

Wethersfield

672 Silas Deane Highway – Wethersfield, CT 06109
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At Select Physical Therapy, we know that injuries are never scheduled, but relief can be. If you're injured, tired of having less mobility or experiencing aches and pains, let our licensed clinical team help.

We believe movement is medicine and are committed to helping our patients get back to work, athletics and daily life. The road to recovery starts with Select Physical Therapy!

CLINICAL TEAM:



Nicholas Bessette, P.T., DPT – Nick earned a bachelor's degree in health science in 2014 and doctorate in physical therapy in 2017 from Quinnipiac University. He enjoys treating a variety of patient populations, and has a special interest in rehabilitation of sports-related musculoskeletal conditions and various pathologies of the spine.

Andrew Abraham, ATC, LAT – Andrew earned a bachelor's degree in athletic training in 2017 from Springfield College where he played hockey for three seasons. He previously worked with the football and cheerleading teams at UMASS and Springfield College athletes. He has been the assistant coach of Springfield's hockey team since 2016. He is passionate about sports medicine and brain injuries.



Paige Pendl, PTA – Paige earned an associate's degree in physical therapy assistance in 2017 from Central Penn College. She played collegiate soccer while attending Central Penn and was the athletic sports writer/reporter for all athletic programs. Paige previously worked in the skilled acute care and inpatient settings.

ADMINISTRATIVE STAFF:

Charlene Barber, patient service specialist
Bella Garzone, patient service specialist

HOURS:

SUNDAY: Closed
MONDAY – FRIDAY: 7 a.m. – 7 p.m.
SATURDAY: By appointment

SERVICES:

- Physical Therapy
- Pain Management
- Spine Program
- Vestibular Rehabilitation
- Neurologic Rehabilitation
- Sports Medicine / Athletic Training
- Concussion Rehabilitation
- Functional Capacity Evaluations
- Return-to-Work Program
- Work Hardening/Conditioning

CONNECT



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