

Frazier Elementary




April 2019 Lunch Menu

Food Service Director: Kelly Calderone

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
 <p>What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price.</p> <p>Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk <i>*Students must choose at least one fruit or vegetable</i></p> 	<p>April 1st Chicken Patty on Bun Baked Beans Applesauce Low/Non Fat Milk</p>	<p>April 2nd Pancakes with Sausage Patties Potato Rounds Apple Low/Non Fat Milk</p>	<p>April 3rd Buffalo Chicken Dippers Steamed Carrots Mandarin Oranges Low/Non Fat Milk</p>	<p>April 4th Pizza Burgers Steamed Broccoli Pears Low/Non Fat Milk</p>	<p>April 5th Macaroni and Cheese with Bread Slice Steamed Green Beans Mixed Fruit Low/Non Fat Milk</p>	<p>Chicken Nuggets With Bread Slice Pizza Salad Bar– Thursday</p>
	<p>April 8th Pasta with Meatsauce Steamed Broccoli Apple Low/Non Fat Milk</p>	<p>April 9th Holiday Meal-Carving Mixed Vegetables Mixed Fruit Low/Non Fat Milk Dessert</p>	<p>April 10th Grilled Cheese French Fries Peaches Low/Non Fat Milk</p>	<p>April 11th Walking Taco with Bread Steamed Carrots Applesauce Low/Non Fat Milk</p>	<p>April 12th Italian Dunkers Steamed Green Beans Pears Low/Non Fat Milk</p>	<p>Chicken Patty Sandwich Hot Ham and Cheese on Bun Salad Bar—Thursday</p>
<p>Fresh Fruits and Vegetables Offered Daily</p> <p>*Vegetables include: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *May choose two 1/2 cup servings</p> <p>*Fruits include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce *May choose 1/2 cup serving</p> <p>MENUS SUBJECT TO CHANGE</p> 	<p>April 15th Corn Dog on Stick Baked Beans Mandarin Oranges Low/Non Fat Milk</p>	<p>April 16th Beef Nachos with Cheese Sauce Steamed Broccoli Pears Low/Non Fat Milk</p>	<p>April 17th BBQ Rib Sandwich Roasted Sweet Potato Salad Pineapple Tidbits Low/Non Fat Milk</p>	<p>April 18th Salisbury Steak Mashed Potatoes with Gravy Peaches Low/Non Fat Milk</p>	<p>April 19th Easter Holiday No School</p>	<p>Chicken Nuggets With Bread Slice Pizza Salad Bar– Thursday</p>
	<p>April 22nd General Tso with Rice Steamed Broccoli Pears Low/Non Fat Milk</p>	<p>April 23rd Popcorn Chicken Bowl with Bread Slice Steamed Corn Mixed Fruit Low/Non Fat Milk</p>	<p>April 24th French Toast Sticks with Sausage Patties Potato Rounds Mandarin Oranges Low/Non Fat Milk</p>	<p>April 25th Shepard's Pie Mixed Vegetables Peaches Low/Non Fat Milk Spring Sandwich Cookie</p>	<p>April 26th Chicken Quesadilla Spanish Rice Refried Beans Apple Low/Non Fat Milk</p>	<p>Chicken Patty Sandwich BBQ Rib Sandwich Salad Bar– Thursday</p>
<p>Milk Choices Offered Daily Low Fat Chocolate, Fat Free Strawberry, Fat Free Vanilla and Low Fat White</p> <p>Lunch Prices: The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE Paid \$2.05 Reduced \$.40</p>	<p>April 29th Hot Ham and Cheese Emoji Fries Applesauce Low/Non Fat Milk</p>	<p>April 30th Lasagna Roll up with Garlic Breadstick Steamed Carrots Mixed Fruit Low/Non Fat Milk</p>				<p>Chicken Nuggets With Bread Slice Pizza Salad Bar– Thursday</p> <p>Whole Grains Available Daily</p> 