## Basketball: It All Started with Peach Baskets

James Naismith had a problem. His job at the YMCA in Springfield, Massachusetts was to help his students stay in shape. In November of 1891, winter was coming. The weather was getting colder. Snow would soon cover his sports fields. Naismith needed to come up with an activity his students could do indoors.

Basic exercises would keep them physically fit. But doing sit-ups, push-ups and jumping jacks could get boring. He thought a team sport would be more fun. A team sport would keep his students active. Naismith made up a new game. He called it "basket ball."

The students met in the gym to try the new activity. The gym looked different. A wooden peach basket had been nailed to the railing at each end of the gym. The baskets were ten feet above the floor. Naismith divided his students into two teams. He explained how the game was played. To score points, the students needed to throw the ball into the basket. His game was an instant success with his students.

Basketball became popular very quickly. Soon, people across the United States were playing basketball. Then it spread to other places, like Canada, France, and England.

The peach baskets weren't open at the bottom. When a player scored, someone had to climb up a ladder to get the ball out. The peach baskets were replaced by metal circles with nets. These nets were also closed at the bottom. The ball could not fall through. Ten years passed before nets with openings were finally used. Before basketballs were invented, soccer balls were used.

Today's basketball hoops have backboards behind them. Before backboards, baskets were attached to balcony railings. When players missed their shot, people seated in the balcony could grab the ball. They could hit the ball to keep the other team from scoring. Fans could help out their team. They caught the ball and threw it to a player on the team they were cheering for. Backboards were added to stop people from interfering with the game.

Today, basketball is played in countries around the world. It is played in many different settings. Children learn to dribble and shoot in their driveway. Students play basketball in gym. There are thousands of free public basketball courts in the U.S. Millions of fans watch their favorite teams on TV. Basketball is one of the most popular sports in the world. And it all started with Naismith's peach baskets.


James Naismith with a basketball and a basket.

Before you read, make a prediction about the text based on the title and text features.

Based on the first paragraph, what is J a mes Na ismith's problem?

What is Na ismith's solution to his problem?

What is the $3^{\text {rd }}$ paragraph mainly about?

Wednesday
Who is in the picture included in this article?

What text feature helped you answer the question above?

What is the 6th paragraph mostly about?

What detail supports the main idea of the $6^{\text {th }}$ paragraph?

According to the $3^{\text {rd }}$ paragraph, how do you score points in basketball?

According to the text, basketball bec ame popular very quic kly. What deta il supports this statement?

What were peach baskets first replaced with?

What is the main idea of the $5^{\text {th }}$ paragraph?

## Thursday

Why were backboards eventually added to basketball hoops?

What type of ball was used before basketballs were invented?

After reading the article, what is the main idea?

What is one new fact you leamed from this text?

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My Progress

| MONDAY <br> out of 4 correct <br> Ineed more help with... | TUESDAY <br> out of 4 correct <br> Ineed more help with... | WEDNESDAY <br> out of 4 correct <br> Ineed more help with... | THURSDAY <br> out of 4 correct <br> Ineed more help with... |
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| Monday | Tuesday |
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| Before you read, make a prediction about the text based on the title a nd text features. <br> Accept all reasonable answers. | According to the $3^{\text {rd }}$ paragraph, how do you score points in basketball? <br> Throw the ball into the basket. |
| Based on the first paragraph, what is J ames Na ismith's problem? <br> Snow would soon cover his sports fields and his students wouldn't be able to go outside. | According to the text, basketball became popular very quic kly. What deta il supports this statement? <br> Possible Answer: <br> Soon, people a cross the United States were playing basketball. |
| What is Naismith's solution to his problem? <br> He made up a game that could be played indoors; basketball. | What were peach baskets first replaced with? <br> metal circles with nets |
| What is the $3^{\text {rd }}$ paragraph mainly about? the new activity and how to play | What is the main idea of the $5^{\text {th }}$ paragraph? <br> Peach baskets weren't open at the bottom. |
| Wednesday | Thursday |
| Who is in the picture included in this article? <br> J ames Naismith | Why were backboards eventually added to basketball hoops? <br> People seated behind the basket could interfere with the game. |
| What text feature helped you answer the question above? <br> the caption | What type of ball was used before basketballs were invented? <br> soccerballs |
| What is the $6^{\text {th }}$ paragraph mostly about? <br> why backboards were added to basketball hoops | After reading the article, what is the main idea? <br> how basketball got started |
| What detail supports the main idea of the 6th paragraph? <br> Answers will vary any detail from that paragraph that supports the main idea | What is one new fact you leamed from this text? <br> Answers will vary. |

