Basketball: It All Started with Peach Baskets

James Naismith had a problem. His job at the YMCA in Springfield, Massachusetts was to help his students stay in shape. In November of 1891, winter was coming. The weather was getting colder. Snow would soon cover his sports fields. Naismith needed to come up with an activity his students could do indoors.

Basic exercises would keep them physically fit. But doing sit-ups, push-ups and jumping jacks could get boring. He thought a team sport would be more fun. A team sport would keep his students active. Naismith made up a new game. He called it "basket ball."

The students met in the gym to try the new activity. The gym looked different. A wooden peach basket had been nailed to the railing at each end of the gym. The baskets were ten feet above the floor. Naismith divided his students into two teams. He explained how the game was played. To score points, the students needed to throw the ball into the basket. His game was an instant success with his students.

Basketball became popular very quickly. Soon, people across the United States were playing basketball. Then it spread to other places, like Canada, France, and England.

The peach baskets weren't open at the bottom. When a player scored, someone had to climb up a ladder to get the ball out. The peach baskets were replaced by metal circles with nets. These nets were also closed at the bottom. The ball could not fall through. Ten years passed before nets with openings were finally used. Before basketballs were invented, soccer balls were used.

Today's basketball hoops have backboards behind them. Before backboards, baskets were attached to balcony railings. When players missed their shot, people seated in the balcony could grab the ball. They could hit the ball to keep the other team from scoring. Fans could help out their team. They caught the ball and threw it to a player on the team they were cheering for. Backboards were added to stop people from interfering with the game.

Name:

Today, basketball is played in countries around the world. It is played in many different settings. Children learn to dribble and shoot in their driveway. Students play basketball in gym. There are thousands of free public basketball courts in the U.S. Millions of fans watch their favorite teams on TV. Basketball is one of the most popular sports in the world. And it all started with Naismith's peach baskets.



James Naismith with a basketball and a basket.

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Nonfiction: Main Idea - Q3:4

Monday	Tuesday
Before you read, make a prediction about the text based on the title and text features.	According to the 3 rd paragraph, how do you score points in basketball?
Based on the first paragraph, what is James Naismith's problem?	According to the text, basketball became popular very quickly. What detail supports this statement?
What is Naismith's solution to his problem?	What were peach baskets first replaced with?
What is the 3 rd paragraph mainly about?	What is the main idea of the 5 th paragraph?
Wednesday	Thursday
Who is in the picture included in this article?	Why were backboards eventually added to basketball hoops?
What text feature helped you answer the question above?	What type of ball was used before basketballs were invented?
What is the 6 th paragraph mostly about?	After reading the article, what is the main idea?
What detail supports the main idea of the 6 th paragraph?	What is one new fact you learned from this text?

More of My Thinking

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Answer Key - Nonfiction: Main Idea - Q3:4

Monday	Tuesday	
Before you read, make a prediction about the text based on the title and text features.	According to the 3 rd paragraph, how do you score points in basketball?	
Accept all reasonable answers.	Throw the ball into the basket.	
Based on the first paragraph, what is James Naismith's problem?	According to the text, basketball became popular very quickly. What detail supports this statement?	
Snow would soon cover his sports fields and his students wouldn't be able to go outside.	Possible Answer: Soon, people across the United States were playing basketball.	
What is Naismith's solution to his problem?	What were peach baskets first replaced with?	
He made up a game that could be played indoors; basketball.	metal circles with nets	
What is the 3 rd paragraph mainly about?	What is the main idea of the 5 th paragraph?	
the new activity and how to play	Peach baskets weren't open at the bottom.	
Wednesday	Thursday	
Who is in the picture included in this article?	Why were backboards eventually added to basketball hoops?	
James Naismith	People seated behind the basket could interfere with the game.	
What text feature helped you answer the question above?	What type of ball was used before basketballs were invented?	
the caption	soccer balls	
What is the 6 th paragraph mostly about?	After reading the article, what is the main idea?	
why backboards were added to basketball hoops	how basketball got started	
What detail supports the main idea of the 6 th paragraph?	What is one new fact you learned from this text?	
Answers will vary any detail from that paragraph that supports the main idea	Answers will vary.	