

LUNCH



JANUARY 2020

Limestone County Schools

"This institution is an equal opportunity provider and employer."

Monday

Tuesday

Wednesday

Thursday

Friday



6
Country Steak w/Gravy
Beef Nuggets
 Green Peas & Creamed Potatoes
 Fresh Baked Roll
 Fruit & Milk

7
Crispitoses w/Cheese Sauce
Hot Pocket Pizza
 Pinto Beans & Salsa
 Lettuce, Tomatoes, Peppers
 Stir Fry Peppers & Onions
 Fruit & Milk

8
"Breakfast for Lunch"
Sausage Link or Chicken Pattie
 Scrambled Eggs
 Buttered Grits
 Hot Biscuit Stick w/Gravy
 Fruit & Milk

9
Cheeseburger
Hamburger
 Baked Beans, Potato Wedges
 Lettuce, Tomato, Pickle, Onion
 Fruit & Milk

10
Pizza Bar
Chef Salad
 Garden Salad w/Dressing
 Baked Apples
 Fruit & Cookie
 Milk

13
Chicken Bites w/Rice
Chicken Fajita Meat w/Rice
 Peas & Carrots, Broccoli w/Cheese
 Egg Roll, Cookie
 Fruit & Juice

14
Hot Ham & Cheese Sandwich
Deli Turkey & Cheese sandwich
 Fresh Mixed Veggies w/Dip
 Tater Tots
 Pudding Cup
 Fruit & Milk

15
Chicken Tenders w/White Sauce
Chicken Wings, Spicy or Mild
 Roasted Broccoli
 Creamed Potatoes
 Hot Biscuit Stick
 Fruit & Milk

16
Taco Salad w/Cheese
Quesadilla w/Cheese sauce
 Mexican Rice, Chili Beans
 Lettuce, Tomatoes, Peppers
 Stir Fry Peppers & Onions
 Fruit & Milk

17
Pasta Bar
Deli Sandwich Box
 Glazed Sweet Potatoes
 Fruit & Milk



School Holiday

21
Crispitoses w/Cheese Sauce
Hot Pocket Pizza
 Pinto Beans, Salsa, Peppers
 Buttered Corn, Lettuce, Tomatoes
 Fruit & Milk

22
Chicken Stew w/Crackers
Deli Turkey/Ham Sandwich
 Grilled Cheese Toast Half
 Sweet Potato Fries
 Fresh Baked Cookie
 Fruit & Milk

23
BBQ Pork Sliders
Hamburger
 Onion Rings
 Buttered Carrots, Dill Spear
 Strawberry Shortcake
 Fruit & Milk

24
Pizza Bar
Chef Salad
 Garden Salad w/Dressing
 Baked Apples
 Fresh Baked Cookie
 Fruit & Milk

27
Spaghetti w/Meat & Breadstick
Mozzarella Cheese Sticks w/Sauce
 Roasted Broccoli
 Stir Fry Peppers & Onions
 Buttered Corn, Apple Crisp
 Fruit & Milk

28
Corndog
Hotdog w/Toppings
 Crinkled Cut Fries
 Baked Beans
 Fruit & Milk

29
Spicy Chicken w/White Sauce
Chicken Wings, Spicy or Mild
 Garden Salad w/Dip
 Creamed Potatoes
 Hot Biscuit Stick
 Fruit & Milk

30
Homemade Chili w/Corn Chips
BBQ Potato Stacks
 Shredded Cheese Cup
 Dill Spear
 Cinnamon Roll
 Fruit & Milk

31
Pasta Bar
Deli Sandwich Box
 Glazed Sweet Potatoes
 Fruit & Milk

All vegetables and fruits will be available with each meal.

Online meal payments can be made at PayPams.com

There will be a \$1.95 charge to use this service each time you make a transaction.

