

# VSD K-5 Distance Learning Summary

## INSTRUCTION TYPE

## GRADE LEVEL

	K-1	2-3	4-5
Teacher-Led Learning	45 Minutes Maximum	60 Minutes Maximum	90 Minutes Maximum

**Teacher-Led Learning may include:** Social Emotional Learning, Reading, Writing, Language, Math, Science, Social Studies, Speaking and Listening, PE, Health, Art, Music, Online educational games or resources, Handouts or other learning activities supporting core content areas.

### Teacher Responsibility:

Teachers will provide learning materials, answer questions via phone and email, directly support learning as needed, communicate weekly with families, and assess student learning.

### Student Responsibility:

Complete all work assigned, ask questions when needed, and communicate weekly with teacher.

### Parent Responsibility:

Support student learning at home, communicate weekly with teacher.

## GRADE LEVEL

	K-1	2-3	4-5
Supplemental Learning	1-2 Hours Recommended	2 Hours Recommended	3 Hours Recommended

### Suggested Activities:

15+ Minutes reading out loud to a family member	20+ Minutes of independent reading or reading out loud	30+ Minutes of independent reading or reading out loud
30-60 Minutes Imaginative Play	60+ Minutes Imaginative Play	60+ Minutes Imaginative Play
Flash Cards	Flash Cards and/or Reviewing Math Facts	Flash Cards and/or Reviewing Math Facts
Arts and Crafts/Drawing	Arts and Crafts/Drawing	Arts and Crafts/Drawing
Journaling	Journaling	Journaling
Listening to Read Aloud	Listening to Read Aloud	Listening to Audio Books
Use of online learning resources	Use of online learning resources	Use of online learning resources
Board Games or Puzzles	Board Games or Puzzles	Board Games or Puzzles
Counting and Sorting	Create and solve story problems	Create and solve story problems
Talk time - Time for children to talk about how they feel and a space for them to ask questions.		

### Teacher Responsibility:

Provide a variety of materials for families to choose from.

### Student Responsibility:

Work with parents to choose and complete activities.

### Parent Responsibility:

Work with Student to choose and complete activities.

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## INSTRUCTION TYPE

## GRADE LEVEL

### Wellness Needs

K-1	2-3	4-5
<b>2 Hours Recommended</b>		

May be woven into the day as it works best for family schedule and student needs.  
These recommendations are the same for students in all grade levels.

Meal Time	Outdoor Play	Indoor Activity
<ul style="list-style-type: none"> <li>-Schedule routine meal time (breakfast and lunch provided by the district to anyone who elects to participate).</li> <li>-Integrate handwashing before meals, 20 seconds</li> <li>-Invite children to help with meal preparation</li> <li>-Include all family members if possible</li> <li>-Talk and connect during mealtimes.</li> </ul>	<ul style="list-style-type: none"> <li>- Walks</li> <li>- Bike Rides</li> <li>- Jump Rope</li> <li>- Sidewalk Chalk</li> </ul>	<ul style="list-style-type: none"> <li>-Snuggling with a per/stuffed animal</li> <li>-Resting or Napping</li> <li>-Listening to quiet music</li> <li>-Puzzles</li> <li>-Games</li> <li>-Stretching</li> </ul>