

Name: _____ Date: _____

Everyday Speech



Problem Solving

When we solve problems we need to decide if they are big or small, if we need help solving them, and try out different solutions.

PROBLEM

You need to attend a student council meeting but do not have a ride home.

You want to use the living room TV but your sister is watch TV now.

You have an argument with your friend. You want to make up but aren't sure what to say.

The student sitting next to you is humming very loudly making it hard for you do your work.

You get an invitation to a birthday party this weekend but you have to work.

SOLUTION

Ask a friend to give you a ride home or call your parents.

See if there is something you both can watch or ask her if you can use it later.

Ask them politely to be quiet because you are trying to do school work.

Tell your friend you are sorry and want to talk about it.

Ask a co-worker to switch days with you or talk to your boss.

DRAW AN ARROW TO MATCH A BOX ON THE LEFT WITH A BOX ON THE RIGHT

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Big or Small Problem?

Big problem take a long time to solve, many people are affected, and we may need help to solve them. Small problems only affect a couple people and we can usually solve ourselves.

BIG PROBLEM

SMALL PROBLEM

CUT OUT EACH ITEM AND PLACE THEM IN A CATEGORY, OR WRITE THEM IN.

Got into a fist fight	Forgot your homework	Suspended from school	A team cheated in the tournament	You missed your favorite TV show	A company had to fire 20 employees
Car accident that hurt three people	You lost a game	Got into a fight with a friend	You didn't make a baseball team	Scratched the bumper of your car	A fire damaged 5 houses

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Problem Solving Step by Step

Figure out solutions to problems by breaking down the steps. 1. Write down who is involved & how they feel 2. Why do they feel that way 3. What would be a positive outcome

Lastly write down some steps or actions to take that will get you the positive outcome. This means the group feels positive feelings such as happy, excited, forgiving, etc.

Five students sit together at lunch. You invited three of them to your party. Now the other two are mad at you and will not talk to you.

Your family is going on vacation and is deciding where to go. Your brother and sister want Florida because they love the beach but you hate hot weather.

You have a crush on your friend in school. One day in class you say really loudly, "I think you're cute." She turns red and runs out of the room. Now she won't talk to you anymore.

Your parents tell you to get involved in school and join a club. You don't like any clubs and don't want to. You only want to go home and play on the computer after school.

HAVE YOU EVER SOLVED A PROBLEM? WHAT WAS THE PROBLEM, HOW DID IT MAKE THE PEOPLE INVOLVED FEEL, AND HOW DID YOU GET THE POSITIVE OUTCOME? DID IT TAKE MORE THAN ONE TRY?

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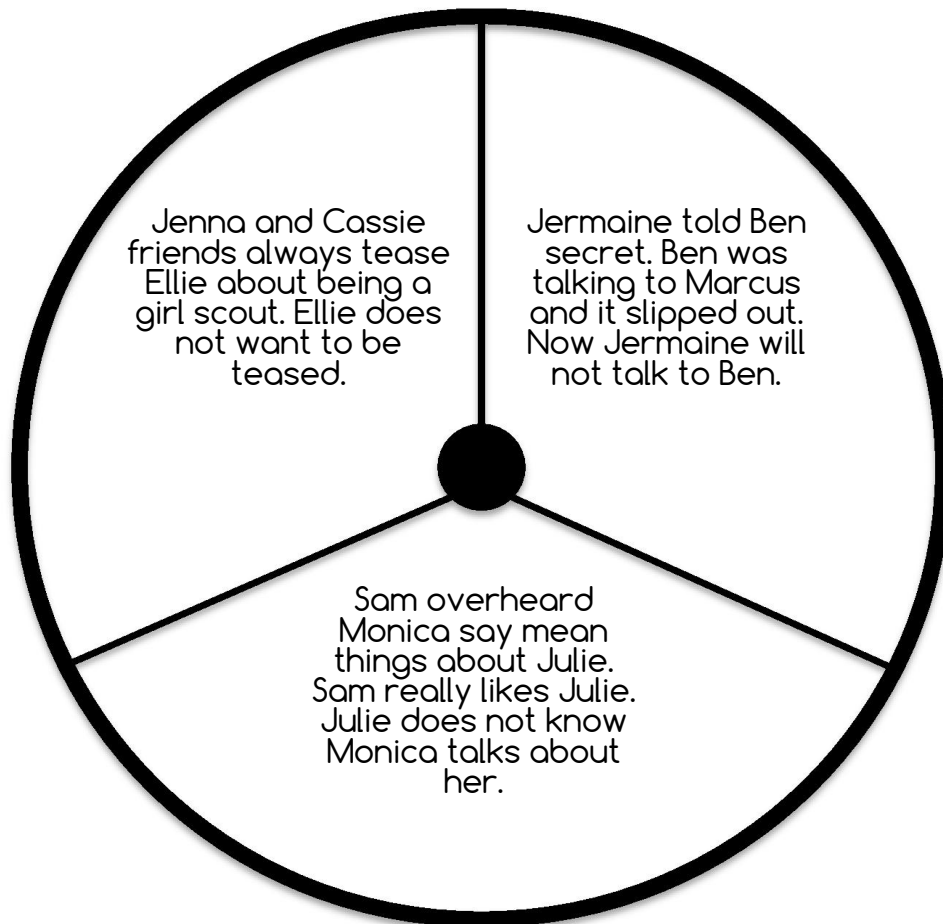


