

UPCOMING EVENTS

October 21– Red Ribbon Week Starts

October 22– 8th grade Career Exposition

October 22– 7th grade Football Game @ home

October 24– Football @ OB

October 25– Jag Day

October 29– 7th grade Football Championship & Band Night

October 31– Halloween!

8th grade Football Championship



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By: Jaydn Norman, Iris Xue, and Meghan Bradford

Bullying is a major issue that many children across the nation face, and it's important to prevent against its occurrences. To prevent it, students and teachers must first understand the concept of bullying. According to stopbullying.gov, the national website against bullying, "Bullying is unwanted, aggressive behavior among school aged children that involves real or perceived power imbalance." The behavior can be repeated and lead to severe problems. There are three types of bullying: verbal, social, and physical. In 2017, about 20% of students aged 12-18 experienced bullying.

Some effects of bullying include unexplained injuries on victims, lost articles, loss of close friends, and depression, which may lead to personal harm and suicide. Not only may these effects manifest themselves, other health issues, abusive actions, and criminal convictions may occur. Victims may feel isolated and rejected by their peers, and they typically don't tell adults because they feel helpless. Not only are victims affected, bullies may be warped in their own choices.

Recently, cyberbullying has developed online and over texting. Cyberbullying is "bullying that takes place over digital devices like cell phones, computers, and tablets." 15% of middle-school and high-school students have been bullied through online devices and texts.

Not only is it important to recognize and understand the concept of bullying, students need to prevent it from occurring at their schools and communities. Someone who witnesses bullying is a bystander and may play different roles. They have the possibility of changing a bullying situations, but many witnesses don't speak up because they fear punishment. It's important for bystanders to become up-standers and take action. Not only do witnesses to speak up, victims should stand up to bullies. If you are bullied, talk to a trusted adult, such as a teacher, parent, or counselor, to stop the unfair treatment. Remember, it is not fair that someone can take advantage if you; don't let this happen to you.

In conclusion, bullying is a major problem that many students face across the nation. Serious effects can result from bullying, so it's important to stand up and prevent it from occurring. If students acknowledge the issue and prevent it whenever possible, bullying could be stopped around the world. Every bit of support helps.



The World of Cosplay



By: Layla Cox & Franchezca Ulanday

What exactly is cosplay? Well, by definition, cosplay is the practice of dressing up as a character from a movie, book, or video game, especially one from the Japanese genres of manga and anime. This popular hobby has been around since 1939 when Myrtle R. Jones and Forrest J. Ackerman wore "futuristic costumes" to a star trek convention. The

term "cosplay" was made with a cross of the words "costume" and "playing" by a reporter named Nobuyuki Takahashi. The cosplaying community has grown over the years and now includes popular cosplayers such as @peachyfizz, @icyflame.cos, @solarize, @bara.png, and @bluishred.cos! All of these cosplayers, and more, use social media apps such as Tiktok and Instagram to show off the hobby they've devoted so much time to. Cosplay has grown tremendously since the beginning and it shows with the packed conventions that happen over the course of a few years. Some upcoming conventions include the Memphis Comic and Fantasy Convention on Nov. 15, 16, and 17 that will take place at Marriott Memphis East along with the Memphis Comic Expo of 2019 on Oct. 19th and 20th at Agri-center International in Memphis. The community is a unique set of people using their hobby as a way to meet new people who are just like them! Maybe one day you will take part in this community and have the experience many of us enjoy!

The History Of Halloween



By: Jason Ford & Jackson West

Halloween has been a holiday celebrated for generations here are some of its roots. Halloween dates back to ancient Celtic festival of Samhain. The Celts lived thousands of years ago this was the celebra-

tion of the new year. It marked then end of summer and the beginning of winter, a time associated with human death. They thought the boundary between the world of the living and dead was blurred. On the night of October 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth. This is probably the first signs of Halloween. Eventually the romans conquered the Celts and their traditions were combined. Gradually over the thousands of year there traditions were blended with Christianity and eventually this became the Halloween we all know today. People didn't really have a idea of trick or treating but poor people would go to richer peoples houses and ask for soul cakes. People also used to make turnip jack - o-lantern instead of pumpkins and use them to fend off ghosts and demons. Halloween was blended with cultures all over the world and is now the Halloween we know today.



