

# Parents Make a Difference

## Pottsville High School Open House

Agenda  
August 14, 2014

Welcome

Annette Bewley

PHS 1-to-1  
Home Access Center (HAC)  
New Website

Jennifer Curry

Accelerated Reader  
School Messenger

Jenifer Cioppa

Introduction of Faculty/  
Report to the Public

Jonathan Bradley

PHS App  
Closing Remarks

Annette Bewley



August 14, 2014

## POTTSVILLE HIGH SCHOOL

### PHS WEBPAGE

PHS has a new webpage! It's url is: [www.pottsvilleschools.org](http://www.pottsvilleschools.org)

The PHS webpage has links to teacher emails, the District Calendar, Pinnacle, Accelerated Reader, Home Connect, teacher webpages, and other programs used by teachers and students. You will also find a news section used for announcements and other news.

### HOME ACCESS CENTER (HAC)

Parents and students will access a new ONLINE gradebook this year. A link is available on the webpage. Usernames and passwords will be provided after school starts.

### POTTSVILLE HIGH SCHOOL APP

PHS student (2014) Jared Floyd has developed a PHS app for Apple devices. You can find the free app in the Itunes store.

On the Media Center Page under Calendars you will also find the District Calendar, the Media Center Calendar, and the Test & Project Calendar. Teachers will often post dates of tests and projects on it.

### FACEBOOK

PHS has a Facebook page. A link to it is on the PHS webpage. Daily announcements and other news are posted.

### POTTSVILLE SCHOOL DISTRICT ELIBRARY

Pottsville School District has recently added an elibrary (Overdrive) with audio and ebooks available 24/7. The link and instructions for use are on the Media Center Page under ebooks.

### SCHOOL MESSENGER

School Messenger is used to notify you of important events and closings via PHONE, TEXT, OR EMAIL, OR ALL. You can set your preferences for notifications as well as add other phones, add text, and add email notifications via Contact Manager. You can find a link for Contact Manager on the web page and use it to set your preferences. Email [jenifer.cioppa@pottsvilleschools.org](mailto:jenifer.cioppa@pottsvilleschools.org) for an access code.

The number appearing on caller id will be 866-924-5218. You can call this number to listen to the last 10 messages sent by your school.

PLEASE NOTE: IT IS IMPORTANT THAT CONTACT INFORMATION IS CORRECT. PLEASE LET YOUR SCHOOL OFFICE KNOW OF ANY CHANGES.



- PHS Webpage
- HAC
- AR/Home Connect
- PHS App
- District Calendar
- PHS Media Center Page
- Media Center Calendar
- Test & Project Calendars
- Facebook
- School Messenger

## Accelerated Reader / Home Connect

Students are expected to read and meet their Accelerated Reader goals as part of their English grade each quarter. The AR goal is set by the English teacher using the STAR Reading Assessment.

AR Deadlines will be on the

District Calendar, on the Media Center Calendar and the Media Center Page.

Home Connect is available for parents and students to monitor the student's progress towards meeting AR goals as well as to see the books on which

the student has previously tested. Parents and students use the same information to login. The username/login is first-name.lastname of the student and the password is the student id#.

# Pottsville Parents Matter!

If you are interested in volunteering at PHS simply fill out the form on in your packet and drop it off at the high school office.

Pottsville High School invites you to become more involved in your child's education than ever before. Studies have shown that when families are involved in their children's education in positive ways the children have:

- Higher grades
- Higher test scores
- Better attendance at school
- A better homework record
- More positive attitudes and behavior
  - Higher graduation rates
  - Higher enrollment in college

Steps to take to help your child be more successful in school.

- Read the newspaper or the same book with your child and discuss the material
- Limit the amount of TV your child watches
- Have high standards for your child's schoolwork
- Use eSchool to monitor your child's progress and attendance
- Monitor your child's use of digital and social media
- Encourage your child to be responsible

Pottsville High School has developed a plan for parental involvement. To access the plan please go to the Pottsville High School Homepage, Act1373 Parent Access and then Parent Involvement Plan. If you would like a copy you may request one at the high school office.

## Upcoming Parent Involvement Opportunities

Friday, September 19-End of 5 Weeks

Tuesday, September 23-5 Weeks Progress Reports

Friday, October 17-End of 1st Grading Period

Thursday, October 23-Parent/Teacher Conferences

## PHS Parent Newsletter

Pottsville High School provides a monthly newsletter for parents in both English and Spanish. To access the newsletter go to the Pottsville High School Homepage and click on PHS Newsletter. Archived versions are available there as well. You may pick up a hard copy in the high school office.

# Parent Volunteer Form for the 2014-2015 School Year

Please return completed form to the Pottsville High School office  
Phone: 479-968-6334 Fax: 479-968-3442

Student(s) Name(s) \_\_\_\_\_ Student(s) Grade(s) Level(s) \_\_\_\_\_

## Father

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Volunteer Areas of Interest

- Admissions/Open House
  - Art
  - Athletics: Sports/Booster
  - Band/Orchestra/Choir
  - Career Day Speaker
  - Chaperone Field Trips
  - College Night
  - College Program Help
  - Drama
  - Faculty Printing/Copy Services
  - Fundraising
  - Hospitality
  - Media Center
  - Parent Night
  - Peer Support Group
  - Picture Day
  - Technology
  - Transportation
  - Tutoring
- Time Available:  Day  Night  Weekdays  
 Call Me anytime  
Level of education attained: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Employer: \_\_\_\_\_

## Mother

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Volunteer Areas of Interest

- Admissions/Open House
  - Art
  - Athletics: Sports/Booster
  - Band/Orchestra/Choir
  - Career Day Speaker
  - Chaperone Field Trips
  - College Night
  - College Program Help
  - Drama
  - Faculty Printing/Copy Services
  - Fundraising
  - Hospitality
  - Media Center
  - Parent Night
  - Peer Support Group
  - Picture Day
  - Technology
  - Transportation
  - Tutoring
- Time Available:  Day  Night  Weekdays  
 Call Me anytime  
Level of education attained: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Employer: \_\_\_\_\_

