



## Welcome Back Students, Families, and Staff!

### Save the Date:

8/07  
First Day of  
School

8/08  
Panther Day

8/10  
Pueblo Revolt  
Observance  
(1/2 day)

8/13 - 8/31  
NWEA  
testing (BOY)

8/13  
XC Practice  
begins

Mandatory  
XC Parent  
Mtg.

8/14  
Mandatory  
Parent Mtg.

8/22  
Open House

Pueblo Revolt  
Run

### Chief School Administrator's Message:

Welcome back to school Moencopi Day School Panthers! We're glad you returned to be a part of the Panther family and look forward to a year of opportunities to learn and grow in our classrooms, as young and creative citizens, and with our families as partners in education.

This year Moencopi Day School is working to improve in regularly communicating, from school to our students and families, our school wide goals and student progress. Please make sure to join us for the Open House on August 22, 2018 when we will be able to share so much more with you and introduce you to our 2018-2019 school year staff. ☺

It is each of our responsibility as staff members, students and families to work together in support of our continued growth in education and we look forward to planning year round activities for everyone to be involved in the learning. We hope that as families, you are able to make it to our monthly family-teacher organization meetings where your input and feedback is greatly needed to help support and organize our activities that will most benefit all our students. If you have a special skill, talent or career that you would like to share with our students sometime in the school year, please stop by the office to let us know or send us a note. We would love to hear more about our families and the work that you contribute to each day!

Thank you again for choosing Moencopi Day School as your place to grow and shine!

As'kwali,

Sahmie S. Lomahquahu



**FIRST BELL: 7:50AM**

**TARDY BELL: 8:00AM**

### Welcome New Staff

**Mrs. Deloria Lomawaima**  
*Librarian*

**Mr. Raymond Begay**  
*Maintenance Tech.*

**Mrs. Eleanor Moreno**  
*Cook*

**Ms. Marilyn Michael**  
*On-Call Substitute*

### Welcome Back

**Mrs. LaCynthia Begody**  
*3<sup>rd</sup>/ 4<sup>th</sup> Teaching Assist.*

### Hopi Words of the Month

Nu- me	I - my
Itangu- My mom	I'tana- My dad
I'so- My grandmother	I'kwa- My grandfather
Matsiwa- My name is...	Kwatsi- friend
Askwali (f)/ Kwakwha (m)- Thank you	
Nukwangtalangva (f)/ Lomatalangva (m)- Good Morning	

### Hopi Charater Trait of the Month

to guide our behavior for a more prosperous life.

**Hak naakyaptsi'ytangwu**  
-Have mutual respect

**Parent/ Teacher  
Organization  
MEETINGS**

Regular PTO meetings will be held monthly on the first Tuesday.

The first meeting will be **Tuesday, Aug. 14, 2018 @ 5:30 pm - MDS gym.**

\*Students with involved families are most academically successful.



Sign-up begins Wednesday, August 8th. Students in 1<sup>st</sup>- 6<sup>th</sup> grade are eligible to participate.

**\*All students must have an athletic physical on file before attending practice.**

See Ms. Puhuyaoma in the front office for details.

**\*Practice will begin Monday, Aug. 13th.**

\*\*Please wear comfortable attire & running shoes. Bring a water bottle and hat.

Contact us 

(928)-283-5361

Press:

- 1- Registrar
- 2- Transportation Food Service
- 3- Human Resource
- 4- Parent Liaison
- 5- Maintenance
- 6- Front Office

\*Administration is aware of the issue with calls not coming through. We are currently looking for a solution to better serve our families and community.

**Supporting Healthy Eating**

This year MDS will support healthy eating.

**BIRTHDAYS/ PARTIES-** MDS will provide each class a cake at the end of the month to celebrate all birthday for that given month. The cake will consist of healthier ingredient options. Families may contribute to the celebration by sending in a healthy pre-packaged snack or contribute to a collective gift bag for their classmates (pencils, erasers, incentive or other small item).

**SNACKS-** Please provide only healthy snacks for students when attending field trips and athletic events.

Check out the monthly newsletter for healthy recipes and snack ideas.



MDS participates in the Box Tops for Education (BTFE) program.

Clip and submit Box Tops to your child's teacher.

**BASE GRANOLA BAR RECIPE**

Ingredients

- 2 ½ cups old fashioned rolled oats
- ½ cup nuts, roughly chopped
- ¼ teaspoon kosher salt
- 1/3 cup brown sugar
- 1 teaspoon vanilla extract
- ¾ c. total extra mix-ins (about ¼ cup of 3 different ingredients; dried fruits, coconut, chocolate chips, etc.)
- ¼ cup honey
- ¼ cup unsalted butter

Instructions

1. Preheat the oven to 350°. Line a 9-in. square baking dish with parchment or foil and lightly spray with cooking spray.
2. Place the oats and nuts on a baking sheet and bake for 8-10 mins until lightly toasted. Place the nuts and oats in a large bowl.
3. While the oats are toasting, add the honey, butter, and brown sugar to a small saucepan. Cook over medium heat until the butter melts and the sugar dissolves, stirring occasionally. Remove from heat and stir in vanilla and salt. Pour mixture over the oat and nut mixture and stir to combine. Add any extra ingredients (except for chocolate). Stir to combine well.
4. If adding chocolate, wait about 15 minutes for the mixture to cool. Add chocolate and stir to combine.
5. Place all of the oat mixture in the prepared pan. Press the mixture into the pan. Chill mixture for at least 2 hours. Lift set mixture from the pan using the edges of the foil or parchment and place them on a cutting board. Cut into desired shape/sizes and serve.

