



High School Breakfast Menu

August, 2019

Welcome Back

Please Visit Java City

5

6

7

1

2

12

13

14

15

16

19

20

21

22

23

Southwest Egg & Cheese w/ Toast

Fresh Apple
100% Fruit Juice

Ham & Cheese Roll

Fresh Orange
100% Fruit Juice

Scramble Egg, Ham & Cheese Breakfast Bowl w/Toast
Tater Tots

Cup Applesauce
100% Fruit Juice

Sausage Egg & Cheese Pancake
SDW

Fresh Banana
100% Juice

Egg Chicken & Cheese Burrito

Diced Peaches
100% Juice

26

27

28

29

30

Cheese & Sausage Quesadillas

Fresh Apple
100% Juice

Tomato, Cheese & Egg Breakfast Pizza

Fresh Orange
100% Juice

Scrambled Eggs & Cheese
Tater Tots w/Toast
Toast

Diced Pears
100% Juice

Chicken & Waffle
SDW

Fresh Banana
100% Juice

Ham & Cheese Potato Bites

Diced Peaches
100% Juice

More info... Staff Breakfast served daily at Gary Gore between 6am – 830am.
Staff Breakfast \$2.65

More info... Served Daily Pick 3 items to create a meal.

Parfaits, Smoothies, WG Toast, Breakfast Bar, Assorted Muffins; Assorted Hot/Cold Cereal; Fat Free White & Chocolate Milk; 100% Fruit Juice; Cup of Fruit; String Cheese



High School Lunch Menu

August, 2019

Welcome

Back

19
Meatloaf w/Gravy
Mashed Potato
Dinner Roll

Fresh Apple
Milk

20
Nacho Cheese
Walking Taco
Mexican Corn

Fresh Orange
Milk

21
Orange Popcorn
Chicken w/ Broccoli
LoMein Noodles

Cup Applesauce
Milk

22
Country Chicken Bowl
Steamed Carrots
Biscuit

Fresh Banana
Milk

23
Wings of Fire &
Biscuit Basket
Fresh Carrots
French Fries

Fresh Apple
Milk

26
Country Fried Steak
Mashed Sweet Potato
Biscuit

Fresh Apple
Milk

27
Chili Mac w/ Corn
Muffin

Fresh Orange
Milk

28
Waffle Chicken Bowl
Hash Browns
Chz Scrambled Eggs

Diced Pears
Milk

29
General Tso's Beef w/
Vegetables Fried Rice

Fresh Banana
Milk

30
Chicken Tagine
Cheddar and Chili
Flatbread

Fresh Apple
Milk

More info... Staff Lunch served daily at Gary
Gore between 11:30am – 1:00pm
Staff Lunch \$3.75

More info... Served Daily Pick 3 items to create a meal.
Fresh Fruit
1% Milk
Side Salad
SBJ SDW