|  |  |
| --- | --- |
| **South Shore Educational Collaborative** **Breakfast Menu for May 2021** | https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcQrqL7H6dHS5Fl_oXnEmolI_pA5btZBi3emdYUmb1tAIlt5EQeTyw |
|  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Mini WafflesSyrup | Bacon Egg and Cheese on an English Muffin | Maple MadnessFrench ToastSyrup | Mini Cinnamon Stick | Homemade Chocolate ChipMuffin |

Breakfast is free to all students.

**Daily Breakfast Choices:**

**Warm Bagel**

**Whole Grain Chocolate Chip or Apple Breakfast Bars**

**Whole Grain Chocolate Muffin**

**Cinnamon Toast Cereal**

**Cocoa Puffs Cereal**

**GF Cheerios or GF Muffin**

**Breakfast includes entrée, juice, 1% white milk, fruit cup or whole fruit.**

Please inform the kitchen staff of any food allergies before ordering food.

Salad Bar available daily for High School, Careers & Mini School Students.

 Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

 Milk choices include 1% white, skim chocolate and skim strawberry

Questions? Please call Kathy Sylvia 339-201-4577

Salad Bar available daily for High School, Careers & Mini School Students.

 Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

 Milk choices include 1% white, skim chocolate and skim strawberry

Questions? Please call Kathy Sylvia 339-201-4577

.

***Lunch Menu on Back***

***Alternative Lunch Available Daily***

 ***\*Bagel Lunch***

 ***\*Sun Butter and Jelly***

 ***\*Cereal lunch***

***SSEC Lunch Menu***

***May 2021***

**Lunch Menu for May 2019**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 3 | 4 | 5 | 6 | 7 |
| ***Main Entree*** | Chicken TendersFrench FriesCarrotsSoft Pretzel | American Chop SueyGarlic ToastGreen Beans | Ham and Cheese on a Bulky RollBaked ChipsCucumber Wheels | Breakfast for LunchPancakes Sausage Patty, Hash Brown Potatoes, Warm Cinnamon Apples | Tony’s Cheese or Pepperoni PizzaTossed Salad |
| ***Salad*** | Caesar Salad with Grilled ChickenDinner Roll | Caesar Salad with Grilled ChickenDinner Roll | Caesar Salad with Grilled ChickenDinner Roll | Caesar Salad with Grilled ChickenDinner Roll | Caesar Salad with Grilled ChickenDinner Roll |
| ***Sandwich*** | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese |
|  | 10 | 11 | 12 | 13 | 14 |
|  ***Main Entree*** | Grilled CheeseBaked ChipsCarrots | BBQ ChickenWhipped Potatoes Corn on the CobCorn Bread | Turkey and Cheese Wrap PretzelsCucumber Wheels |  Chicken NuggetsFrench FriesGreen Beans | Cheese or Buffalo Chicken French Bread PizzaBaby Carrots |
|  ***Salad*** | Tossed Salad with Cheddar Cheese and Chick PeasDinner Roll | Tossed Salad with Cheddar Cheese and Chick PeasDinner Roll | Tossed Salad with Cheddar Cheese and Chick PeasDinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas Dinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas Dinner Roll |
| ***Sandwich*** | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll |
|  | 17 | 18 | 19 | 20 | 21 |
| ***Main Entree*** | Chicken Patty SandwichFriesCarrots | NachosSeasoned Beef, Tortilla Scoops, Cheese Sauce, Sour Cream and SalsaCorn and Black Bean Salad | Hot DogsBaked BeansCole SlawChips | Meatball SubTater TotsSeasoned Green Beans | Tony’s Cheese or Pepperoni PizzaCucumber Wheel |
| ***Salad*** | Greek SaladWith Wrap | Greek SaladWith Wrap | Greek SaladWith Wrap | Greek SaladWith Wrap | Greek SaladWith Wrap |
| ***Sandwich*** | Ham and Cheese Wrap | Ham and Cheese Wrap | Ham and Cheese Wrap | Ham and Cheese Wrap | Hamand Cheese Wrap |
|  | 24 | 25 | 26 | 27 | 28 |
| ***Main Entree*** | Chicken ParmesanSpaghettiGarlic RollZucchini | BBQ Rib-A-QueTater TotsCole Slaw | Popcorn ChickenWhipped PotatoesCornDinner Roll | Macaroni and CheeseGreen PeasBreadstick | Cheese or Bacon French Bread PizzaBaby Carrots |
| ***Salad*** | Tossed Salad with Grilled Chickenw/wrap | Tossed Salad with Grilled Chicken w/wrap | Tossed Salad with Grilled Chicken w/wrap | Tossed Salad with Grilled Chicken w/wrap | Tossed Salad with Grilled Chicken w/wrap |
| ***Sandwich***  | Italian Cold Cut Sub |  Italian Cold Cut Sub  | Italian Cold Cut Sub | Italian Cold Cut Sub | Italian Cold Cut Sub |
|  | 31 |  |  |  |  |
| ***Main Entree*** | md |  |  |  |  |
| ***Salad*** | NO SCHOOL |  |  |  |  |
| ***Sandwich***  |  |  |  |  |  |

If you have questions or comments please email the Manager of Dining Service at ksylvia@ssec.org