can be guided toward positive role models by engaging in conversations about what they like, or want to do. Guiding them is different than asking them to be like someone else. Encourage them to find that person who they want to emulate.

We elementary counselors are teaching the Toolbox Curriculum to the K-2 grade classes. If you want to learn more about the tools, please watch our recorded workshops or just contact me for written materials. Be the role model that uses the tools as an example for your child.





Workshop for Parents of Elementary Children Number Three

The LHUSD elementary counselors will be doing another presentation about the Toolbox Curriculum for parents to use to help children manage emotions.

This workshop will include the Garbage Can Tool, Taking Time Tool and the Please and Thank You Tool.

For everyone's convenience, the workshop will be recorded only, and not live.

You can view the recorded workshop starting

Thursday, April 22nd

Go to starline.lhusd.org

Click on Our School > Counselor's Corner >
Toolbox Curriculum > Parent Workshop #3
Video

The 12 Tools

Tools for Learning • Tools for Life



Breathing Tool

I calm myself and check in.



Listening Tool

I listen with my ears, eyes, and heart.



Personal Space Tool

I have a right to my space. You have a right to yours.



Garbage Can Tool

I let the little things go.



Please & Thank You Tool

I treat others with kindness and appreciation.



Patience Tool

I am strong enough to wait.

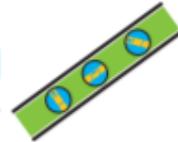
Quiet/Safe Place Tool

I remember my quiet/safe place.



Empathy Tool

I care for myself. I care for others.



Using Our Words Tool

I use the "right" words, in the "right" way, at the "right" time, for the "right" reason.



Taking Time Tool

I take time-in and time-away.



Apology & Forgiveness Tool

I admit my mistakes and work to forgive yours.



Courage Tool

I have the courage to do the "right" thing.



TOOLBOX PROJECT™
TOOLS FOR LEARNING • TOOLS FOR LIFE