Services available through Parents' Employer(s):

Decorations  Food/Catering  Donations of Services/Products  Guest  
Speakers Other: \_\_\_\_\_

**Please circle any of the following committees for which you would be willing to volunteer:**

Attendance & Graduation Wellness & Health Math  
Socioeconomic Status Technology Integration Awards Literacy  
Parent Involvement Special Education Intervention

*Parent volunteers are rewarded with the great experiences we can provide our children when we all work together.*

*Please join us today! For more information about being a parent volunteer call:*

*Annette Bewley, Pottsville High School Parent Involvement Coordinator Phone: 890-2554 or 968-6334*

**SMART CORE WAIVER FORM  
(GRADUATING CLASS OF 2014 AND AFTER)**

Name of Student: \_\_\_\_\_  
Name of Parent/Guardian: \_\_\_\_\_  
Name of District: \_\_\_\_\_  
Name of School: \_\_\_\_\_

Smart Core is Arkansas's college- and career-ready curriculum for high school students.

College- and career-readiness in Arkansas means that students are prepared for success in entry-level, credit-bearing courses at two-year and four-year colleges and universities, in technical postsecondary training, and in well-paid jobs that support families and have pathways to advancement. To be college- and career ready, students need to be adept problem solvers and critical thinkers who can contribute and apply their knowledge in novel contexts and unforeseen situations. Smart Core is the foundation for college- and career-readiness. All students should supplement with additional rigorous coursework within their career focus.

Successful completion of the Smart Core curriculum is one of the eligibility requirements for the Arkansas Academic Challenge Scholarship. Failure to complete the Smart Core curriculum for graduation *may* result in negative consequences such as conditional admission to college and ineligibility for scholarship programs.

*Parents or guardians may waive the right for a student to participate in Smart Core. By signing this Smart Core Waiver Form, you are waiving your student's right to Smart Core and are placing him or her in the Core Curriculum.*

**CORE CURRICULUM**

**English – 4 units**

- English 9th grade
- English 10th grade
- English 11th grade
- English 12th grade

**Mathematics – 4 units**

- Algebra I or its equivalent
- Geometry or its equivalent
- All math units must build on the base of algebra and geometry knowledge and skills.

\*\* A two-year algebra equivalent or a two-year geometry equivalent may each be counted as two units of the 4 unit requirement.

**Science – 3 units**

- At least one unit of Biology
- At least one unit of a physical science

**Social Studies – 3 units (see note beside economics)**

- Civics – ½ unit
- World History – 1 unit
- American History – 1 unit

**Oral Communication – ½ unit**

**Physical Education – ½ unit**

**Health and Safety – ½ unit**

**Economics – ½ unit (may be counted toward Social Studies or Career Focus)**

**Fine Arts – ½ unit**

**Career Focus – 6 units**

Beginning with the entering 9<sup>th</sup> grade class of 2014 – 2015 school year, each high school student shall be required to take at least one digital learning course for credit to graduate. (Act 1280 of 2013)

*(Comparable concurrent credit may be substituted where applicable.)*

*By signing this form, I acknowledge that I have been informed of the requirements and implementation of the Smart Core curriculum and am choosing to waive the Smart Core curriculum for my child. I understand the potential negative consequences of this action as outlined on this form.*

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
School Official Signature

\_\_\_\_\_  
Date

**SMART CORE INFORMED CONSENT FORM  
(GRADUATING CLASS OF 2014 AND AFTER)**

Name of Student: \_\_\_\_\_  
Name of Parent/Guardian: \_\_\_\_\_  
Name of District: \_\_\_\_\_  
Name of School: \_\_\_\_\_

Smart Core is Arkansas's college- and career-ready curriculum for high school students.

College- and career-readiness in Arkansas means that students are prepared for success in entry-level, credit-bearing courses at two-year and four-year colleges and universities, in technical postsecondary training, and in well-paid jobs that support families and have pathways to advancement. To be college- and career ready, students need to be adept problem solvers and critical thinkers who can contribute and apply their knowledge in novel contexts and unforeseen situations. Smart Core *is the foundation* for college- and career-readiness. All students should supplement with additional rigorous coursework within their career focus.

Successful completion of the Smart Core curriculum is one of the eligibility requirements for the Arkansas Academic Challenge Scholarship. Failure to complete the Smart Core curriculum for graduation *may* result in negative consequences such as conditional admission to college and ineligibility for scholarship programs.

*Parents or guardians may waive the right for a student to participate in Smart Core and to instead participate in the Core curriculum. The parent must sign the separate Smart Core Waiver Form to do so.*

**SMART CORE CURRICULUM**

**English – 4 units**

- English 9th grade
- English 10th grade
- English 11th grade
- English 12th grade

**Mathematics – 4 units; One unit must be taken at 11<sup>th</sup> or 12<sup>th</sup> grade**

- Algebra I or First Part and Second Part Algebra I (Grades 7-8 or 8-9)
- Geometry or First Part and Second Part Geometry (Grades 8-9 or 9-10)
- Algebra II
- Fourth Math--Choice of: Advanced Topics and Modeling in Mathematics, Algebra III, Calculus, Linear Systems and Statistics, Mathematical Applications and Algorithms, Pre-Calculus, or an Advanced Placement mathematics

**Natural Science – 3 units with lab experience chosen from:**

- Biology (1 unit)
- Two units from the following three options:
- Physical Science
- Chemistry
- Physics or Principles of Technology I & II or PIC Physics

**Social Studies – 3 units (see note beside economics)**

- Civics – ½ unit
- World History – 1 unit
- American History – 1 unit

**Oral Communication – ½ unit**

**Physical Education – ½ unit**

**Health and Safety – ½ unit**

**Economics – ½ unit (may be counted toward Social Studies or Career Focus)**

**Fine Arts – ½ unit**

**Career Focus – 6 units**

Beginning with the entering 9<sup>th</sup> grade class of 2014 – 2015 school year, each high school student shall be required to take at least one digital learning course for credit to graduate. (Act 1280 of 2013)

