

# A Message from Dyersburg City Schools About Illness

*When we contacted the State offices, they said that our primary concern should be with the common flu than with the coronavirus.*

## **Actions:**

1. Do not allow student to return until student is free of fever for 24 hours without the aid of medication.
2. Avoid close contact with people who are sick.
3. When you are sick, keep your distance from others to protect them from getting sick too.
4. Stay home when you are sick.
5. Cover your mouth and nose with a tissue when coughing or sneezing.
6. Washing your hands often
7. Avoid touching your eyes, nose or mouth.
8. Clean and disinfect frequently touched surfaces at home, work or school.

*Dyersburg city Schools will continue to monitor illness on all scales.*

## **CDC Recommendations**

While the immediate risk of this new virus to the American public is believed to be low at this time, everyone can do their part to help us respond to this emerging public health threat: It's currently flu and respiratory disease season and CDC recommends getting a flu vaccine, taking everyday preventive actions to help stop the spread of germs, and taking flu antivirals if prescribed.

## **Situation in U.S.**

For the general American public, who are unlikely to be exposed to this virus at this time, the immediate health risk from COVID-19 is considered low.

Avoid close contact with people who are sick.

When you are sick, keep your distance from others to protect them from getting sick too.

Stay home when you are sick. Cover your mouth and nose with a tissue when coughing or sneezing. Washing your hands often

Avoid touching your eyes, nose or mouth. Clean and disinfect frequently touched surfaces at home, work or school.

For more information, please visit the following link or scan the QR code at the bottom of the page with your phone's camera:

[https://www.cdc.gov/coronavirus/2019-nCoV/summary.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F-2019-ncov%2Fabout%2Fwhat-you-should-do.html#anchor\\_1580064337377](https://www.cdc.gov/coronavirus/2019-nCoV/summary.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F-2019-ncov%2Fabout%2Fwhat-you-should-do.html#anchor_1580064337377)

