



Pennyroyal KY Kids Recovery Program

Our goal is to reduce Substance Use and Abuse among the youth of the Pennyroyal Region (Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, and Trigg Counties), using evidence-based treatment practices as outlined below and including preventative strategies for at-risk youth.

Know an adolescent who has experienced any of the following? They may qualify for services through the KY Kids Recovery Program!

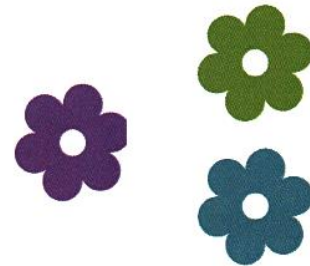
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|---|---|
| <input type="checkbox"/> Suspicion of substance use/abuse | <input type="checkbox"/> Trauma |
| <input type="checkbox"/> History of substance use/abuse | <input type="checkbox"/> Abuse or neglect |
| <input type="checkbox"/> Family history of substance use/abuse | <input type="checkbox"/> Legal issues (DJJ involvement) |
| <input type="checkbox"/> Family history of mental health issues | <input type="checkbox"/> Out of home placement |

Evidenced-Based Assessment and Treatment Practices:

- **Global Appraisal of Individual Needs (GAIN)** will be used for assessing clients and developing treatment plans.
- **The Seven Challenges®** will be used for group therapy.
- **Functional Family Therapy** model focuses on reducing resistance and negativity and increasing motivation and hope.
- **Adolescent Community Reinforcement Approach (ACRA)** focuses on the use of case management to increase support for the client and their families at home, school, and the community setting. The goal is to promote abstinence, participation in pro-social activities, and positive relationships within the family and with peers.

Substance abuse and co-occurring services including:

- Assessment
- Individual, group, and family therapy
- Intensive outpatient program
- School services
- Mentoring
- Case management (includes advocacy in the school and justice system setting, job finding and employment coaching, community resources, urine testing, crisis case management, and phone check-ins)
- In-home therapy
- Medication assisted treatment
- Residential services



For Referrals or More Info:

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