*(Comparable concurrent credit may be substituted where applicable.)*

*By signing this form, I acknowledge that I have been informed of the requirements and implementation of the Smart Core curriculum and am choosing the Smart Core curriculum for my child.*

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

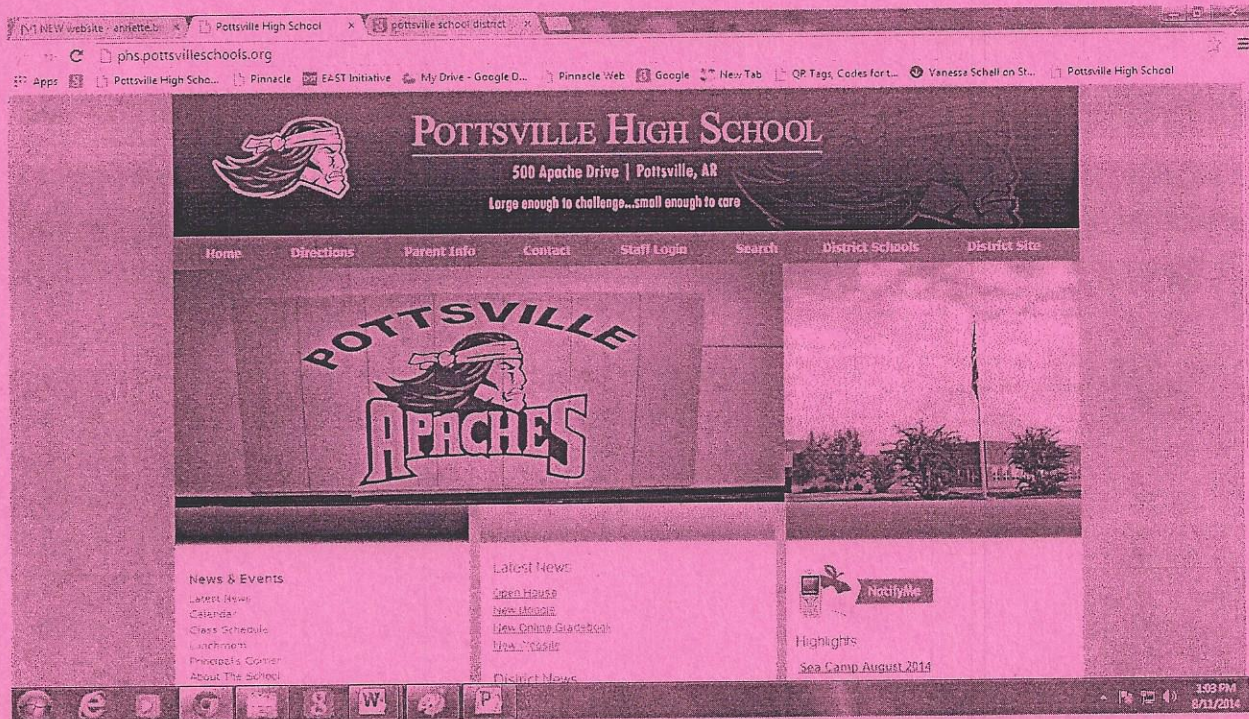
\_\_\_\_\_  
School Official Signature

\_\_\_\_\_  
Date

# Websites You May Want to Visit

Pottsville High School

<http://phs.pottsvilleschools.org/>



Arkansas Department of Education

<http://www.arkansased.org>

Government Information about online protection for you and your children

[www.onguardonline.gov](http://www.onguardonline.gov)

Center for Effective Parenting

[www.parenting-ed.org](http://www.parenting-ed.org)

U.S. Department of Education Publications

[www.ed.gov](http://www.ed.gov)

National Center for Family Literacy

[www.familit.org](http://www.familit.org)

National Coalition for Parent Involvement in Education

[www.ncpie.org](http://www.ncpie.org)

Common Sense Media

[www.common Sense Media.org](http://www.common Sense Media.org)

# Bell Schedule

7:55 – First Bell

8:00-8:45	First Hour	45 Minutes
8:50-9:35	Second Hour	45 Minutes
9:40-10:25	Third Hour	45 Minutes
10:30-11:15	Fourth Hour	45 Minutes
11:20-12:05	Fifth Hour	45 Minutes
12:05-12:35	Lunch	30 Minutes
12:40-1:30	Sixth Hour	50 Minutes
1:35-2:25	Seventh Hour	50 Minutes
2:30-3:25	Eighth Hour	55 Minutes

# Pep Rally Bell Schedule

Regular Morning Schedule

12:40-1:15	Sixth Hour
1:20-1:55	Seventh Hour
2:00-2:35	Eighth Hour
2:35-3:15	Pep Rally



