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Jan 11, 2021

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Pick a spelling word, and write the first letter. Your child can try to figure out the word and spell it, or ask for the next letter. Keep going until he gets the word. He scores a point for each clue he needed. What’s the lowest score he can get for his whole spelling list?

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Jan 12, 2021

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If your child has big emotions that she can’t put into words, suggest that she express them through art. She might draw a picture, sing a song, or do a dance that reflects her mood. It can help her tune into her feelings and give her a sense of control.

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Jan 13, 2021

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Start a household point system and encourage everyone to work together to increase the score. Family members might score points for kind deeds or brave acts, for example. Post a running tally on the refrigerator, and when you reach 100, celebrate with a new chart.

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Jan 14, 2021

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When you pass a gas station, have your child note the price of a gallon of gas and calculate how much it would cost to fill up your tank. For example, if gas is $2.35 a gallon and your tank holds 12 gallons, he would need to multiply $2.35 x 12 = $28.20.

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Jan 15, 2021

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Write letters instead of numbers in hopscotch squares. Then, pick a category, such as flowers. As you hop to each square, name something from the category that starts with that letter. For instance, hop on R and say “rose”. Try a new category each turn.

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Jan 16, 2021

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Take turns naming a responsibility that has a negative outcome if neglected. Leaving shoes out can lead to the puppy chewing them up, for example. You’ll help your child see cause and effect and understand that actions (or inactions) have consequences.

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Jan 17, 2021

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Suggest that your child create a test (and an answer key) for the material she is studying. Writing out questions about the topic will encourage her to think deeply about the information. Afterward, she can take her test and see how much she remembers.