

October 2018
Breakfast and Lunch Menu
Kelliher Public School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Bites/Syrup/Fruit Cocktail/Juice/Milk Chicken Patty on a Bun/French Fries/Cinnamon Applesauce/ Milk	2 Cereal/Oatmeal/Hard Cooked Egg/Peaches/Juice/Milk Chili/Cheese Slice/Cinnamon Roll/Carrot & Celery Sticks/ Fruit Cocktail/Milk	3 Breakfast Pizza/Applesauce/ Juice/Milk Chicken Pot Pie/Biscuit/Peas/ Pineapple/Milk	4 Egg Patty/Toast/Banana/Juice/ Milk Pizza/California Blend Vegetables/Mandarin Oranges/ Milk
7 Breakfast Round/Cheese Stick/ Fruit Cocktail/Juice/Milk Lasagna/Breadstick/Broccoli/ Pears/Milk	8 French Toast Sticks/Syrup/ Pineapple/Juice/Milk Chicken Strips/French Fries/ Applesauce/Dinner Roll/Milk	9 Granola Bar/Yogurt/Berries/ Juice/Milk Beef Barley Soup/Crackers/Egg Salad or Peanut Butter & Jelly Sandwich/Carrot & Celery Sticks/Peaches/Milk	10 Cereal/Cheese Stick/Peaches/ Juice/Milk Tater Tot Hot Dish/Carrots/ Dinner Roll/Pineapple/Milk	11 Scrambled Eggs/Toast/Orange Wedges/Juice/Milk Pulled Pork on a Bun/Green Beans/Creamy Coleslaw/Fruit Cocktail/Milk
14 Cereal Bar/Cheese Stick/Apple Slices/Juice/Milk Chicken Fajita/Tortilla/Black Bean Salsa/Mandarin Oranges/ Milk	15 Egg, Meat & Cheese Bagel/ Pineapple Tidbits/Juice/Milk Hamburger on a Bun/Potato Wedges/Pears/Milk	16 Cinnamon Roll/Hard Cooked Egg/Fruit Cocktail/Juice/Milk Pizza/Glazed Carrots/Pasta Veggie Salad/Cinnamon Applesauce/Milk	17 MEA “No School in Session”	18 MEA “No School in Session”
21 Muffin/Yogurt/Mandarin Oranges/Juice/Milk Sloppy Joe on a Bun/Baked Chips/Corn/Pears/Milk	22 Egg Patty/Toast/Applesauce/ Juice/Milk Tacos/Refried Beans/Tomatoes/ Onions/Olives/Pineapple/Milk	23 French Toast Sticks/Syrup/ Banana/Juice/Milk Chicken Nuggets/Cheesy Potatoes/Peaches/Cookie/Milk	24 Cereal/Toast/Peanut Butter/ Fruit Cocktail/Juice/Milk Pizza Burgers/Coleslaw/ Applesauce/Milk	25 Breakfast Pizza/Pineapple/Juice/ Milk Pancakes/Syrup/Sausage Patty/ Hashbrowns/Yogurt Parfait/ Salad Bar/Milk
28 Breakfast Round/Cheese Stick/ Peaches/Juice/Milk Beef Pasta Hot Dish/Corn/ Bread Slice/Pears/Milk	29 Waffle Sticks/Syrup/ Applesauce/Juice/Milk Hamburger Gravy/Mashed Potatoes/Dinner Roll/Fruit Cocktail/Milk	30 Cereal/Hard Cooked Egg/Pears/ Juice/Milk Sub Sandwich on a Bun/Lettuce/ Tomato/Sun Chips/Applesauce/ Milk	31 Scrambled Eggs/Toast/ Mandarin Oranges/Juice/Milk Chicken Wild Rice Casserole/ Broccoli/Breadstick/Jell-O with Fruit Choice/Milk	

This institution is an equal opportunity provider.