# Pottsville High School Faculty Information

2014-2015

Staff Member	Prep	Time	e-mail address
Belmonte, Esperanza	n/a		esperanza.@pottsvilleschools.org
Bewley, Annette	1 <sup>st</sup>	8:00-8:45 a.m.	annette.bewley@pottsvilleschools.org
Bly, Shanna	5 <sup>th</sup>	11:20-12:05 a.m.	shanna.bly@pottsvilleschools.org
Cato, Lennie	8 <sup>th</sup>	2:30-3:25 p.m.	lennie.cato@pottsvilleschools.org
Cioppa, Jenifer	n/a		jenifer.cioppa@pottsvilleschools.org
Coffman, Greg	2 <sup>nd</sup>	8:50-9:35 a.m.	greg.coffman@pottsvilleschools.org
Cox, Angelia	3 <sup>rd</sup>	9:40-10:25 a.m.	angelia.cox@pottsvilleschools.org
Deramus, Jennifer	6 <sup>th</sup>	12:40-1:30 p.m.	jennifer.deramus@pottsvilleschools.org
Dodson, Chris	1 <sup>st</sup>	8:00-8:45 a.m.	chris.dodson@pottsvilleschools.org
Falls, Abby	7 <sup>th</sup>	1:35-2:25 p.m.	abby.falls@pottsvilleschools.org
Garza, Sheryl	2 <sup>nd</sup>	8:50-9:35 a.m.	sheryl.garza@pottsvilleschools.org
Gray, Cecelia	8 <sup>th</sup>	2:30-3:25 p.m.	cecelia.gray@pottsvilleschools.org
Hesselbein, Leslie	5 <sup>th</sup>	11:20-12:05 a.m.	leslie.hesselbein@pottsvilleschools.org
Hooper, Andrea	8 <sup>th</sup>	2:30-3:25 p.m.	andrea.hooper@pottsvilleschools.org
Johnson, Chance	n/a		chance.johnson@pottsvilleschools.org
Jones, Greg	n/a		greg.jones@pottsville.k12.ar.us
Jones, Lisa	2 <sup>nd</sup>	8:00-8:45 a.m.	lisa.jones@pottsvilleschools.org
Kamerling, Chris	n/a		chris.kamerling@pottsvilleschools.org
Lee, Mark	n/a		mark.lee@pottsvilleschools.org
Lee, Matt	6 <sup>th</sup>	12:40-1:30 p.m.	matt.lee@pottsvilleschools.org
Potts, Patrice	4 <sup>th</sup>	1:35-2:25 p.m.	patrice.potts@pottsvilleschools.org
Prince, Samantha	2 <sup>nd</sup>	8:50-9:35 a.m.	samantha.prince@pottsvilleschools.org
Ray, Kevin	2 <sup>nd</sup>	8:50-9:35 a.m.	kevin.ray@pottsvilleschools.org
Rickman, Thomas	n/a		thomas.rickman@pottsvilleschools.org
Roberts, Ed	8 <sup>th</sup>	2:30-3:25 p.m.	ed.roberts@pottsvilleschools.org
Rogers, Darla	7 <sup>th</sup>	9:40-10:25 a.m.	darla.rogers@pottsvilleschools.org
Rust, Amy	1 <sup>st</sup>	8:00-8:45 a.m.	amy.rust@pottsvilleschools.org
Rust, Bryan	n/a		bryan.rust@pottsvilleschools.org
Sanderson, William	6 <sup>th</sup>	2:30-3:25 p.m.	william.sanderson@pottsvilleschools.org
Simpson, Tracy	3 <sup>rd</sup>	9:40-10:25 a.m.	tracy.simpson@pottsvilleschools.org
Smith, Charles	6 <sup>th</sup>	12:40-1:30 p.m.	charles.smigh@pottsvilleschools.org
Sorey, Laura	7 <sup>th</sup>	1:35-2:25 p.m.	laura.sorey@pottsvilleschools.org
Stang, Ben	5 <sup>th</sup>	11:20-12:05 a.m.	ben.stang@pottsvilleschools.org
Stephenson, Danielle	5 <sup>th</sup>	11:20-12:05 a.m.	danielle.stephenson@pottsvilleschools.org
Sweeden, Cresha	8 <sup>th</sup>	2:30-3:25 p.m.	cresha.sweeden@pottsvilleschools.org
Thurman, Shane	n/a		shane.thurman@pottsvilleschools.org
VanEs, Kellie	3 <sup>rd</sup>	9:40-10:25 a.m.	kellie.vanes@pottsvilleschools.org
Whorton, Amy	2 <sup>nd</sup>	8:50-9:35 a.m.	amy.whorton@pottsvilleschools.org

# High School YEARS

Working Together for Lifelong Success



## Short Clips

### Be an active listener

Encourage your teen to sit where she has a clear view of her teacher and to face forward. This will help her focus on the lesson. Also, making eye contact and nodding occasionally will keep her in listening mode. Then when her teacher pauses, she can use the moment to reflect on what was just said.

### Chef's challenge

Cook up family fun with this exercise in creative thinking. Divide into two teams and hold a cook-off. Have each team choose five ingredients that the other team can use to make a dish. See what you both come up with, and then enjoy tasting each other's work.

### Texting can wait

A quarter of teens respond to a text message at least once every time they drive. Tell your child that reading or answering even one text could cost someone's life. Your example will help! Make a pact that you will each put your phone in the glove compartment when you drive and pull into a parking lot if you need to use it.

### Worth quoting

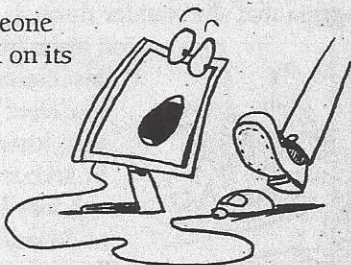
"Individually, we are one drop. Together, we are an ocean."

Ryunosuke Satoro

### Just for fun

**Q:** Why did the computer squeak?

**A:** Someone stepped on its mouse!



## It's about time

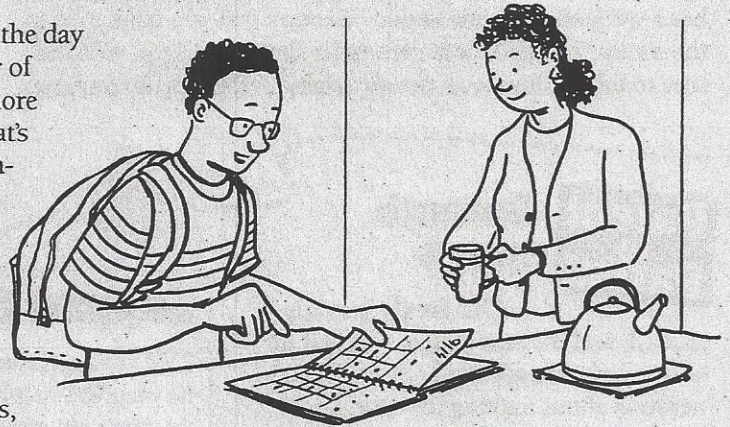
Each student starts the day with the same number of hours. But some get more done than others. What's their secret? They manage time well! Suggest these strategies.

