



# RHPS Menu August 3rd – August 14th 2020

## Pre K—12th Grade Weekly *Breakfast Menu*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Waffles 100% Fruit Juice 4 oz. Fresh Fruit Milk	Ultimate Breakfast Round 100% Fruit Juice 4 oz. Fresh Fruit Milk	2oz WG Muffin & String Cheese 100% Fruit Juice 4 oz. Fresh Fruit Milk	WGR French Toast Sticks 100% Fruit Juice 4 oz. Fresh Fruit Milk	Plain Bagel & Cream Cheese 100% Fruit Juice 4 oz. Fresh Fruit Milk

## Pre K—12th Grade Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08/03 Double Smucker WG Uncrustable Sandwiches <i>(Sunbutter available for children with nut allergies)</i> 1 Cup Fruit 1 Cup Vegetables Milk	08/04 Chicken Nuggets & WGR Soft Pretzel <i>(served cold for reheat)</i> 1 Cup Fruit 1 Cup Vegetables Milk	08/05 Hot Dog WGR Bun (entrée served hot ) 1 cup Fruit 1 Cup Vegetables Milk	08/06 Pasta & Meatsauce <i>(served cold for reheat)</i> 1 Cup Fruit Cup 1 Cup Vegetables Milk	08/07 Nacho Kit Taco meat, shredded cheese, salsa <i>(served cold for reheat)</i> 1 Cup Fruit 1 Cup Vegetables Milk
08/10 Double Smucker WG Uncrustable Sandwiches <i>(Sunbutter available for children with nut allergies)</i> 1 Cup Fruit 1 Cup Vegetables Milk	08/11 Chicken Tenders & WGR Soft Pretzel <i>(served cold for reheat)</i> 1 Cup Fruit 1 Cup Vegetables Milk	08/12 Cheeseburger on WGR Bun (entrée served hot ) 1 cup Fruit 1 Cup Vegetables Milk	08/13 Pasta & Meatsauce <i>(served cold for reheat)</i> 1 Cup Fruit Cup 1 Cup Vegetables Milk	08/14 Chefs Choice Entrée <i>(served cold for reheat)</i> 1 Cup Fruit 1 Cup Vegetables Milk

Thank you for all the support and love through these past few months  
be well everyone, we will see you all in the Fall!

Sincerely,

Rocky Hill Foodservice Team

**\*All Reheated foods should reach an internal temperature of 165 degrees or higher for safe consumption  
this can be achieved in a microwave oven or conventional oven**

**\*All cold foods should either be immediately consumed or refrigerated within 1 hour and then to be consumed within 48 hours**



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