



MARCH 2020

Jackson County Central High School

*New Menu Items

Monday

Beef Hot Dog or
BBQ Rib on a Bun **2**
Baked Beans
Cheesy California Blend
Mixed Fruit
Chilled Applesauce
Milk

Crispy Mozzarella Stick **9**
Chicken or Cheese Quesadilla
Marinara Sauce
Cheesy Refried Beans
Romaine Garden Salad
Chilled Applesauce, Mixed Fruit
Milk

Corn Dog or
Sloppy Joe on a Bun **16**
Baked Beans, Red Potatoes
Broccoli Slaw
Mixed Fruit
Strawberry Applesauce
Milk

BBQ Pork or
Crispy Pork on a Bun **23**
Baked Beans
Creamy Coleslaw
Chilled Applesauce
Mixed Fruit
Milk

Original/Spicy Chicken Tenders **30**
***Broccoli, Cheese & Rice**
Cooked Peas
Ranch Veggie Salad
Mixed Fruit
Chilled Applesauce
Milk

Tuesday

***Buffalo Chicken Tot Bake** **3**
Crispy Original/Spicy
Chicken Sandwich
Romaine Garden Salad with
Cherry Tomatoes, Cucumbers
Chilled Peaches, Apple Wedges
Milk

Chicken Alfredo Pasta or
Pasta with Meat Sauce **10**
Breadstick, Roasted Broccoli
Ranch Veggie Salad
Chilled Peaches
Apple Wedges
Milk

Happy St Patrick's Day! **17**
Hamburger or Brat on a Bun
Steamed Cabbage
Romaine Garden Salad with
Cherry Tomatoes, Cucumbers
Chilled Peaches, Apple Wedges
Milk

***Chipotle Chicken Fajita**
Rice Bowl or **24**
Teriyaki Chicken Dippers
***Buddha's Veggie Stir-Fry**
Red Pepper Strips
Chilled Peaches, Apple Wedges
Milk

***Beef Stroganoff over Rice** **31**
***Macaroni & Beef Hotdish**
Romaine Garden Salad with
Cherry Tomatoes, Cucumbers
Chilled Peaches
Apple Wedges
Milk

Wednesday

Pancake & Sausage Bites **4**
or French Toast Sticks
With Colby Omelet
Cinnamon Sweet Potatoes
Baby Carrots
Orange Wedges
100% Fruit Juice, Milk

Grilled Ham & Cheese Sandwich
or Philly Beef Sandwich **11**
***Vegetable Beef Soup**
Roasted Peppers & Onions
Orange Wedges
Chilled Fruit Medley
Milk

***Chicken & Waffles** **18**
***All Day Hash Brown**
Casserole
Blueberry Spinach Salad
Baby Carrots
Chilled Pears, 100% Fruit Juice
Milk

Pancake & Sausage Bites **25**
Breakfast Pizza
Breakfast Potatoes
Romaine Garden Salad
Baby Carrots
Orange Wedges, Grapes &
Yogurt, Milk

Thursday

Ham & Turkey Melt or
Pulled Pork Sandwich **5**
Romaine Caesar Salad
Red Pepper Strips
Chilled Pineapple, Red Grapes
Milk

Pizza Variety **12**
Whole Kernel Corn
Romaine Caesar Salad
Baby Carrots
Chilled Pineapple
Fruit Variety
Milk

General Tso, Mandarin Orange
Chicken or Egg Rolls **19**
"Fried" Rice, Stir Fry Veggies
Red Pepper Strips
Chilled Pineapple
Mandarin Oranges
Milk

Cheesy Chicken Sandwich or
Turkey & Cheese Sub **26**
***Chicken & Rice Soup**
Green Beans
Cole Slaw
Chilled Pineapple, Craisins
Milk

Friday

***Breaded Fish Sandwich** **6**
Grilled Cheese Sandwich
Creamy Tomato Soup
Roasted Brussel Sprouts
Fruit and Vegetable Variety
Milk

No School **13**
Staff Development

Five Cheese French Bread **20**
Or ***Meatball Sub** with Marinara
Steamed Asparagus
Romaine Caesar Salad
with Cherry Tomatoes
Fruit & Vegetable Variety
Milk

Cook's Choice **27**
Veggie Variety
Fruit Variety
Milk



This institution is an equal opportunity provider.
Menus are subject to change due to weather and product availability.