

Frazier High School Breakfast Menu May 2021

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 3rd Confetti Pancakes Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 4th Mini Cinnis Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 5th Banana Bread Slice Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 6th Soft Cocoa Puff Bar Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 7th Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Low/Non Fat Milk
May 10th Mini Cinnamon Waffles Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 11th Soft Cinnamon Toast Crunch Bar Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 12th Apple Roll Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 13th Chocolate Chip French Toast Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 14th Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Low/Non Fat Milk
May 17th Super Donut Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 18th Breakfast Taco Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 19th Banana Bread Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 20th Mini Cinnis Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 21st Hot Breakfast Sandwich Benefit Bars 100% Assorted Juice Low/Non Fat Milk
May 24th Soft Cocoa Puff Bar Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 25th Frudels Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 26th Cinnamon Roll Benefit Bars 100% Assorted Juice Low/Non Fat Milk	May 27th Apple Mini Loaf Benefit Bars 100% Assorted Juice Low/Non Fat Milk	No School
May 31st Memorial Day Holiday No School			Breakfasts and Lunches are <u>FREE</u> for ALL Students until the end of the school year!	

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

- Banana or Blueberry Muffins
- Chocolate Chip Oatmeal Breakfast Bar
- Warm Grab & Go Breakfast Sandwiches
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt & Toast

Whole Grains
Available Daily

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

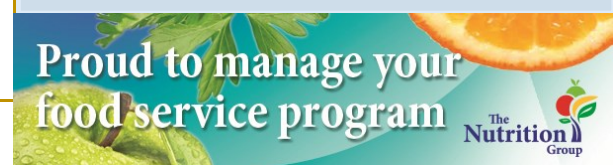


*WG=Whole Grain



Milk Choices Offered Daily

Low Fat Chocolate, Fat Free Strawberry, Fat Free Vanilla
 Fat Free White and Low Fat White



Meal Prices:
 Paid \$1.35
 Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE