

Florence School District 5

menus
for

MAY 2021

This institution
is an equal
opportunity
provider. Menus
are subject to
change.

Back to normal?

Not just yet. But eventually we will be, and we look forward to the day when we can serve our students again in the best possible environment. We have faith that that day isn't too far off. Until it gets here, we urge you to take advantage of free meals for all students at FSD5.

School Meals

We serve education every day™



Your name is so big on this page because
your influence is so big in our lives and
your place is so big in our hearts.
Mother's Day * Sunday, May 9



*Cinco de Mayo (May 5th) celebrates a
great Mexican military victory in 1862.*

Monday, May 3

Breakfast

Blueberry Muffin
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
BBQ on Bun
French Fries
Ketchup
Carrot Sticks w/ Ranch
Fruit & Milk Choice

Tuesday, May 4

Breakfast

Sausage Patty / Biscuit
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Popcorn Chicken
Green Beans
Yams*
Fruit & Milk Choice

Wednesday, May 5

Breakfast

Cinnamon Roll
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or Tacos
w/ Lettuce &
Tomato
Pinto Beans
Fruit & Milk
Choice



Thursday, May 6

Breakfast

Pop Tart / Yogurt
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Roasted Chicken w/ Roll
Mashed Potatoes
Broccoli w/ Cheese
Fruit & Milk Choice

Friday, May 7

Breakfast

Cereal & Graham Crackers
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or

MANAGERS CHOICE

Monday, May 10

Breakfast

Blueberry Muffin
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
Chicken Filet Sandwich
Lettuce / Tomato / Mayo
Waffle Fries
Ketchup
Fruit & Milk Choice

Tuesday, May 11

Breakfast

Sausage Patty / Biscuit
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Chicken Tenders
Mac & Cheese
Green Beans
Carrot Sticks w/ Ranch
Fruit & Milk Choice

Wednesday, May 12

Breakfast

Cinnamon Roll
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
Pizza
Corn
Salad w/ Ranch
Fruit & Milk Choice

Thursday, May 13

Breakfast

Pop Tart / Yogurt
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Steak w/ Gravy
Mashed Potatoes
Black-Eyes Peas
Fruit & Milk Choice

Friday, May 14

Breakfast

Cereal & Graham Crackers
Fruit or Juice Choice
Milk Choice

BAG Lunch

Chef Salad
w/ Ham and Crackers
Or
Ham and Cheese Sandwich
Chips
Sliced Tomato
Carrot Sticks w/ Ranch
Fruit & Milk Choice

Monday, May 17

Breakfast

Blueberry Muffin
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
BBQ on Bun
French Fries
Ketchup
Carrot Sticks w/ Ranch
Fruit & Milk Choice

Tuesday, May 18

Breakfast

Sausage Patty / Biscuit
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Popcorn Chicken
Green Beans
Yams*
Fruit & Milk Choice

Wednesday, May 19

Breakfast

Cinnamon Roll
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
Hamburger on Bun
Lettuce / Tomato / Mayo
French Fries
Ketchup
Fruit & Milk Choice

Thursday, May 20

Breakfast

Pop Tart / Yogurt
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Roasted Chicken w/ Roll
Mashed Potatoes
Broccoli w/ Cheese
Fruit & Milk Choice

Friday, May 21

Breakfast

Cereal & Graham Crackers
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or

MANAGERS CHOICE

Monday, May 24

Breakfast

Blueberry Muffin
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
Chicken Filet Sandwich
Lettuce / Tomato / Mayo
Waffle Fries
Ketchup
Fruit & Milk Choice

Tuesday, May 25

Breakfast

Sausage Patty / Biscuit
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Chicken Tenders
Mac & Cheese
Green Beans
Carrot Sticks w/ Ranch
Fruit & Milk Choice

Wednesday, May 26

Breakfast

Cinnamon Roll
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Ham and Crackers
Or
Pizza
Corn
Salad w/ Ranch
Fruit & Milk Choice

Thursday, May 27

Breakfast

Pop Tart / Yogurt
Fruit or Juice Choice
Milk Choice

Lunch

Chef Salad
w/ Chicken and Crackers
Or
Steak w/ Gravy
Mashed Potatoes
Black-Eyes Peas
Fruit & Milk Choice

Friday, May 28

Breakfast

Cereal & Graham Crackers
Fruit or Juice Choice
Milk Choice

BAG Lunch

Chef Salad
w/ Ham and Crackers
Or
Ham and Cheese Sandwich
Chips
Sliced Tomato
Carrot Sticks w/ Ranch
Fruit & Milk Choice



**What's on
YOUR
plate?**



Q: In ancient Egypt, which vegetable did people place their hand on when they swore an oath?



A: This is one from the time of the pyramids! Ancient Egyptians swore on an onion, because they believed the onion's round shape represented eternity and truth.

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, May 31



**STRANGE
BUT TRUE!**

THE HAWAIIAN ISLANDS ARE ACTUALLY THE EXPOSED TOPS OF THE **WORLD'S HIGHEST MOUNTAINS**. THE TALLEST, MAUNA KEA, MEASURES NEARLY 14,000 FEET ABOVE SEA LEVEL, BUT FROM ITS BASE TO ITS PEAK IT TOWERS 33,000 FEET -- **4,000 FEET HIGHER THAN MT. EVEREST!**

MAUNA KEA

SEA LEVEL

KAUAI

OAHU

MOLOKAI

MAUI

HAWAII