



Sign In Sheets

Wellness and Food Advisory Committee Meeting

DATE: October 4th, 2018

DISTRICT: Page Unified School District

TOPICS:

- 1. Welcome, Introductions
- 2. District Health Fair, Discuss Date and Timeline
- 3. Objectives for the Committee, dates for future meetings, how often, etc

Sign-In

Mariah DeJolie, HR

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Angie Lovett, Food Service

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Millie Calamity, Food Service

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Stacy Zinnecker, PE Teacher LV

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Rachael West, PE Teacher DV

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Brandy Thompson, PE Teacher HS

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Carolyn James, 3rd Grade Teacher DV

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Deborah Lister, parent

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Annette Tallsalt, parent

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Vanessa Glynn-Linaris, parent

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Brian Barg, County

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Jeremiah Stewart, MS Counselor

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Valerie Paitoon, HS Teacher

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Whitney Wertz

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Torie REDSHIRT

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Notes from October 4th meeting. LWP and Food Advisory

Health Fair

- Possible Dates are January 31st/DV Parent Night or February 26th/LV Parent night. Leaning towards January 31st at DV? Need to check other district activities due to parking restrictions.

Objectives for the committee moving forward

- Continue to discuss healthy options for BIC and throughout schools in general
- Daily Snacks in classrooms and parties!
 - What is the district expectation?
 - Who communicates that expectation?
 - Who follows up and manages that expectation?
 - Should parties be limited to monthly, quarterly, or continue to allow birthday treats on students birthdays?
 - The group is more concerned with daily treats brought in by teachers and parents. Mostly candy and sugar options.
- Communication of the Local Wellness Policy
 - How does this information get to the school sites-suggestion is to have someone highlight portions of the policy at Friday afternoon meetings.
 - It is posted on the district website under quick links
- Other concerns or topics discussed
 - Possible letter to parents regarding smart snack guidelines of what they should be bringing for snacks. Sample list of items on the letter/
 - Surveys should be going out to parents and teachers in a couple of weeks. Students surveys will happen in classrooms also in a couple of weeks.
 - Possibly add a question to the parent survey: How do parents feel about being asked to bring daily snacks for students? It may be a hardship for some financially or logistically getting snacks to the classrooms (student who ride the bus). Might be beneficial to find out how parents feel. Are they okay with it or not?
 - Suggested that ingredients are added to the Nutrislice public website along with the nutritional values. Specifically looking at the “added sugar” amount as opposed to naturally occurring sugar.
 - Can we get a variety of apples rather than just red? Green or Granny Smith? Angie will look into cost and availability.
- Meetings going forward will be the 1st Thursday of each month at 4:00pm in the boardroom.