



Semmes Middle School Athletic Try-Out Packet



Thank you for wanting to be a part of the Athletic Program at Semmes Middle School. Listed below are the requirements for trying out for an athletic team at Semmes Middle School. You only have to complete this once to be eligible for try-outs for any team sport.

1. Mobile County Public School Waiver/Insurance Form
2. Completed Alabama High School Athletic Association Physical Evaluation Form
 - a. Form should be signed by student, parent, and doctor
3. Participant Agreement, Consent, and Release
4. Concussion Information Form
5. A \$5 try-out fee is also required. This pays for the catastrophic insurance.

Completed forms must be returned to Ms. Long or Ms. Holbrook before student may participate in try-outs.

GO BULLDOGS!

Mrs. Stacey Holbrook
Mrs. Leigh Ann Long