

Teen Pregnancy Prevention Program

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The Problem

Nationally, the issue of teen pregnancy is still a major health concern, and Mohave County is no exception.

National rate: 22.3 births per 1,000 females

Arizona rate: 28.5 births per 1,000 females

Mohave County: 29.8 births per 1,000 females

Bullhead City: 36.9 births per 1,000 females

Kingman: 34.3 births per 1,000 females

Lake Havasu City: 22.4 births per 1,000 females



Youth Trends

In a 2017 Youth Risk Behavior Surveillance System survey (YRBS) of high school students:

40% ever had sexual intercourse

10% already had four or more partners. This number climbs to 24% by graduation.

30% had intercourse in the last three months, of which:

46% did not use a condom

14% used no birth control method of any kind



The Problem is Bigger Than Pregnancy

Sexually Transmitted Disease rates have climbed dramatically in the teen population nationwide, including Arizona.

Even though adolescents represent only 25% of the sexually active population, they account for 50% of new STD cases.

Adolescent women have the highest rates of gonorrhea compared with any other age or gender group.

Adolescents account for 20% of new HIV cases and as many as 1 in 7 don't know it.



SEXUALLY TRANSMITTED DISEASES IN THE UNITED STATES

NEW INFECTIONS
EACH YEAR
20 MILLION

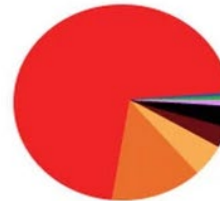
TOTAL STDs AMONG
MEN & WOMEN
110 MILLION

DIRECT
MEDICAL COSTS
\$16 BILLION

THE PROPORTION OF NEW
INFECTIONS THAT ARE IN
PEOPLE AGES 15-24
50%

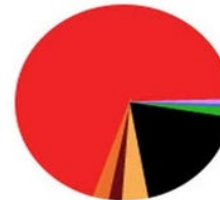
ESTIMATED **NEW** INFECTIONS

HPV 14,100,000 ■
CHLAMYDIA 2,860,000 ■
TRICHOMONIASIS 1,090,000 ■
GONORRHEA 800,000 ■
GENITAL HERPES 776,000 ■
SYPHILIS 55,400 ■
HIV 40,000 ■
HBV 19,000 ■



ESTIMATED **EXISTING** INFECTIONS

HPV 79,100,000 ■
GENITAL HERPES 24,100,000 ■
TRICHOMONIASIS 3,710,000 ■
CHLAMYDIA 1,570,000 ■
HIV 900,000 ■
GONORRHEA 800,000 ■
HBV 420,000 ■
SYPHILIS 117,000 ■



Source: CDC | ANITA RAHMAN / © LiveScience.com



Introduction

Who- The program is designed to improve the health outcomes of adolescents through 3 main goals:

- Reduce the numbers of teenage pregnancies among 15-19 year olds
- Reduce the numbers of repeat pregnancies among 15-19 year olds
- Reduce the incidence of Sexually Transmitted Diseases among 15-19 year olds

What- Implement school appropriate, scientifically accurate, age appropriate, and evidence based curricula to meet those goals.

When- The MCDPH received the grant in 2008. Services began that same year and have been provided each year.

Where- Staff currently work throughout the county including: Lake Havasu City, Bullhead City, Kingman, Fort Mohave, Topock, and Littlefield.

Why- The scope of the problem is large and has long term consequences.



Can These Programs Help?

Wise Guys program is a proven, male-oriented teen pregnancy prevention program that teaches topics such as consent, contraception, Sexually Transmitted Diseases, values, and anatomy.

Smart Girls program is designed for girls to learn and rehearse positive behaviors that promote healthy decision making. It covers topics such as self-esteem, values, standing up to peer pressure, anatomy, contraception, and Sexually Transmitted Diseases.

Both programs talk about abstinence as a positive choice.

Both programs stress parental involvement and communication



Does it Work?

Participants in these programs show:

- Improved knowledge of consequences of sexual activity.
- Increased communication with parents about sexuality.
- Delay in sexual activity.
- Rise in contraception use among teens that were already sexually active.
- Increased intent to abstain.



Closing

In closing, teen pregnancy and teen STD infection are significant issues that impact the health and well-being of youth throughout the county.

The MCDPH has a program that has been proven to help.

The Mohave County Department of Public Health's Teen Pregnancy Prevention Program would appreciate the continuing opportunity to work within our communities to improve the health and lives of youth.



Thanks!

Thank you for your time.

Any questions or concerns?

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