

# Counselor's Corner

Miss Martin, Starline Elementary  
March 2021

## Upcoming Events

- March 15th - 19th  
Spring Break  
No School
- March 25th  
Parent Workshop via  
Zoom - Details on page 2

Early Release is on  
Wednesdays.

## Reminders

The best way to contact me is via email:  
[Susan.Martin@lhusd.org](mailto:Susan.Martin@lhusd.org)  
You can reach me by phone by calling the Starline Office at 928-505-1490 and asking for extension 3448.

## Accountability

When we hear the word accountability, we think of being on time and completing tasks when we are supposed to do so. Telling the truth and leaving things as you find them are being accountable. Children learn to be accountable when they are held to certain standards and expectations.

Encourage your child by explaining that mistakes happen to everyone, and we are responsible for making amends. Work with your child to learn that mistakes can be prevented if they choose to make thoughtful decisions in the first place. Emphasizing that each person is responsible for his/her decisions no matter what will provide children with a consistent environment where they know what will happen next. That consistency may help them feel safe when they do make a mistake.





## **Workshop for Parents of Elementary Children Number Two**

The LHUSD elementary counselors will be doing another presentation about the Toolbox Curriculum for parents to use to help children manage emotions.

This workshop will include the Empathy Tool, Personal Space Tool and Using Our Words Tool.

**Thursday, March 25th at 6:00 p.m.**

### **Join Zoom Meeting**

[https://us02web.zoom.us/j/89595870205?  
pwd=SjVjZnZNQVJnM01JUGZHU0QzUU4wUT09](https://us02web.zoom.us/j/89595870205?pwd=SjVjZnZNQVJnM01JUGZHU0QzUU4wUT09)

Meeting ID: 895 9587 0205

Passcode: Toolbox

# The 12 Tools

Tools for Learning • Tools for Life



## Breathing Tool

*I calm myself and check in.*



## Listening Tool

*I listen with my ears, eyes, and heart.*



## Personal Space Tool

*I have a right to my space. You have a right to yours.*



## Garbage Can Tool

*I let the little things go.*



## Please & Thank You Tool

*I treat others with kindness and appreciation.*



## Patience Tool

*I am strong enough to wait.*

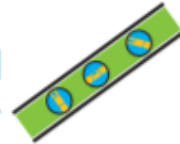
## Quiet/Safe Place Tool

*I remember my quiet/safe place.*



## Empathy Tool

*I care for myself. I care for others.*



## Using Our Words Tool

*I use the "right" words, in the "right" way, at the "right" time, for the "right" reason.*



## Taking Time Tool

*I take time-in and time-away.*



## Apology & Forgiveness Tool

*I admit my mistakes and work to forgive yours.*



## Courage Tool

*I have the courage to do the "right" thing.*



**TOOLBOX PROJECT™**  
TOOLS FOR LEARNING • TOOLS FOR LIFE