### Look ahead

Your high schooler should use a monthly calendar to fill in test dates, project due dates, practices, events, and work schedule. By glancing over it as he adds items, he can see how his weeks are filling up and plan accordingly. For instance, if he has a lot going on the same week a project is due, he might aim to finish a week sooner or find someone to take a work shift for him.

### Eliminate time-wasters

Have your teen pay attention to what he tends to do to avoid studying, such as playing video games or watching TV. Then, he could identify if an activity is a "must do" or a "want to do"—and use the "want to" activities as rewards



for finishing the "musts." For example, he might tell himself he can play a game *after* he's completed his work. This will help him stick to the task at hand.

### Be realistic

High school homework and studying should generally take a couple of hours each day. So if your teen has soccer practice until dinnertime, he probably can't *also* meet a friend for smoothies or go to a movie. If he finds himself routinely squeezed for time, he should reevaluate his commitments and cut back. 👍

## Have a homework plan

Homework is a big part of your teen's job as a student. Share these tips to help her do her best:

- Ask questions *before* leaving school. That way, you can get started more quickly at home. If you realize later you're missing information, contact a classmate—and move on to another assignment while waiting for a response.

- Chip away at work. Shorten your to-do list by taking advantage of in-class work time and study halls. Or read textbook chapters, review notes, and do math problems while waiting for after-school meetings to begin.

- Tackle assignments in an order that suits you. You might start with the toughest one so your mind is alert. Or begin with a favorite subject to get yourself going. 👍

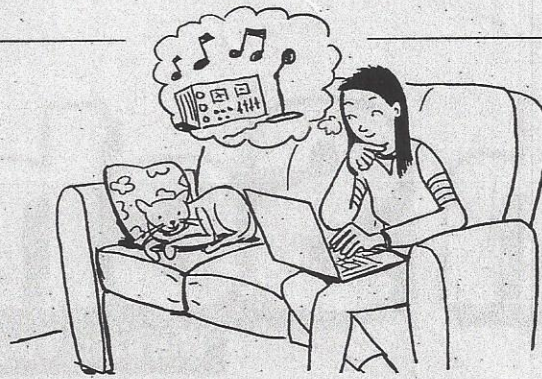


# “College, here I come!”

Is your high schooler college-bound? The all-important application process will set the stage for her next big scene. Pass on this advice.

## Tailor applications

Keep each college’s profile in mind so you can show how your interests and qualities would be a good match. Say you’re the music writer for your school paper, and your dream school has a student-run radio station. Mention that you hope to join the station and have your own radio show in college. Also, be sure to follow directions closely (include requested information,



stick to word-count limits). Finally, you don’t want your application thrown out because of careless errors, so proofread carefully.

## Make essays count

The essay is your chance to let colleges get to know you. Brainstorm ideas for personal

stories or anecdotes that set you apart and show you in your best light. *Note:* You can also use your essay to explain a blip in your performance, like a low math grade one year.

## Stay on track

Register now to take or retake the SAT or ACT. Keep application and scholarship deadlines front and center by listing them on your calendar. And ask for recommendation letters at least six weeks before due dates. That way, teachers, coaches, or administrators will have enough time to send them. 👍

## Parent to Parent

## Smooth move

Our family recently moved, and my son Josh is enrolled in a new high school. We both have been nervous about making the change.



When we got to our new town, I called the school and arranged for us to meet with Josh’s new counselor. He showed Josh his course options and helped him decide what to sign up for. I was glad that he also asked Josh about extracurriculars he might want to join—we all know that will be a good way for him to make friends and get connected to his new school.

Finally, the counselor suggested ways I could plug in, too. He recommended signing up for the school’s “info blasts,” registering for the online grade-tracking system, and joining the PTO.

It’s going to take time for us to get settled. But I feel like we’re at least on the way. 👍

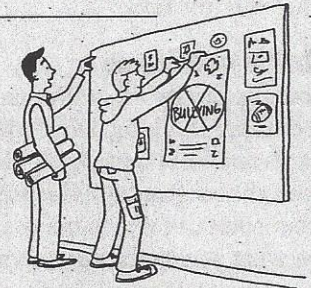
## Support for bullied peers

If your teen knows someone who is being bullied, he may feel helpless—but there is something he can do. Here are ways he could make a difference.

**Reach out.** Simply showing a bullying victim he cares may help the person feel better. Your teenager might include him by asking him to sit with his friends at lunch or to hang out after school. Being accepted will increase the victim’s confidence.

**Report it.** Coming forward will help keep a victim safe. If your child sees someone being bullied, he could get an adult to intervene. He should also report the incident to someone in authority later.

**Think bigger.** Getting involved in schoolwide anti-bullying efforts can support victims and reduce bullying. Encourage your high schooler to join a peer mediation team or to make posters for an anti-bullying campaign. If his school doesn’t have programs like that, he could talk to the principal about starting one. 👍



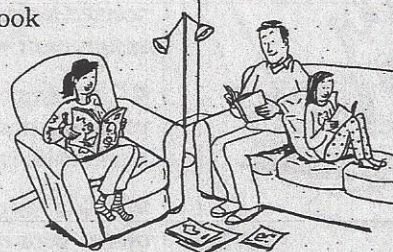
## For the love of reading

**Q** My daughter used to love reading, but now she rarely picks up a book. How can I encourage her to read for fun?

**A** Help put reading back on her radar by making it a family affair. You might read a young adult book you’ve heard about—then ask her to read it, and compare notes. Or share an adult book you’ve read that you think is appropriate and she would enjoy.

Also, stop by the library together. She could look for books her friends have mentioned or ask a librarian to recommend some. Scanning book jackets or first chapters might help her choose.

