



July 17, 2020

Any athlete who has been quarantined due to contact with a positive Covid-19 case or has tested positive for Covid-19 themselves may only return to practice after the school has received a physician's medical clearance statement.

Remember, each athlete must answer these questions each time they come to practice:

- Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a chill, cough, shortness of breath or sore throat?
- Do you currently have a fever (100° or greater) in the last 48 hours?
- Have you had vomiting or diarrhea in the last 24 hours?
- Have you had a new loss of taste or smell?

Dr. Belinda Anderson, J.H. Principal
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