



ATTENTION STUDENTS AND PARENTS



The Rhea County School Nutrition Program is pleased to announce that breakfast and lunch will be provided to all students at **NO COST** once again for the 2020-21 school year. We hope you will take advantage of this incredible opportunity for your child to eat a healthy breakfast and lunch each day. In order to minimize exposure and time in serving lines our menus will have less choices this year. A pre-bagged breakfast will be available and will include a grain or meat and grain, or fruit juice. Students will also be able to select a fruit and their choice of milk but are not required to select either. Lunch will consist of meat/meat alternate, vegetable, fruit, grain, and milk. Students may select all items, but they **must select at least three items** and at least **one of them must be a fruit or vegetable**. The required number of items must be selected, or students will be charged a la cart prices for each individual item. Students may choose the items they want, and the cafeteria staff will place the food on their tray. A grab n' go pre-packaged meal will be available each day. Each grab n' go will count as a **full** meal however students may select a fruit and choice of milk if they wish.

In addition to healthy meals, students will also have the opportunity to purchase a limited variety of snacks and beverages that comply with the "Smart Snacks Sold in Schools" regulation. These items must be purchased, and **no charges** are allowed. The preferred method to pay for a snack is thru an online account. Money can be deposited into your child's account which can be accessed at the point of service and the transaction will be completely touchless. In order to set up an online account you will need your child's PowerSchool ID. For more detailed information please visit www.schoolcafe.com. Parents may also send money that will be collected at school and deposited into your child's account. In order to minimize contact, parents will not be allowed to come into the cafeteria to pay for snacks. Checks will be accepted but only with a valid phone number. There is a \$30.00 returned check fee in addition to any fees our bank may charge. Please see detailed information on returned checks on the back page. Students may also pay cash in line, but parents are highly encouraged to use the online service. This avoids your students and cashiers having to handle money. All money in a student's account at the end of the year will be carried over into the next year unless parents request a refund. You may request a refund by contacting the School Nutrition office at 775-7814. Graduating students as well as students transferring out of the Rhea County School system have the option of transferring their account balance to another student's account or requesting a refund. All refund request must be made by May 14, 2021. All students will be issued a personal identification number (PIN) that will be used to account for meals and snacks however students will not enter their number on the PIN pad.

The Rhea County School system is concerned about the health and wellness of our students. Please view the complete Rhea County Wellness Policy, Procedures, and Assessments on the web at www.rheacounty.org. You may also find tips for healthy lifestyles on our menu and school website. Please note if you would like the opportunity to participate in the development, implementation or periodic review of the Rhea County Wellness Policy, please notify Sally Lane at 775-7814 or lanes@rheacounty.org or Christy Hennessee at 365-9306 or hennessee@rheacounty.org. Should your child need a special diet, particularly one prescribed by a licensed medical authority, please contact the office of School Nutrition as soon as possible at 775-7814.

We look forward to serving you this school year!