Suggest that she wander through nonfiction aisles for topics that interest her, too. *Hint:* If your teen has a tablet or an e-reader, she may be able to download library books. 👍



**OUR PURPOSE**

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated  
 128 N. Royal Avenue • Front Royal, VA 22630  
 540-636-4280 • rfeustomer@wolterskluwer.com  
 www.rfeonline.com  
 ISSN 1540-5605

## High School Parents and Students - Grab Your Phone!

Would you like reminders or announcements in a quick & easy form? Do you have texting or access to email? Remind is a simple way for you to stay informed and up-to-date with what's happening in your child's classes and clubs at school. By joining your teacher's class on Remind, you're choosing to receive class messages via push notifications, SMS, or email. Don't worry, your phone number will not be shared with the teacher or anyone else in the class or club.

### Here's how to sign up:

1. Visit the website listed for each course and follow instructions OR
2. Text the class code you want to join at the number listed for each class/club OR
3. Download the Remind App - it's Free! Visit the iTunes App Store or Google Play

Notice each teacher may have a separate class for Pre-AP and/or AP classes, be sure to sign up for only one!

Teacher/Club Sponsor	Class/Club	Website Link	Text this Message/ code	Phone #
Amy Rust	CAI	www.remind.com/join/93c23	@93c23	(732) 391-1892
Amy Rust	CAI	www.remind.com/join/38560d	@38560d	(732) 391-1892
Amy Rust	Accounting	www.remind.com/join/6e2ae3	@6e2ae3	(732) 391-1892
Amy Rust	Management	www.remind.com/join/0736d	@0736d	(732) 391-1892
Amy Rust	DCI & II	www.remind.com/join/8e99	@8e99	(732) 391-1892
Amy Rust	Business Law	www.remind.com/join/6a3	@6a3	(732) 391-1892
Amy Rust	FBLA	www.remind.com/join/rusttbla	@rusttbla	(732) 391-1892
Amy Rust	Biology	www.remind.com/join/fallsbio	@fallsbio	(504) 656-6998
Amy Rust	Peak P Biology	www.remind.com/join/fallspreap	@fallspreap	(504) 656-6998
Amy Rust	Anatomy	www.remind.com/join/fallsanat	@fallsanat	(504) 656-6998
Leslie Hesselbein	Spanish I	www.remind.com/join/4727c	@4727c	(318) 431-2030
Leslie Hesselbein	Spanish II	www.remind.com/join/ds27	@ds27	(318) 431-2030
Leslie Hesselbein	Spanish III	www.remind.com/join/seniorathess	@seniorathess	(318) 431-2030
Shanna Bly	Chemistry	www.remind.com/join/blychem	@blychem	(225) 341-7901
Shanna Bly	AP Chem	www.remind.com/join/blyapchem	@blyapchem	(225) 341-7901
Shanna Bly	Student Council	www.remind.com/join/pshsruco14	@pshsruco14	(225) 341-7901
P-HS/P-HS Athletic	Booster Club	www.remind.com/join/boostclub	@boostclub	(318) 370-4274

Chance Johnson	Girls Bball	www.remind.com/join/srhighj	@srhighj	(347) 547-3677
Cresha Sweeden	Geometry	www.remind.com/join/mrssweede	@mrsweede	(318) 855-1300
Cresha Sweeden	Statistics	www.remind.com/join/mrssweeden	@mrsweeden	(318) 855-1300
Cresha Sweeden	ALE/CR	www.remind.com/join/alecr	@alecr	(318) 855-1300
Cresha Sweeden	Geometry 7th period	www.remind.com/join/d5637	@d5637	(318) 855-1300
Cecilia Gray	Child Development	www.remind.com/join/pshsfacs1	@pshsfacs1	(985) 200-2370
Cecilia Gray	Leadership & Service Learning (LSL)	www.remind.com/join/pshsfacs02	@pshsfacs02	(985) 200-2370
Cecilia Gray	Teaching I	www.remind.com/join/teach34	@teach34	(985) 200-2370
Cecilia Gray	Teaching II	www.remind.com/join/teach04	@teach04	(985) 200-2370
Cecilia Gray	Food & Nutrition	www.remind.com/join/pshsfacs5	@pshsfacs5	(985) 200-2370
Cecilia Gray	Housing & Interior Design	www.remind.com/join/pshsfacs06	@pshsfacs06	(985) 200-2370
Cecilia Gray	Human Relations	www.remind.com/join/pshsfacs2	@pshsfacs2	(985) 200-2370
Cecilia Gray	Parenting	www.remind.com/join/pshsfacs7	@pshsfacs7	(985) 200-2370
Cecilia Gray	Personal & Family Finance (PF)	www.remind.com/join/pshsfacs6	@pshsfacs6	(985) 200-2370
Cecilia Gray	FCCLA	www.remind.com/join/pshsfac1	@pshsfac1	(985) 200-2370
Andrea Hooper	English 12	www.remind.com/join/665ea2	@665ea2	(703) 987-9260
Andrea Hooper	AP Literature and Comp. 12	www.remind.com/join/24736	@24736	(703) 987-9260
Andrea Hooper	Oral Communication	www.remind.com/join/a8123b	@a8123b	(703) 987-9260
Sheryl Garza	AP Language and Composition	www.remind.com/join/garza427	@garza427	(501) 358-3588
Sheryl Garza	Junior English	www.remind.com/join/pshs427	@pshs427	(501) 358-3588
Annette Bewley	EAST	www.remind.com/join/ea11415	@ea11415	318-855-1606
Annette Bewley	SR Beta	www.remind.com/join/msbewl	@msbewl	318-855-1606
Amy Whorton	APUSH	www.remind.com/join/whorton123	@whorton123	318-524-7128
Amy Whorton	American History	www.remind.com/join/647ae	@647ae	318-524-7128
Amy Whorton	Psychology	www.remind.com/join/whorton456	@whorton456	318-524-7128

