

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza
Breakfast Bread
Pine apple Tidbits
Fresh Apples

4

Sausage and Biscuit
Choice of Yogurt
Strawberry Toaster Pastry
Fruit Juice
Mixed Fruit

5

Waffle
Sausage
Oatmeal
Yogurt Parfait or Breakfast Smoothie with
breakfast bread
Applesauce
Fresh Oranges

6

Waffle in a bag
Yogurt Parfait
Apple and orange Wedges
Peach Slices

7

Cold Cereal
Assorted Muffins
Breakfast Sliders
Fruit Juice
Mixed Fruit

8

Breakfast Bagel
Grilled Cheese Sandwich
Applesauce
Fresh Bananas

11

Breakfast Bread
Cereal in a bag
Choice of yogurt
Fresh Apples
Diced Pears

12

Chicken and Biscuit
Breakfast Smoothie and Cereal Bar
Fruit Juice
Peach Slices

13

Mini Cinnamon Rolls
Yogurt Parfait
Fresh Grapes
Applesauce

14

Cold Cereal
Assorted Muffin
Breakfast Bread
Mixed Fruit
Fresh Fruit Bowl

15

Breakfast Burrito
Breakfast Bread
Applesauce
Fresh Banana

18

Cold Cereal
Assorted Muffins
Breakfast Bread
Fruit Juice
Applesauce

19

Apple and Cherry Frudel
Breakfast Smoothies and Toaster Pastry
Peach Slices
Fruit Cocktail

20

Powdered Donut
Biscuit and Chicken Patty
Sliced Apple
Fresh Fruit Bowl

21

Cold Cereal
Assorted Muffin
Breakfast Bread
Mixed Fruit
Fresh Fruit Bowl

22

25

26

**Thanksgiving Break
No School**

27

28

29



Monday

Tuesday

Wednesday

Thursday

Friday

4
Hot Dog
Chicken Salad Sandwich
Whole Kernel Corn
Lackeyed Peas
Tropical Apple
Orange Wedges

5
Vegetable Soup Combo
Tuna Salad
Green Beans
Carrots and Dip
Peach Slices
Fresh Apple

6
Chicken Spaghetti
Turkey and Cheese Sandwich
Peas and Carrots
Tossed Salad
Applesauce
Fresh Fruit Bowl

7
Beef a Roni
Chicken Salad
Black-eyed Peas
Lima Beans
Mandarin Fruit Cup
Fresh Fruit Cup

1
Hamburger or Cheeseburger
Chef Salad
French Fries
Steamed Carrots
Fruit Cocktail
Fresh Fruit Bowl

8
Spicy Chicken Sandwich
Breaded Chicken Sandwich
Seasoned Fries
Tomato and Dip
Mixed Fruit
Fresh Apple

11
Cheesy Chicken over Rice
Chicken Tender Salad
Green Beans
Tossed Salad
Fresh Fruit Bowl
Peach Slices

12
Variety of Pizza
Chicken Tender salad
Whole Kernel Corn
Carrot and tomato Dip
Pineapple Tidbits
Fresh Orange Wedges

13
Turkey and Dressing or Ham Slices
Seasoned Green Beans
Sweet Potato Casserole
Fruit Gelatin
Hot Cinnamon Apples
Yeast Roll
Cranberry Sauce and Gravy and Cookie
Banana Pudding or cake for adults

14
Red Beans and Rice
Ham and Cheese Bun
Sweet Potato Fries
Field Peas USDA
Rosy Applesauce
Fresh Pears

15
Cheeseburger
Chicken Salad
Potatoes Wedges
Baby Carrots with Dip
Fresh Fruit Bowl
Peach Slices

18
Pizza
Tuna salad with crackers
Whole kernel Corn
Cucumber and tomato salad
Fresh Fruit Bowl
Diced Pears

19
Oven Fried Chicken
Chicken Salad
Mashed Potatoes
Turnip Greens
Fresh Grapes
Diced Pears

20
Fish Burger
Turkey and Cheese on a bun
Oven Fries
Steamed Carrot
Applesauce
Fresh Fruit bowl

21
Beefy Nachos Grande
Chicken Patty Sandwich
Tator tots
Raw veggie Dip
Peach Slices
Fresh Fruit Bowl

22
Nashville Hot Chicken
Chicken Salad
Spicy Fries
Raw Veggie
Fresh Fruit Bowl

25

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Fresh Apple

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Turkey and Cheese Sandwich
Peas and Carrots
Tossed Salad
Applesauce
Fresh Fruit Bowl

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Beef a Roni
Chicken Salad
Black-eyed Peas
Lima Beans
Mandarin Fruit Cup
Fresh Fruit Cup

1
Hamburger or Cheeseburger
Chef Salad
French Fries
Steamed Carrots
Fruit Cocktail
Fresh Fruit Bowl

8
Spicy Chicken Sandwich
Breaded Chicken Sandwich
Seasoned Fries
Tomato and Dip
Mixed Fruit
Fresh Apple

11
Cheesy Chicken over Rice
Chicken Tender Salad
Green Beans
Tossed Salad
Fresh Fruit Bowl
Peach Slices

12
Variety of Pizza
Chicken Tender salad
Whole Kernel Corn
Carrot and tomato Dip
Pineapple Tidbits
Fresh Orange Wedges

13
Turkey and Dressing or Ham Slices
Seasoned Green Beans
Sweet Potato Casserole
Fruit Gelatin
Hot Cinnamon Apples
Yeast Roll
Cranberry Sauce and Gravy and Cookie
Banana Pudding or cake for adults

14
Red Beans and Rice
Ham and Cheese Bun
Sweet Potato Fries
Field Peas USDA
Rosy Applesauce
Fresh Pears

15
Cheeseburger
Chicken Salad
Potatoes Wedges
Baby Carrots with Dip
Fresh Fruit Bowl
Peach Slices

18
Pizza
Tuna salad with crackers
Whole kernel Corn
Cucumber and tomato salad
Fresh Fruit Bowl
Diced Pears

19
Oven Fried Chicken
Chicken Salad
Mashed Potatoes
Turnip Greens
Fresh Grapes
Diced Pears

20
Fish Burger
Turkey and Cheese on a bun
Oven Fries
Steamed Carrot
Applesauce
Fresh Fruit bowl

21
Beefy Nachos Grande
Chicken Patty Sandwich
Tator tots
Raw veggie Dip
Peach Slices
Fresh Fruit Bowl

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Nashville Hot Chicken
Chicken Salad
Spicy Fries
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Yeast Roll
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Red Beans and Rice
Ham and Cheese Bun
Sweet Potato Fries
Field Peas USDA
Rosy Applesauce
Fresh Pears

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Chicken Salad
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Turnip Greens
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Chicken Salad
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Peach Slices

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Tuna salad with crackers
Whole kernel Corn
Cucumber and tomato salad
Fresh Fruit Bowl
Diced Pears

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Variety of Pizza
Chicken Tender salad
Whole Kernel Corn
Carrot and tomato Dip
Pineapple Tidbits
Fresh Orange Wedges

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Fish Burger
Turkey and Cheese on a bun
Oven Fries
Steamed Carrot
Applesauce
Fresh Fruit bowl

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Tator tots
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Seasoned Fries
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Tuna salad with crackers
Whole kernel Corn
Cucumber and tomato salad
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