



Head Start follows an important rule of Being Safe. Here are some lessons you can do to encourage your child to be safe this week.

Reading/ Writing Lesson:

Read the Story: Corona Virus Why Do I have to stay home

Find this story at: https://www.autismlittlelearners.com/2020/03/free-coronavirus-social-narrative-for.html?fbclid=IwAR1hOGPEMM3WtA9m892UDEpnmlyF0Uou8gNzlQBJNjzYi_3Hk0SET5Da60&m=1

Math Lesson- Measuring 6 feet to understand social distancing

Measure 6 feet with a tape measure or ruler. Mark the 6 foot distance with a piece of tape, paper or string. Have your child use different objects to “measure “the length of the tape. Examples of object they can use: shoes, toy cars, books, stuffed animals, siblings, etc

How many items does it take to make 6 feet?

You or your child could create a chart or graph of the items and how many it took to get to 6 feet.

Ask questions using words like more and less

- “Did it take more shoes or more match box cars to make 6 feet?”
- “ Did you use less dolls or less Blocks to make 6 feet?”

Science Lesson- “ Can you keep the egg safe”

The goal of this activity is for you to create a contraption that can keep an egg safe when dropping it from the table. Give your child a mix of materials like tissues, paper cups, cardboard, tapes, sponges, straws, socks, Ziploc baggies. Let them try to create something that will keep the egg safe when it falls.

Then you test the experiments together by dropping the egg when it is safe inside to see if it cracks. For easy clean up make sure to drop your egg onto a cookie sheet or plate.

Ask your child to brainstorm items that we use to help keep us safe! (Car seat, bike helmet, knee pads)

Don't forget your goal to read 15 minutes everyday!