## Standards and Competencies for Life Connections (Course # 5623)

|   |   | Begin-End Yr |
|---|---|--------------|
| Standard 1 -                                    | Evaluate factors that impact adult roles and responsibilities.  | 2009 -       |
|   | 1.1 - Analyze skills and processes essential to functioning as an adult.  | 2009 -       |
|   | 1.2 - Assess the interdependency of decisions upon goal attainment.   | 2009 -       |
|   | 1.3 - Examine potential roadblocks to adulthood and determine how responsible decisions can circumvent and resolve          | 2009 -       |
|   | 1.4 - Analyze the impact of multiple roles of family members on family communication.                                       | 2009 -       |
|   | 1.5 - Evaluate methods of balancing the multiple roles of family member, wage earner and community member.                  | 2009 -       |
|   | 1.6 - Examine physical, mental, social and emotional changes that occur during the aging process.                           | 2009 -       |
| Standard 2 - Examine the communication process. |   | 2009 -       |
|   | 2.1 - Explain the communication process.  | 2009 -       |
|   | 2.2 - Demonstrate appropriate uses of verbal and nonverbal communication.   | 2009 -       |
|   | 2.3 - Explain the levels of communication.  | 2009 -       |
|   | 2.4 - Demonstrate communication skills that contribute to positive relationships in the family, workplace and community.    | 2009 -       |
| Standard 3 -                                    | Evaluate the role of communication in establishing and maintaining healthy relationships at home, work and the community.   | 2009 -       |
|   | 3.1 - Analyze the effect of personal values, attitudes, skills and behavior on interpersonal communications.                | 2009 -       |
|   | 3.2 - Examine techniques that will promote effective personal communication.  | 2009 -       |
|   | 3.3 - Communicate a caring, respectful attitude for others within a diverse community.                                      | 2009 -       |
|   | 3.4 - Evaluate conflict prevention and management techniques.   | 2009 -       |
|   | 3.5 - Demonstrate group communication techniques in the family, workplace and community.                                    | 2009 -       |
|   | 3.6 - Establish and implement goals for improving personal communication with others.                                       | 2009 -       |
| Standard 4 -                                    | Evaluate management practices related to human, economic and environmental resources.                                       | 2009 -       |
|   | 4.1 - Determine types of resources and considerations for responsible use.  | 2009 -       |
|   | 4.2 - Explain how stress management promotes physical and mental health of family members across the life span.             | 2009 -       |
|   | 4.3 - Evaluate the role of personal management in maintaining good health and wellness.                                     | 2009 -       |
|   | 4.4 - Demonstrate management of personal and family resources.  | 2009 -       |
|   | 4.5 - Analyze the relationship of the environment to family and consumer resources and develop a plan for implementing      | 2009 -       |
| Standard 5 -                                    | Assess personal traits and employment requirements to prepare for a successful work experience.                             | 2009 -       |
|   | 5.1 - Evaluate interests, abilities and personal priorities related to employment.  | 2009 -       |
|   | 5.2 - Examine personal employability skills.  | 2009 -       |
|   | 5.3 - Collect useful information about occupations and careers.   | 2009 -       |
|   | 5.4 - Perform a job search and recognize what gualifications employers in general are seeking.                              | 2009 -       |
|   | 5.5 - Analyze the effects of career choice on lifestyle.  | 2009 -       |
| Standard 6                                      | Demonstrate strategies for entering the work force.   | 2009 -       |
|   | 6.1 - Formalize a career goal and plan.   | 2009 -       |
|   | 6.2 - Examine the concept of lifelong learning.   | 2009 -       |
|   | 6.3 - Compose acceptable forms of written and verbal communication used for job attainment.                                 | 2009 -       |
|   | 6.4 - Prepare an electronic job credential portfolio for a personal career goal.  | 2009 -       |
|   | 6.5 - Analyze and practice successful job interview strategies.   | 2009 -       |
| Standard 7                                      | Evaluate strategies for job retention.  | 2009 -       |
|   | 7.1 - Evaluate appropriate and inappropriate methods of interacting with others in the workplace.                           | 2009 -       |
|   | 7.2 - Analyze messages communicated through personal appearance and social behavior in the workplace.                       | 2009 -       |
|   | 7.3 - Demonstrate attitudes and values that will help an individual become more productive.                                 | 2009 -       |
|   | 7.4 - Formulate career advancement tactics and techniques.  | 2009 -       |
|   | 7.5 - Explore multiple career paths and career development strategies for a continuously changing workplace.                | 2009 -       |
| Standard 9                                      | Demonstrate skills required for assuming adult leadership roles in a global community.                                      | 2009 -       |
|   | 8.1 - Evaluate issues affecting individual, family and community well-being on the local, national and international level. | 2009 -       |
|   | 8.2 - Apply leadership, citizenship and teamwork skills as an integral part of classroom activities.                        | 2009 -       |
|   | 8.3 - Examine the importance of networking with others.   | 2009 -       |
|   | 10.5 = EXAMME LIE IMPOLATCE OF NELWORKING WILL OTHERS.  | 2009 -       |
|   | 8.4 - Evaluate the impact of individual and group actions in the global community.  | 2009 -       |