



JANUARY

2021



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Special Announcements:

2021 is here New Start to New year. Be kind and rewind.

Happy New Year!!!

1.

4.

Cereal Variety and Toast
Taqitos ,Queso, Beans, Corn,
Salsa, Fresh Seasonal Fruit,
Brownies
cm- 175

5.

Breakfast Taquito
Chicken-n-Waffles, Hash
Browns, fresh Veggie Cup,
Strawberries
Cm-113 cm-133

6.

Waffles and Sausage
Chicken Nuggets , Mac and
Cheese, Black eyed Peas,
Garden Salad, Grapes

7.

Breakfast Pizza
Pepperoni Pizza, Tomato Cup,
Corn, Fruity Jello
Cm-137

8.

Pancakes and Sausage
Chili Cheese Dog , Sweet
Potatoes, Corn, Grapes

11.

Breakfast Burrito and Hash brown
Walking Taco, Cucumbers, Beans,
Salsa, Oranges

12.

Power Breakfast
Chicken Nuggets, Mashed
Potatoes, Broccoli, roll, fruit
cup, rice Krispy treat

13.

PBJ
Cheeseburger, Fries, Carrots,
snowball Salad

14.

Cereal Variety and Toast
Chicken Parmesan, Breadstick,
Salad, Pineapple Rings,
Brownies

15.

Waffle and bacon
Country Fried Steak, Mashed
Potatoes, Okra, Roll,
Strawberries

18.

Sausage, Egg, and Cheese Biscuit
Meat & Cheese Chalupas,
Cucumbers, Salsa, Refried Beans,
Rosy applesauce

19.

Cereal Variety and Toast
Chicken Tenders, Fries,
Broccoli, Mixed Fruit, fruit
Crisp

20.

Biscuit, Gravy Eggs
Chicken Spaghetti, Breadstick,
Salad, Carrots, Apple Slices

21.

Cinnamon Roll and Sausage
Fish Sticks, mac and Cheese,
Coleslaw, Green Beans,
Oranges, Brownies

22.

Cereal Variety and Toast
PopCorn Chicken, Roll,
Vegetable Medley, Mashed
Potatoes, Sliced Pears

25.

PBJ
French Bread Pizza, Marinara
Sauce, Cali Blend Vegetables,
Garden Salad, Mixed Fruit
Cup, Krispy Treat

26.

Chicken and Waffles
Mexican Combo Plate, Corn,
Charro Beans, Salsa, Seasonal
Fruit

27.

Pancakes and Sausage
Chicken Wings, Celery and
Carrot Sticks, Peaches and
Pudding

28.

French Toast and Bacon
Steak Fingers, Gravy, Roll,
Mashed Potatoes, Tomato Cup,
Bananas and Strawberries

29.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
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TEXAS STAR CITRUS

Stars are giant balls of superhot gas. Explosions in their centers create the bright light that we see. Did you know that our sun is a star? The star closest to earth is the sun. It takes about 8 minutes for light to travel from the sun to the Earth, so it is about 8 light minutes away. It takes 4.2 years for light from the next closest star, Proxima Centauri, to travel to Earth. It is 4.2 light years away. When you see the sun, you are seeing what it looked like 8 minutes ago and you see what Proxima Centauri looked like 4.2 years ago.

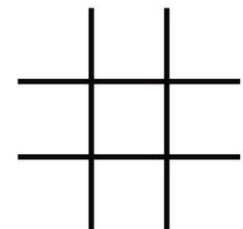
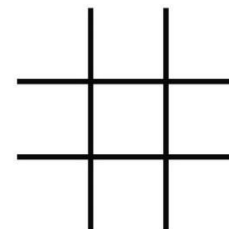
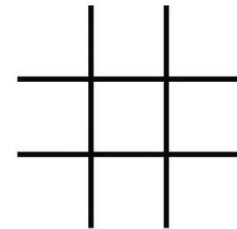
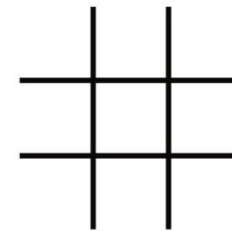
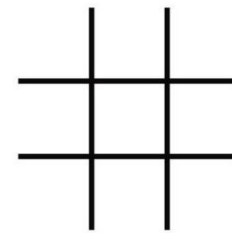
DID YOU KNOW?

Red grapefruit is the state fruit of Texas. In 1929 Texas citrus growers discovered a special grapefruit with a red color inside. Red grapefruit became the Official State Fruit of Texas in 1993.

Many people think the red grapefruits taste sweeter. Grapefruits got their name from growing in bunches like grapes. The Texas red grapefruit is high in vitamins A and C, which means eating a Texas red grapefruit or drinking its juice, is good for the eyes and skin, and strengthens the body's immune system.



TIC-TAC-TOE



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