

It is challenging for parents and caregivers to have their school-age children home every day during our current school closure especially since it was unexpected and for an uncertain period of time. Listed below are five tip sheets that are excellent resources that can help parents and caregivers meet the needs of their children while at home each day.

During these times balance is important in that our students need to spend time on their school assignments but also spend time with family activities. With Spring being here, students should also spend time outside playing and getting at least an hour of exercise each day.

All of us are changing our lifestyles to keep our families and neighbors safe. For many of our families this means combining work and parenting under one roof. The five tip sheets are listed below and can be opened by clicking on the individual icons.

If you should have any questions or concerns regarding how to best meet your child's needs while at home please feel free to contact me by e-mail at: larry.rudloff@omeresa.net

I will respond to all e-mails.