**Health Class Only**

**Assignment 4: Week of April 26-May 1**

**\*The answers to the following assignments can be either hand written or typed out and emailed back to me at** [**william.bentley@dcsms.org**](mailto:william.bentley@dcsms.org) **You can actually submit your assignment in various ways. This includes: typing the assignment in the email window itself that you are sending to me, typing the assignment as a word document or notes sections on a phone, or actually hand writing out the assignment on paper and taking a picture to send in an email. Please do whatever you feel most comfortable with doing. As always, let me know if you have any questions. In the “Email Subject Line” include: Your First and Last Name, Health or Employability Skills Class, and Assignment 4**

1. **Read the Ch. 4 Notes under the “Health Documents” Page on the website.**
2. **Define and Number the following Vocabulary Words. Please make sure you number, write the word out, and give a specific definition for each word. You do not have to write a complete sentence as long as you give a thorough definition.**

**1. Mental Disorder**

**2. Anxiety**

**3. Anxiety Disorder**

**4. Phobia**

**5. Mood Disorder**

**6. Depression**

**7. Eating Disorder**

**8. Clinical Depression**

**9. Psychiatrist**

**10. Clinical Phycologists**

1. **Answer in complete sentences the following “Critical Thinking Questions”. Please use 2 or more sentences to answer the questions. Be specific and give good details. Use your Health Notes and the Internet to help out.**
2. **Why do you think eating disorders are classified as mental disorders? Do you agree? Explain your answer in 2 or more sentences.**
3. **Families of people with mental disorders often need support and counseling. Why is this? Explain your answer in 2 or more sentences.**

**Employability Skills Class Only**

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1. **Read the Ch. 4 Section 3-2 Information under the “Employability Skills Documents” Page on the website.**
2. **Define and Number the following Vocabulary Words. Please make sure you number, write the word out, and give a specific definition for each word. You do not have to write a complete sentence as long as you give a thorough definition.**

**1. 10 Characteristics of Examining Career (p. 57 Notes)**

**2. Values (p. 57 Notes)**

**3. Data (p. 58 Notes)**

**4. Work Environment**

**5. Working Hours (p. 58 Notes)**

**6. Flextime**

**7. Aptitude**

**8. How many years is an Associate’s Degree?**

**9. How many years is a Bachelor’s Degree?**

**10. Fringe Benefits**

1. **Answer in complete sentences the following “Critical Thinking Questions”. Please use 2 or more sentences to answer the questions. Be specific and give**

**good details. Use your Ch. 1 Section 1-2 Information and the Internet to help out.**

1. **What aspects of the work environment are important when evaluating a career? Explain your answer in 2 or more sentences.**
2. **Why should you consider a careers outlook? Explain your answer in 2 or more sentences.**