

Standard 2. Concepts & strategies

		Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	High School	
STANDARD 2	Movement concepts, principles & knowledge	E					M					
	Strategies & tactics				E			M				
	Communication (games)							E			A	
	Creating space (invasion)							E			M	
	• Varying pathways, speed, direction							E		M	A	
	• Varying type of pass							E		M	A	
	• Selecting appropriate offensive tactics with object							E			M	
	• Selecting appropriate offensive tactics without object							E			M	
	• Using width & length of the field/court							E			M	
	• Playing with one player up (e.g., 2 v 1)							E			M	
	Reducing space (invasion)											
	• Changing size & shape of defender's body							E		M	A	
	• Changing angle to gain competitive advantage							E			M	
	• Denying the pass/player progress							E				
	• Playing with one player down (e.g., 1 v 2)							E				
	Transition (invasion)							E		M	A	
	Creating space (net/wall)											
	• Varying force, angle and/or direction to gain competitive advantage							E			M	A
	• Using offensive tactics/shot to move opponent out of position							E				M
	Reducing space (net/wall)											
	• Returning to home position							E			M	A
	• Shifting to reduce angle for return							E				M
	Target											
	• Selecting appropriate shot/club							E			M	A
	• Applying blocking strategy							E				M
• Varying speed & trajectory							E			M	A	
Fielding/striking												
• Applying offensive strategies								E			M	
• Reducing open spaces							E				M	

Standard 3. Health-enhancing level of fitness & physical activity

		Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	High School
STANDARD 3	Physical activity knowledge	E					M				A
	Engages in physical activity	E						M			A
	Fitness knowledge	E						M			A
	Assessment & program planning				E			M			A
	Nutrition	E							M		A
	Stress management								E		

Standard 4. Responsible personal & social behavior

		Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	High School
STANDARD 4	Demonstrating personal responsibility	E			M			A			
	Accepting feedback	E			M			A			
	Working with others	E			M			A			
	Following rules & etiquette			E			M		A		
	Safety	E		M			A				

Standard 5. Recognizes the value of physical activity

		Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	High School
STANDARD 5	For health			E				M			A
	For challenge			E				M			A
	For self-expression/enjoyment	E					M				A
	For social interaction				E			M			A

LEGEND E = Emerging. Students participate in deliberate practice tasks that will lead to skill and knowledge acquisition. M = Maturing. Students can demonstrate the critical elements of the motor skills/knowledge components of the grade-level outcomes, which will continue to be refined with practice. A = Applying. Students can demonstrate the critical elements of the motor skills/knowledge components of the grade-level outcomes within a variety of physical activity environments.

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