Mark Lee	Class of 2015	www.remind.com/join/physlee2015	@physlee2015	870.275.4171
Mark Lee	Class of 2016	www.remind.com/join/physlee2016	@physlee2016	870.275.4171
Mark Lee	Class of 2017	www.remind.com/join/physlee2017	@physlee2017	870.275.4171
Kevin Ray	Sr Band	www.remind.com/join/raysband	@raysband	(703) 997-8199
Kevin Ray	Senior High Band Parents	www.remind.com/join/raysparent	@raysparent	(703) 997-8199
Ed Roberts	Environmental Science	www.remind.com/join/4823	@4823	(424)251-5387
Ed Roberts	Physics	www.remind.com/join/c9e	@c9e	(424) 251-5387
Ed Roberts	Astronomy	www.remind.com/join/d155	@d155	(424) 251-5387
Ed Roberts	AP Environmental Science	www.remind.com/join/d8826d	@d8826d	(424) 251-5387
Danielle Stephenson	Algebra 2	www.remind.com/join/4e9ac	@4e9ac	(318)367-0939
Danielle Stephenson	Algebra 3	www.remind.com/join/86a4b	@86a4b	(318)367-0939
Danielle Stephenson	Adv. Topics	www.remind.com/join/8534d	@8534d	(318)367-0939
Daria Rogers	10 English	www.remind.com/join/3616a	@3616a	(347) 853-8742
Daria Rogers	Pre-AP 10 English	www.remind.com/join/5e2aa	@5e2aa	(347) 853-8742
Coach Lee	Golf	www.remind.com/join/f5972	@f5972	(318)302-6482
Coach Lee	Drivers Ed 2nd Period	www.remind.com/join/eece2	@eece2	(318)302-6482
Coach Lee	Drivers Ed 3rd Period	www.remind.com/join/eece3	@eece3	(318)302-6482
Coach Lee	Drivers Ed 4th Period	www.remind.com/join/eece4	@eece4	(318)302-6482
Coach Lee	Drivers Ed 7th Period	www.remind.com/join/eece7	@eece7	(318)302-6482

Dear Parent/Guardian:

*Children need healthy meals to learn. Your child's school offers healthy meals every school day. Your children may qualify for free meals or for reduced price meals.*

**1. Do I need to fill out an application for each child?** No. You can use one *Free and Reduced Price School Meals Application* for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. **Return the completed application to your children's school.**

**2. Who can get free meals?** All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) can get free meals regardless of your income. Also, your children can get free meals if your household gross income is within the free limits on the Federal Income Eligibility Guidelines.

**3. Can foster children get free meals?** Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.

**4. Can homeless, runaway and migrant children get free meals?** Yes, children who meet the definition of homeless, runaway or migrant qualify for free meals. If you haven't been told your children will get free meals, **please call or e-mail your child's school to see if they qualify.**

**5. Who can get reduced price meals?** Your children can get low cost meals if your household income is within the reduced price limits on the Federal Income Eligibility Chart, shown on this application.

**6. Should I fill out an application if I got a letter this school year saying my children are approved for free or reduced price meals?** Please carefully read the letter you got and follow the instructions. Call your child's school if you have questions.

**7. My child's application was approved last year. Do I need to fill out another one?** Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for free meals for the new school year.

**8. I get WIC. Can my child(ren) get free meals?** Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.

**9. Will the information I give be checked?** Yes, we may ask you to send written proof.

**10. If I don't qualify now, may I apply later?** Yes. You may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit on the Federal Income Eligibility Guidelines.

**11. What if I disagree with the school's decision about my application?** You should talk to school officials. You also may ask for a hearing to have the decision reviewed.

**12. May I apply if someone in my household is not a U.S. citizen?** Yes. You or your child(ren) do not have to be a U.S. citizen to qualify for free or reduced price meals.

**13. Who should I include as members of my household?** You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) **who share income and expenses.** You must include yourself and all children who live with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.

**14. What if my income is not always the same?** List the amount that you normally get. For example, if you normally get \$1000 each month, but you missed some work last month and only got \$900, put down that you get \$1000 per month. If you normally get overtime, include it, but not if you get it only sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

**15. We are in the military, do we include our housing allowance as income?** If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

**16. My spouse is deployed to a combat zone. Is the combat pay counted as income?** No, if the combat pay is received in addition to the basic pay because of the deployment and it wasn't received before the deployment, combat pay is not counted as income. Contact your child's school for more information.

**17. My family needs more help. Are there other programs we might apply for?** To find out how to apply for other assistance benefits contact your local assistance office.

**18. The free and reduced lunch statistics allow our schools to receive technology funding from the federal government. It provides access to the Internet and distance learning services. Please help us by returning this form.**

## INSTRUCTIONS FOR APPLYING

**If your household receives benefits from the Supplemental Nutrition Assistance Program (SNAP), formerly the Food Stamp Program, follow these instructions:**

**Part 1:** List all child(ren)'s attending this district by name, school, grade.

**Part 2:** Complete the name of the household member receiving SNAP benefits and the SNAP case number.

**Part 3:** Skip this part.

**Part 4:** Sign the form. The last four digits of a Social Security Number are **not** necessary.

**Part 5:** Answer this question if you choose to. Mark one box for racial identity and one box for ethnic.

**Part 6:** If the household does not want the student's eligibility information shared with Medicaid or ARKids 1st then check this box.

**If NO ONE in your household receives SNAP benefits AND if all child(ren) in your household is/are foster child(ren):**

**Part 1:** List all the child(ren) in the household attending school at this district by name, school, and grade. Check the box for each child(ren) that is the legal responsibility of welfare agency or court.

**Part 3:** Skip this part.

**Part 4:** Sign the form. A Social Security Number is not necessary.

**Part 5:** Answer this question if you choose to. Mark one box for racial identity and one box for ethnic.

**Part 6:** If the household does not want the student's eligibility information shared with Medicaid or ARKids 1<sup>st</sup> then check this box.

