

FOOD and SNACKS:

- Beef Jerky / Slim Jims
- Coffee (Ground or whole; instant or drip),
- Instant Drink Mixes Packets (Gatorade, Kool-Aid, Crystal Light)
- Protein Bars / Cliff Bars
- Hard Pretzels / Cheetos / Fritos / Chex Mix / Wheat Thins (Individual Bags)
- Granola Bars / Power Bars / Cereal Bars
- Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit By The Foot / Fruit Gummies
- DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)
- NUTS: Peanuts, Mixed Nuts (salted preferred)
- MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)
- Rice Krispie Treats (Store-bought only)
- Oatmeal Packs (Instant: just add water)
- Cereal (Small, individual boxes)
- Condiments, Spices; Sugar; Salad Dressing (no glass jars)



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TOILETRIES: NO HOTEL SAMPLES!

- Baby wipes (travel size)
- Body Wash, Liquid Soap, Facial Cleanser (travel size)
- Shampoo /Conditioner (travel size)
- Deodorant (travel size)
- Razors (disposable: "Intuition" or "Mach 3" type)
- Lip balm / Chap Stick / Carmex / Blistex
- Foot Powder (travel size)
- Sunblock, SPF 45, Zinc, Vitamin E, Aloe Vera Gel
- Bug Spray / DEET / Skin-So-Soft
- Hand & Body Lotion / Moisturizer (travel size)
- Mouthwash (travel size)
- Toothpaste & Toothbrushes & Dental Floss
- Feminine Hygiene Products
- Tylenol, Motrin, Advil or Aspirin Packets
- Moleskin
- Shoe Insole Cushions (gel kind is best)

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ENTERTAINMENT and SPORTS:

- Batteries: (AA, AAA, C & 9 Volt are the most requested)
- DVD Movies (new or used - recent releases only, please!)
- Xbox Games (new or used)
- PSP, PS2 & PS3 Games (new or used)
- Pens & mechanical pencils, small notepads
- Stationery & Envelopes; blank cards to send home
- Headphones
- Game Books: (Crossword Puzzles / Word Search Books / Math Puzzle books / LIBS / Logic Problems / Sudoku)
- Yo-Yo's, Dominoes, New Playing Cards, poker chips, Dice
- Board games (UNO, Othello, checkers - travel size is great, too!)
- Nerf footballs / Whiffle balls / Mitts / Sports equipment
- Frisbees / Hackey sacks
- Electronic handheld games
- Flash Drives & Thumb Drives for laptop computers

OTHER:

- Linens: Pillow cases, twin sheets, towels (green & tan)
- T-Shirts: 100% Cotton green & tan under shirts (Sizes: M, L & XL)
- Small Flashlights (battery operated, Surefire preferred)
- Socks: Black, Olive Green & White (cotton or wool)
- Generic sunglasses (Ballistic, black only. No "mirrored" types)
- Bug Repellent in pump spray bottle

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