



BREAKFAST



LUNCH

SEPTEMBER 2020

Kansas School for the Deaf

Monday

Tuesday

Wednesday

Thursday

Friday



1

2

3

4

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice

Offered every day with lunch: Variety of additional vegetable and/or fruit and Milk (Skim or 1%)

8

9

10

11

Nutri-Grain Bar & Yogurt

Cheeseburger
Steak Fries
Fresh Carrots w/ Ranch
Pineapple

Cereal Bowl & String Cheese

Corndog
Golden Corn
Creamy Coleslaw
Apple Slices

Egg & Cheese Sandwich

Grilled Cheese
Steamed Broccoli
Steamed Carrots
Pineapple

14

15

16

17

18

Assorted Muffins & String Cheese

BBQ Pork Rib Sandwich
Baked Beans
French Fries
Peaches

Nutri-Grain Bar & Yogurt

French Bread Pizza w/ Marinara
Sweet Potato Tots
Steamed Broccoli
Grapes

Bagel & Cream Cheese / Jelly

Breakfast for Lunch
French Toast Sticks
Scrambled Eggs
Hash Brown Triangles

Cereal Bowl & String Cheese

Spaghetti & Meat Sauce w/
Breadstick
Green Beans
Veggie Blend

Fruit Strudel

Hot Dog
Cheesy Broccoli
French Fries
Apple Slices

21

22

23

24

25

Assorted Bread & String Cheese

Chicken Quesadilla w/ Salsa
Golden Corn
Applesauce

Egg & Cheese Breakfast Sandwich

Sloppy Joe
Green Beans
Roasted Cauliflower
Mixed Fruit Salad

Mini Waffles

Crispy Chicken Sandwich
French Fries
Garden Peas & Carrots
Orange Slices

Pop Tart & Yogurt

Hot Turkey & Cheese
Mixed Green Salad
Mashed Sweet Potatoes
Mixed Fruit Salad

Breakfast Burrito w/ Salsa

Beef Tacos w/ Tomato Salsa
Cheesy Refried Beans
Banana

28

29

30

Pop Tart & String Cheese

Pepperoni Pizza
Sweet Potato Tots
Golden Corn
Pears

Bagel & Cream Cheese / Jelly

Chicken Nuggets w/ Mac & Cheese
Baked Beans
Mixed Green Salad
Peaches

Pancake on a Stick

3-Cheese Chicken Bake
Breadstick
Green Beans
Garden Peas
Mixed Fruit Salad

Questions?

Contact Tessa Adcock, Food Service Director

tadcock@kssdb.org

This institution is an equal opportunity provider.





SEPTEMBER 2020

Kansas School for the Deaf

[Enter Menu Details]

Monday

Tuesday

Wednesday

Thursday

Friday



1

2

3

4

8

9

10

11

Shredded Pork BBQ Sandwich
Coleslaw
Green Beans
Orange Slices

Home-style Pepperoni Pizza
Steamed Broccoli
Ice Cream Bar

14

15

16

17

18

Oven-Fried Chicken Legs
Sliced Bread
Mashed Potatoes w/ Gravy
Applesauce

Beef & Bean Chili
Cinnamon Roll
Veggie Blend
Pears

Shepherd's Pie
Dinner Roll
Veggie Blend
Chocolate Pudding

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Mixed Fruit Salad

21

22

23

24

25

Cheeseburger
Crinkle Cut Fries
Fruit Cocktail

Chicken Alfredo w/ Pasta
Steamed Broccoli
Pears

Home-style Pepperoni Pizza
Mixed Veggies
Brownie

Beef Hot Dog / Chili Dog
Green Beans
Assorted Chips
Peaches

28

29

30

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Peaches

Beef Lasagna w/ Garlic Bread
Steamed Broccoli
Cookie

Meatloaf w/ Dinner Roll
Mashed Potatoes w/ Gravy
Steamed Carrots
Chocolate Cake

Offered every day with supper: Mixed Salad and Milk (Skim or 1%)

Questions?

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