Study Tips!



By: Sariah Whitfield & Jamie Barden

As Case 21s are coming up, studying is the key necessity to ace your tests. Here's some tips to help you out!

*Music- It's a calming way to focus, if the silence is bothering you. It especially helps you to stay awake.

*Regular breaks- After a long time of studying, letting your brain take a break and rejuvenate helps you to keep on going.

*Time to study- Make a certain schedule to study, especially if you have sports, or other activities.

*Flash cards- they are fun, recyclable, and a pleasure to play with friends.

*Practice old test- You can look back at your old test and see what you got wrong and what you need to know.

*Friends and Family- It is always fun to study with someone to keep you entertained.

Hopefully you put these tips to use and make an A+ on your next test!



Cooking Corner



By: Brooklyn Mount

Every once in a while, we all get this feeling of wanting to cook some good food you saw on the cooking shows like *Beat Bobby Flay*. If you are very fond of cooking... and eating, this is the place for you! This recipe is for a Stromboli and serves 8-10 people. Time: 2 hours, 45 minutes

For the dough:

1 tbsp. instant dry yeast, 2 tbsp. plus 1 ½ tsp. extra-virgin olive oil, divided, plus more for greasing, 5 1/2 cups bread flour, 2 tsp. kosher salt.

For the filling and topping:

1 tbsp. garlic, chopped, 2 cups shredded smoked or regular mozzarella (not in water), 4 oz. salami, thinly sliced, 1/4 cup chopped basil leaves, 1/4 pint cherry tomatoes, 1 tbsp. rosemary, chopped, 1 tsp. flaky sea salt.

In the bowl of a stand mixer fitted with the dough hook, whisk the yeast, 2 cups cold water, and 1 tablespoon plus 1 ½ teaspoons olive oil.

In a medium bowl, whisk together the flour and salt. Slowly add the flour mixture to the yeast mixture, beating on the lowest setting until a dough forms and becomes elastic and smooth, about 5 minutes. Mix in 1 tablespoon of oil, then turn off the mixer.

Grease a large bowl lightly with olive oil, and transfer the dough to the bowl. Drizzle a little oil over the dough, spreading it to coat. Cover the bowl tightly with plastic wrap and set aside in a warm spot until the dough has doubled in size, about 90 minutes.

Preheat the oven to 375°. Using the palms of your hands, or a rolling pin to help if necessary, stretch and spread the dough out onto a clean work surface into an even rectangle, about 14x16 inches in size. Position it with a long side facing you, then layer the garlic, mozzarella, salami, and basil across the bottom ¾ of the dough, leaving the top quarter of the dough empty. Roll the bottom most quarter of dough over some of the filling, then repeat twice until all of the filling is enclosed; pull the empty flap of dough over the rest. Press to seal the dough and enclose the filling on all sides.

Line a clean baking sheet with parchment paper. Scatter the tomatoes around the top of the Stromboli and press them gently into the dough. Sprinkle the rosemary and sea salt over the top of the dough and transfer to the oven. Bake for 20 minutes, then rotate the pan in the oven and repeat. Flip the Stromboli on the baking sheet and bake for 5 minutes more. Remove from the oven and let cool slightly before slicing and serving.



By: Bella LaVeck and Lilly Urban

Do you enjoy Hawaiian Pizza? We took it upon ourselves to find if others besides us enjoy Hawaiian Pizza as much as we do. Our

answers prove that people do not believe pineapple belongs on pizza! Greek-Canadian Sam Panopoulos claims that he was the first to create or put pineapple on pizza. Hawaiian Pizza is also very popular in Australia. However, it has very little to do with the Hawaiian Islands. Our pie chart displays the results proving that people don't like Hawaiian pizza.

