

**District School Board of Hardee County  
Food Service Department  
Medical Statement for Special Meals**

Student's Name: \_\_\_\_\_ Student's ID Number: \_\_\_\_\_  
Homeroom Teacher's Name: \_\_\_\_\_ School: \_\_\_\_\_

Dear Parent/Guardian and Recognized Medical Authority:

The District School Board of Hardee County participates in the National School Lunch Program (NSLP) and must serve meals meeting the NSLP requirements. Food substitutions **must be made for children with a physical or mental disability when supported by a signed physician's statement**. Food substitutions **may** also be made for children with special dietary conditions unrelated to a disability (i.e. some food allergies) when supported by a statement signed by a physician, physician's assistant, nurse practitioner (ARNP), or registered dietitian.

**A recognized medical authority must complete the following information.**

1. Does the student identified have a disability? A disability is defined as a physical or mental impairment which substantially limits one or more major life activities.

Yes If yes:

a. State and describe the disability. \_\_\_\_\_

b. How does the disability restrict the diet? \_\_\_\_\_

c. What major life activity is affected? \_\_\_\_\_

No If no:

Identify the medical condition (unrelated to a disability) that restricts the student's diet (i.e. food allergies).

\_\_\_\_\_

2. List any food(s) to be omitted from the student's diet. \_\_\_\_\_

\_\_\_\_\_

3. List any food(s) to be substituted. \_\_\_\_\_

\_\_\_\_\_

4. Describe any textural modification required. \_\_\_\_\_

\_\_\_\_\_

Signature of Physician or Recognized Medical Authority & Date  
**(For a disability, a physician must sign)**

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
Printed Name Office Phone Number

**Please return completed form to the Food Service Director or Nurse at the student's school.**

"This institution is an equal opportunity provider."