Breakfast Includes
(Served from 0 am-0 pm Daily)

Lunch Includes
*Ala carte & snack options available daily

USDA’s School Breakfast requires 4 Items: Grain, Fruit, Milk, Grain/Protein. Under USDA’s Offer vs. Serve policy, school breakfast programs are required to offer all components and students must select at least 3 items. Students must take at least 3 out of 4 components including a fruit.

USDA’s School Lunch Regulations requires 5 lunch components: Grain, Protein, Vegetable, Fruit & Milk. Under USDA’s Offer vs. Serve policy, school lunch programs are required to offer all components and students must select at least 3 items. Students must take at least 3 out of 5 components including a fruit or veggie.

PRICES: Regular: $1.25 Reduced $0.30
PRICES: Regular: $3.00, Reduced $0.40, Extra Entrée: $1.60

Nutri-Serve Welcomes You...

Nutri-Serve is excited to Introduce Nutrition Education 180°™
Designed-internally by Nutri-Serve Registered Dietitians. It’s a teamwork approach to Nutrition Education as a K-12 experience divided into 6 modules with unique goals & objectives.

Grade: 1st
FOCUS: Introducing fruits & veggies at young age as part of a first grade experience.

Grade: Pre-k to 8
FOCUS: Teaching students how to make a balanced tray with Nutri-Serve’s Balloons for a Balanced Lunch.

Grade: Pre-k to 8
FOCUS: Developing an affinity for fresh fruits and veggies while identifying different flavors & textures.

Grade: 1-6
FOCUS: Teaching the school lunch food groups through Balloons for a Balanced Lunch BINGO with exercises called in between.

Grade: 1-12
FOCUS: Activities for each grade level teach nutrition beyond the food groups incorporating subjects such as math.

Grade: 7-12
FOCUS: Sports nutrition tips such as meal choice, calorie needs per sport, meal timing, healthy snacks & proper hydration.

Nutri-Serve is looking forward to teaming up with the district administration, including classroom teachers, health teachers and sports coaches to offer continuous nutrition education opportunities throughout the school year!

Nutri-Serve meals are AFFORDABLE, healthy options for BUSY Families!

Module 1 | Module 2 | Module 3 | Module 4 | Module 5 | Module 6
--- | --- | --- | --- | --- | ---
Nutri-Serve’s First Grade Food Tasters™ | Nutri-Serve’s Balloons for a Balanced Lunch | Once Upon a Farm | Food Groups’ Fitness™ | Nutri-Serve’s Healthy Ever After™ | Eat 2 Compete™

Nutri-Serve is looking forward to a fun & healthy school year!
Sue Lynch Food Service Director
Brigantine Community School
(609) 264-9498 bri@nsfm.com

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If your child is free or reduced eligible for lunch, the same applies for breakfast!

For your convenience, online prepayments are possible using the site www.schoolpaymentportal.com with your child’s student ID. Cash or a check can also be applied to your child’s account by any cashier.

Looking forward to a fun & healthy school year!
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