

NURSING ASSISTANT

Program Purpose

The purpose of the Nursing Assistant Program is to fulfill the seventy-five (75) hour Omnibus Budget Reconciliation Act (OBRA) requirements for training of long-term care nursing assistants in preparation for certification through competency evaluation. Emphasis is placed on the development of the knowledge, attitudes, and skills required of the long-term care nursing assistant. Upon completion of this course, the student should demonstrate satisfactory performance on written examinations and clinical skills.

Occupational Data

Graduates of the Certified Nursing Assistant program work in the healthcare industry where they use their skills which are grouped under the classification of nursing assistant personnel. According to Economic Modeling, the national median wage for nursing assistant personnel was \$14.26/hr. in 2019.

Admissions Requirements

Applicants to this program must complete the Nursing Assistant admission application and provide a valid photo id. Additionally, applicants must submit a drug screen and background check to register.

Program Cost/Fees

Books	\$200.00
Materials /Supplies/Tools	\$426.00
Uniforms	\$225.00
Test/Exam Costs	\$125.00
Program Tuition Costs & Fees	\$644.00
Insurance Fees (\$5.12 for Fall and Spring, \$3.41)	\$5.12
Other Program Costs	\$875.00
Overall Program Estimated Costs	\$2,500.12

Additional Program

Expenses

Drug&BackgroundCheck	\$69.00
Urine Drug Screen Collection	Up to \$25.00

Certification Requirements

After successful completion of the program, students will be eligible to sit for the National Nurse Aide Assessment Program (NNAAP) exam through the Alabama Department of Public Health.

Course Content

Length of Program: 3 weeks for Training for Business Industry (TBI); 6 weeks of traditional learning; and this course is embedded in the Health Science Program (HPS) for one semester.

Class Days/Times: TBA

Curriculum

Students attending the traditional, non-credit Nursing Assistant program will dually enroll in the Ready-to-Work and Adult Education Program for soft skill and basic academic skill preparation for three weeks and then you will begin the nursing assistant portion for three weeks. The Nursing Assistant curriculum is listed below.

Day of Curriculum	Chapter Number & Name	Theory Hours	Lab Hours	Clinical Hours	Textbook Chapter #	Textbook 4 th Edition Page #	
Week One Orientation	Introduction to class, review of syllabus and course calendar	2.00	0.00	0	Handouts	Handouts	
	Ch. 1 Understanding Healthcare Settings	1.00	0.00	0	1	1-8	
	Ch. 2 The Nursing Assistant and the Care Team	1.00	0.00	0	2	9-19	
	Ch. 3 Legal & Ethical Issues	2.00	0.00	0	3	20-33	
	Resident Rights/Abuse Training Videos	1.00	0.00	0	Video	N/A	
	Ch. 4 Communications & Cultural Diversity	2.00	0.00	0	4	34-57	
	3	Ch. 5 Infection Prevention and Control	2.00	1.00	0	5	58-80
		Ch. 6 Safety & Body Mechanics	1.00	1.00	0	6	81-93
		Ch. 8 Human Needs and Development	1.00	0.00	0	8	108 - 129
		Ch. 10 Positioning, Transfers, and Ambulation	1.00	1.00	0	10	149-172
4 5	Ch. 11 Admitting, Transferring and Discharging	0.50	0.00	0	11	173-184	
	Ch. 12 The Resident's unit	0.50	0.00	0	12	185 -195	
	Ch. 13 Personal Care Skills	1.50	1.50	0	13	196-226	
6	Ch. 14 Basic Nursing Skills	2.00	1.50	0	14	227-254	
	Ch. 15 Nutrition & Hydration	1.00	0.50	0	15	255-281	
	Ch. 16 Urinary Elimination	1.50	1.00	0	16	282-302	
7	Ch. 17 Bowel Elimination	0.50	0.50	0	17	303-317	
	Ch. 18 Common Acute and Chronic Conditions	1.00	0.00	0	18	318-353	
	Ch. 19 Confusion, Dementia, and Alzheimer's Disease	1.50	0.00	0	19	354-371	
	Ch. 20 Mental Health & Mental Illness	2.00	0.00	0	20	372-379	
8 9 10 11	Ch. 21 Rehabilitation & Restorative Care/ Resident's independence	2.00	1.00	0	21	380-392	
	Ch. 22 Special Care Skills	1.50	0.00	0	22	393-403	
	Ch. 23 Dying, Death, and Hospice	2.00	0.00	0	23	404-415	
Week 2	Ch. 24 Caring for your career and yourself	1.00	0.00	0	24	416-428	
8	Virtual Skills Lab Demo (Skills 1-11)	0.00	2.00	0			
9	Virtual Skills Lab Demo (Skills 12-22)	0.00	2.00	0			
10	On-site skills check-offs and remediation (Day1)	0.00	2.00	0			
11	On-site skills check-offs and remediation (Day 2)	0.00	2.00	0			
Week 3							
12	Final: Skills Check off	0.00	7.00	0			
13	Final: Written Examination	2.00	0.00	0			
14	<i>Day 1 Clinical</i>	0.00	0.00	8			
15	<i>Day 2 Clinical</i>	0.00	0.00	8			
	CLASS DAY AND TIMES: (TBA)	Theory Hours	Lab Hours	Clinical Hours	# of days		
	Setting: Classroom/Lab/Clinical	35.00	24.00	16.00	15		
	(Hybrid and Traditional)						
	Nurse Aide Training Program Cumulative Total:		75 Hours				