

Summer Workout Times

June 1st		June 2nd		June 3rd		June 4th		June 8th		June 9th		June 10th		June 11th	
Group	Time	Group	Time	Group	Time	Group	Time	Group	Time	Group	Time	Group	Time	Group	Time
1	4pm	1	4pm	1	7am	1	7am	1	7am	1	7am	1	4pm	1	7am
2	4pm	2	4pm	2	7am	2	7am	2	7am	2	7am	2	4pm	2	7am
3	4pm	3	4pm	3	7am	3	7am	3	7am	3	7am	3	4pm	3	7am
4	6pm	4	6pm	4	9am	4	9am	4	7pm	4	7pm	4	6pm	4	9am
5	6pm	5	6pm	5	9am	5	9am	5	7pm	5	7pm	5	6pm	5	9am
6	6pm	6	6pm	6	9am	6	9am	6	7pm	6	7pm	6	6pm	6	9am