

2020/21 Clara Bolen Breakfast Menu

Free Universal Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Cinnamon Bun</u>	VARIETY OF <u>Breakfast Cereal Kits</u>	<u>Egg & Cheese Muffin</u>	<u>Pancakes</u>	<u>Breakfast Pizza</u>
OR	OR	OR	OR	OR
<u>Ultimate Breakfast Round</u>	<u>(2) Granola Bites Or Bar</u>	<u>(2) Variety of Muffins</u>	<u>(2) Variety of Zee Zee Nutrition Bar</u>	<u>(2) Variety of Graham Crackers</u>
<u>Slice Apples /Fruit Cup</u> <u>Craisens or Juice & Milk</u>	<u>Apple Sauce /Fruit Cup</u> <u>Craisens or Juice & Milk</u>	<u>Banana/Fruit Cup</u> <u>Craisens or Juice & Milk</u>	<u>AppleSauce/Fruit Cup</u> <u>Craisens or Juice & Milk</u>	<u>Fresh Fruit /Fruit Cup</u> <u>Craisens or Juice & Milk</u>



Elementary School Breakfast

You May Select 3-5 of the Following:

Choice of 1-2 Grains
(May choose 1 meat in place of a Grain)

Choice of 1-2 Fruits
(please limit juice to one carton)

Choice of 1 Milk

- Students must choose at least ½ cup fruit or juice
- Items such as sausage cheese sandwich, breakfast pizza count, French toast sticks and egg cheese omelet as a meat and a grain.

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