Role-Play Problems with Friends

Role-play each situation. Make sure to say how each person feels, why that feel that way, and then try to find a solution to the problem. Try to find a positive outcome.

***USE A PENCIL AND PAPERCLIP TO CREATE A SPINNER WITH THE CIRCLE BELOW. EACH TIME YOU LAND ON A SITUATION:**

ROLE-PLAY THE PROBLEM SCENARIO AND THEN ROLE-PLAY A POSITIVE SOLUTION.



HAVE YOU EVER BEEN IN SITUATIONS LIKE THESE ONES? HOW DID IT FEEL? WHAT DID YOU DO TO TRY AND SOLVE THE PROBLEMS?

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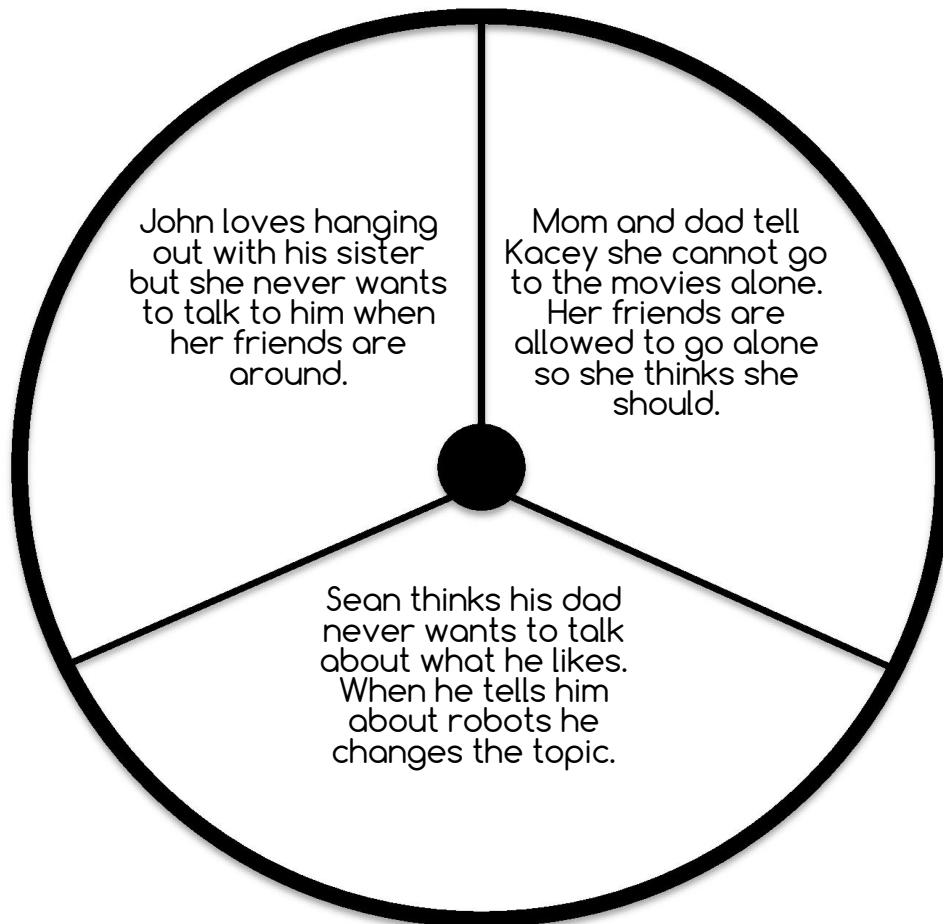


Role-Play Problems with Family

Role-play each situation. Make sure to say how each person feels, why that feel that way, and then try to find a solution to the problem. Try to find a positive outcome.

***USE A PENCIL AND PAPERCLIP TO CREATE A SPINNER WITH THE CIRCLE BELOW. EACH TIME YOU LAND ON A SITUATION:**

ROLE-PLAY THE PROBLEM SCENARIO AND THEN ROLE-PLAY A POSITIVE SOLUTION.



HAVE YOU EVER BEEN IN SITUATIONS LIKE THESE ONES? HOW DID IT FEEL? WHAT DID YOU DO TO TRY AND SOLVE THE PROBLEMS?