

ALVORD ISD UPDATED QUARANTINE GUIDELINES

Effective 1/11/21, Alvord ISD's Return to School protocols have been updated for those quarantined due to close contact with an individual who has tested positive for COVID-19. This change will only affect isolations related to exposure; no changes are being made to lengths of quarantine for symptomatic individuals or for individuals who have tested positive for COVID-19. If a person under quarantine develops any symptoms, the person must immediately self-isolate and be evaluated by a medical provider before returning to school.

Alvord ISD reserves the opportunity to adjust these guidelines as needed due to current pandemic conditions.

Option 1: Recommended by the Centers for Disease Control

Quarantine for 14 days from the date of last exposure to the individual who has tested positive for COVID-19.

This option reflects no change to Alvord ISD's current quarantine protocol. This option is required for any student or staff member who does not meet the criteria for early return or who does not agree to follow the AISD protocols for early return. Option 1 is preferred as it has the most supporting data and offers the highest possible containment and prevention of the spread of COVID-19.

Option 2: This option is not preferred as it may increase the risk of post-quarantine transmission

- Print out the Option 2 Attestation for Early Return to School from Quarantine form and turn into school nurse.
- Before attending class, present to school an attestation by written form to have completed 10 days of quarantine and to not having any COVID-related symptoms at any time during the 10 days, *and*
- Agreeing to continued daily monitoring for symptoms through day 14 including temperature checks at school as needed, *and*
- Agreeing to submit an Alvord ISD screener each school day through day 14, *and*
- Agreeing to adhere to mitigation strategies that include:

§ Correct and consistent mask use

§ Social distancing

§ Hand and cough hygiene

§ Avoiding crowds

§ Also, see: [CDC Prevention Measures](#), and

- Avoid riding the bus if at all possible.

Students and staff who do not comply with these requirements will return to quarantine for days 11-14.