


ART & SENSORY CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

<p>Blowing Paint Water down some paint in cups. Drip the paint on the paper and blow it with a straw.</p>	<p>Noodle Sensory Bin Place dry noodles in a sensory bin. Add measuring cups, tongs, and bowls to the tub.</p>	<p>Cereal Necklace Make a necklace with cereal then eat it as a snack.</p>	<p>Cutting Bin Make a cutting bin. Place strips of paper and ribbon in the bin and let them cut it up into tiny pieces.</p>	<p>Cutting Collage Make a collage with the tiny pieces from the cutting bin.</p>
<p>Play Dough Cookies Make pretend cookies with play dough. Put out a rolling pin, cookie cutters, and scissors.</p>	<p>Finger-Paint Place the paper on a tray or in a tub to contain the mess.</p>	<p>Make Oobleck Mix together one-part water and two-parts corn starch.</p>	<p>Block Zoo Build a zoo with blocks for your animals.</p>	<p>Car or Doll Wash Place water and soap in a plastic tub or bathtub. Add soap, sponges, and toothbrushes.</p>
<p>Homemade Watercolors Place a marker in a cup of water. Paint with the watercolors.</p>	<p>Giant Self-Portrait Get a big piece of paper or tape smaller papers together. Trace the child on the paper and color.</p>		<p>Bead or Straw Towers Place spaghetti noodles or skewers in play dough. Place the beads or cut up straws on the noodles.</p>	<p>Foil Art Paint or draw with sharpies on foil.</p>
<p>Frozen Paint Put paint in a ice cube tray with a stick in each cube. Once it's frozen, get it out and paint with it on paper.</p>	<p>Sensory Bin Make bean or cereal sensory bin. Place dry beans or cereal in a tub with vehicles or animals. Add bowls and tongs.</p>	<p>Monster Sculptures Make monster sculptures with play dough. Add eyes, arms, and legs.</p>	<p>Sensory Bottle Fill a plastic bottle half way with water and add a few drops of red food coloring. Fill to the top with vegetable oil. Tape the lid on.</p>	<p>Mask Paper Plate Cut holes for the eyes and mouth. Decorate with paint, markers, stickers, or paper.</p>
<p>Sensory Bag Put paint or hair gel in the bag with food coloring. Add glitter (optional). Zip it close. Tape it closed.</p>	<p>Paint with Kitchen Tools Paint with forks, mashers, whisk, spatulas, or other fun tool you have.</p>	<p>Shaving Cream Art Draw in shaving cream or whip cream. Place it in a plastic tub, tray, or do it in the bathtub.</p>	<p>Bracelets String beads or cut up straws on pipe cleaners or string.</p>	<p>Block City Build a city with blocks. Make houses, stores, and other places you like to visit.</p>