

4) Strength

Stood up for what you believed in spite of opposition

Afraid to say what you believed because of what others might think of you or did not care.

1 2 3 4 5

Were you willing to say what you felt was good or bad about the group's decision or actions even if the other members did not agree with you? Yes No

5) Assignments

Volunteered to do an assignment

Didn't want to do any group assignments

1 2 3 4 5

Do you tend to only do what is necessary to "get by"? Yes No

Did you show an interest in participating in group projects as well as group meetings? Yes No

What can you do to help your group learn more about an issue before the next meeting?

6) Do you seem to only see your point of view? Yes No

Were you open to other ideas and options? Yes No

7) Did you help harmonize or compromise opposing viewpoints? Yes No

Why or why not?

8) Can you think of a better way to harmonize or compromise on any issues? Yes No

If yes, how?

9) In today's meeting, what issues did the group discuss to your satisfaction?

Yes 1 2 3 4 No 5

Why or why not?

10) Review the answers to the above questions. What could you do differently at the next meeting?

What did you do well today and why?

11) Write a participation goal that you can strive for at the next group meeting. For example: At the next meeting I am going to be the first to volunteer to do an assignment?

Other thoughts and ideas:
