

Challenge:

Choose Your Own Adventure

Let's Move It!!!

August 2019

tracking sheet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31


Total Points for the Month:

Name:

Directions: Write your personal goal: _____

 Give yourself 5 points for every time you meet your personal goal. Tally your points at the bottom box. Submit your August points online by September 5th, at <https://rainier.tedk12.com//records>, Monthly Challenge or e-mail Debby Webster
Enter your points by September 5th to be entered in the prize drawing.

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