|  |  |
| --- | --- |
| **South Shore Educational Collaborative**  **Breakfast Menu for May 2021** | https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcQrqL7H6dHS5Fl_oXnEmolI_pA5btZBi3emdYUmb1tAIlt5EQeTyw |
|  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Mini Waffles  Syrup | Bacon Egg and Cheese on an English Muffin | Maple Madness  French Toast  Syrup | Mini Cinnamon Stick | Homemade Chocolate Chip  Muffin |

Breakfast is free to all students.

**Daily Breakfast Choices:**

**Warm Bagel**

**Whole Grain Chocolate Chip or Apple Breakfast Bars**

**Whole Grain Chocolate Muffin**

**Cinnamon Toast Cereal**

**Cocoa Puffs Cereal**

**GF Cheerios or GF Muffin**

**Breakfast includes entrée, juice, 1% white milk, fruit cup or whole fruit.**

Please inform the kitchen staff of any food allergies before ordering food.

Salad Bar available daily for High School, Careers & Mini School Students.

Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

Milk choices include 1% white, skim chocolate and skim strawberry

Questions? Please call Kathy Sylvia 339-201-4577

Salad Bar available daily for High School, Careers & Mini School Students.

Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

Milk choices include 1% white, skim chocolate and skim strawberry

Questions? Please call Kathy Sylvia 339-201-4577

.

***Lunch Menu on Back***

***Alternative Lunch Available Daily***

***\*Bagel Lunch***

***\*Sun Butter and Jelly***

***\*Cereal lunch***

***SSEC Lunch Menu***

***May 2021***

**Lunch Menu for May 2019**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 3 | 4 | 5 | 6 | 7 |
| ***Main Entree*** | Chicken Tenders  French Fries  Carrots  Soft Pretzel | American Chop Suey  Garlic Toast  Green Beans | Ham and Cheese on a Bulky Roll  Baked Chips  Cucumber Wheels | Breakfast for Lunch  Pancakes Sausage Patty, Hash Brown Potatoes, Warm Cinnamon Apples | Tony’s Cheese or Pepperoni Pizza  Tossed Salad |
| ***Salad*** | Caesar Salad with Grilled Chicken  Dinner Roll | Caesar Salad with Grilled Chicken  Dinner Roll | Caesar Salad with Grilled Chicken  Dinner Roll | Caesar Salad with Grilled Chicken  Dinner Roll | Caesar Salad with Grilled Chicken  Dinner Roll |
| ***Sandwich*** | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese | Veggie Burger with lettuce tomato and cheese |
|  | 10 | 11 | 12 | 13 | 14 |
| ***Main Entree*** | Grilled Cheese  Baked Chips  Carrots | BBQ Chicken  Whipped Potatoes  Corn on the Cob  Corn Bread | Turkey and Cheese Wrap  Pretzels  Cucumber Wheels | Chicken Nuggets  French Fries  Green Beans | Cheese or Buffalo Chicken French Bread Pizza  Baby Carrots |
| ***Salad*** | Tossed Salad with Cheddar Cheese and Chick Peas  Dinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas  Dinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas  Dinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas  Dinner Roll | Tossed Salad with Cheddar Cheese and Chick Peas  Dinner Roll |
| ***Sandwich*** | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll | Tuna Salad Bulky Roll |
|  | 17 | 18 | 19 | 20 | 21 |
| ***Main Entree*** | Chicken Patty Sandwich  Fries  Carrots | Nachos  Seasoned Beef, Tortilla Scoops, Cheese Sauce, Sour Cream and Salsa  Corn and Black Bean Salad | Hot Dogs  Baked Beans  Cole Slaw  Chips | Meatball Sub  Tater Tots  Seasoned Green Beans | Tony’s Cheese or Pepperoni Pizza  Cucumber Wheel |
| ***Salad*** | Greek Salad  With Wrap | Greek Salad  With Wrap | Greek Salad  With Wrap | Greek Salad  With Wrap | Greek Salad  With Wrap |
| ***Sandwich*** | Ham  and Cheese Wrap | Ham  and Cheese Wrap | Ham  and Cheese Wrap | Ham  and Cheese Wrap | Ham  and Cheese Wrap |
|  | 24 | 25 | 26 | 27 | 28 |
| ***Main Entree*** | Chicken Parmesan  Spaghetti  Garlic Roll  Zucchini | BBQ Rib-A-Que  Tater Tots  Cole Slaw | Popcorn Chicken  Whipped Potatoes  Corn  Dinner Roll | Macaroni and Cheese  Green Peas  Breadstick | Cheese or Bacon French Bread Pizza  Baby Carrots |
| ***Salad*** | Tossed Salad with Grilled Chicken  w/wrap | Tossed Salad with Grilled Chicken  w/wrap | Tossed Salad with Grilled Chicken w/wrap | Tossed Salad with Grilled Chicken w/wrap | Tossed Salad with Grilled Chicken  w/wrap |
| ***Sandwich*** | Italian Cold Cut Sub | Italian Cold Cut Sub | Italian Cold Cut Sub | Italian Cold Cut Sub | Italian Cold Cut Sub |
|  | 31 |  |  |  |  |
| ***Main Entree*** | md |  |  |  |  |
| ***Salad*** | NO SCHOOL |  |  |  |  |
| ***Sandwich*** |  |  |  |  |  |

If you have questions or comments please email the Manager of Dining Service at ksylvia@ssec.org