

Miss Polise's
COUNSELING
NEWSLETTER
JANUARY 2018



KINDNESS



LOOK FOR THE GOOD!
GRATITUDE, KINDNESS & COMPASSION

“Look for the Good”
10-day campaign of gratitude
January 14th – January 25th

Each morning for the two-week campaign, students will be writing/drawing their gratitude on sticky notes to create a beautiful “Gratitude Wall” of notes which will be displayed in the school.

You will also find orange “Gratitude Spots” in hallways throughout the school to remind students and staff to think about what they are thankful for. If you step on one, think about what you are thankful for and share it with your child.

Finally, you may find your child carrying an orange “Kindness Card” which says “You Matter” on it. Encourage them to tell you why they received the card and who they might give it to next. If your child has not received a card yet, encourage them to make their own Kindness Cards to give out at school. The more cards we circulate, the more we will remind students and staff to share their appreciation and kindness with each other!

Please check out this website for more information!
<https://lookforthegood.mykajabi.com/p/parents>



“I feel grateful for my friends, family, and my awesome students!”

Miss Polise
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