**ALL OTHER HOUSEHOLDS, including households with both foster and non-foster children in the same household and WIC households, follow these instructions:**

**Part 1:** List each child's name, school, and grade. Check the box for each child(ren) that is the legal responsibility of welfare agency or court.

**Part 2:** If the household does not have a SNAP case number skip this part. If a SNAP case number is listed skip to Part 4 of this form.

**Part 3:** Follow these instructions to report total household income for the month.

**Column 1: Name:** List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children who live with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them. Next to each person's name list the gross income for each type of income received for the month, and how often the money is received. **Gross income is the amount earned before taxes and other deductions.**

**Column 2: Gross income from work and how often it was received.** List the **gross income** (not take home pay) each person earned from work. The amount should be listed on your pay stub, or your boss can tell you. **Next to the amount, write how often the person receives the income (for example: weekly, every other week, twice a month, or monthly).** For **ONLY** the self-employed, under Earnings from Work, report income after expenses. This is for your business, farm or rental property. Report net income for self-owned business, farm, or rental income. Next to the amount, write how often the person got it.

**Column 3:** List the amount each person got for the month from welfare, child support, alimony,

**Column 4:** List the amount each person got for the month from pensions, retirement, Social Security Supplemental Security Income (SSI), Veteran's benefits (VA benefits),

**Column 5:** List the amount each person got for the month from ALL OTHER INCOME SOURCES, including Workers' Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household and any other income. Do not include the SNAP benefits, federal education benefits and foster payments received by the family from the placing agency.

**If you are in the Military Housing Privatization Initiative do not include this housing allowance.**

**Column 6-Check if no income:** If the person does not have any income, check the box.

**Part 4:** An adult household member must sign the form and list the last four digits of his or her Social Security Number, or mark the box if he or she doesn't have a Social Security Number.

**Part 5:** Answer this question if you choose to. Mark one box for racial identity and one box for ethnic.

**Part 6:** If the household does not want the student's eligibility information shared with Medicaid or ARKids 1st then check this box.

Your children may qualify for free or reduced price meals if your household income falls within the limits on this chart.

FEDERAL INCOME CHART For School Year 2014-2015			
Household size	Yearly	Monthly	Weekly
1	\$ 21,590	\$1,800	\$ 416
2	\$ 29,101	\$2,426	\$ 560
3	\$ 36,612	\$3,051	\$ 705
4	\$ 44,123	\$3,677	\$ 849
5	\$ 51,634	\$4,303	\$ 993
6	\$ 59,145	\$4,929	\$ 1,138
7	\$ 66,656	\$5,555	\$ 1,282
8	\$ 74,167	\$6,181	\$ 1,427
Each additional person:	\$ 7,511	\$ 626	\$ 145

**\*SNAP: Supplemental Nutrition Assistance Program (formerly the Food Stamp Program)**

**Privacy Act Statement:** This explains how we will use the information you give us. The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), case for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

**Non-discrimination Statement:** The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at <http://www.ascr.usda.gov/index.html>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.



**FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION**

**Part 1. Children in School at this District**

Names of all children in school at this district (First, Middle Initial, Last)	School Name	Grade	Check if a foster child (legal responsibility of welfare agency or court). If all children listed below are foster children, skip to part 4 of this form.
			<input type="checkbox"/>
			<input type="checkbox"/>
			<input type="checkbox"/>
			<input type="checkbox"/>
			<input type="checkbox"/>
			<input type="checkbox"/>

**Part 2. SNAP Benefits:** If any member of your household receives Supplemental Nutrition Assistance Program (SNAP) benefits, provide the name and case number or other SNAP identifier for any household member that receives benefits and skip to Part 4. If no one receives SNAP benefits, skip to Part 3. This is NOT the EBT card number.

Name: \_\_\_\_\_ Case Number: \_\_\_\_\_

**Part 3. Total Household Gross Income — You must tell us how much and how often**

A. Name (List everyone in household)	B. Gross income and how often it was received <i>Example: \$100/monthly \$100/twice a month \$100/every other week \$100/weekly</i>				C. Check if NO income
	Earnings from work before deductions Income / How often	Welfare, child support, alimony Income / How often	Pensions, Retirement, Social Security, SSI, VA benefits Income / How often	All Other Income Income / How often	
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>

**Part 4. Signature and Last Four Digits of Social Security Number (Adult Must Sign)**

An adult household member must sign the application. If Part 3 is completed, the adult signing the form also must list the last four digits of his or her Social Security Number or mark the "I do not have a Social Security Number" box. (See Statement on the back of this form.)

*I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted.*

Sign here: X \_\_\_\_\_ Social Security Number: xxx-xx-\_\_\_\_\_ (last 4 digits only)  
 Print Name: \_\_\_\_\_  I do not have a Social Security Number  
 Phone Number: \_\_\_\_\_ Address: \_\_\_\_\_  
 Date: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

**Part 5. Children's racial and ethnic identities. Mark one box in each category (optional).**

<p><b>Choose one or more (regardless of ethnicity):</b></p> <input type="checkbox"/> Asian <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> Black or African American	<p><b>Choose one ethnicity:</b></p> <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latin
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**Part 6. Disclosure (Optional)**

I do not want school officials to share information from my free and reduced price meal application with Medicaid or the State Children's Health Insurance Program (ARKids 1<sup>st</sup>).

Don't fill out this part. This is for school use only. Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice a Month x 24, Monthly x 12

Total Income: \_\_\_\_\_ Per: \_\_\_\_\_ Week, \_\_\_\_\_ Every 2 Weeks, \_\_\_\_\_ Twice a Month, \_\_\_\_\_ Month, \_\_\_\_\_ Year

Household size: \_\_\_\_\_ SNAP\* (food stamps): \_\_\_\_\_ Categorically Eligible: \_\_\_\_\_ Date Withdrawn: \_\_\_\_\_

Eligibility: Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_ Reason: \_\_\_\_\_

Determining Official's Signature: \_\_\_\_\_ Determination Date: \_\_\_\_\_