

# Frazier High School April 2019 Lunch Menu



Food Service Director: Kelly Calderone

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## The Deli

Daily Choices May Include:  
Grilled Chicken Patty Sandwich  
Spicy Chicken Patty Sandwich  
Breaded Chicken Patty Sand  
Hamburger or Cheeseburger  
BBQ Rib Sandwich

## The Pizzeria

Pizza available daily may Include:

Pepperoni Pizza  
Cheese Pizza  
White Pizza  
Buffalo Chicken Pizza  
Chicken Fajita Pizza

## Grab & Go

A wide variety of sandwiches, wraps, specialty salads and parfaits are available daily!

Whole Grains Available Daily



Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 1st</b> Chicken Patty on Bun Baked Beans Applesauce Low/Non Fat Milk	<b>April 2nd</b> Pancakes with Sausage Patties Potato Rounds Apple Low/Non Fat Milk	<b>April 3rd</b> Buffalo Chicken Dippers Steamed Carrots Mandarin Oranges Low/Non Fat Milk	<b>April 4th</b> Pizza Burgers Steamed Broccoli Pears Low/Non Fat Milk	<b>April 5th</b> Macaroni and Cheese with Bread Slice Steamed Green Beans Mixed Fruit Low/Non Fat Milk
<b>April 8th</b> Meatballs with Marinara and Garlic Breadsticks Steamed Broccoli Apple Low/Non Fat Milk	<b>April 9th</b> Walking Taco with Bread Steamed Carrots Applesauce Low/Non Fat Milk	<b>April 10th</b> Grilled Cheese Tomato Soup French Fries Peaches Low/Non Fat Milk	<b>April 11th</b> Holiday Meal Mixed Vegetables Mixed Fruit Low/Non Fat Milk	<b>April 12th</b> Italian Dunkers Steamed Broccoli Pears Low/Non Fat Milk
<b>April 15th</b> Corn Dog on Stick Baked Beans Mandarin Oranges Low/Non Fat Milk	<b>April 16th</b> Beef Nachos with Cheese Sauce Steamed Broccoli Pears Low/Non Fat Milk	<b>April 17th</b> BBQ Rib Sandwich Candied Carrots Applesauce Low/Non Fat Milk	<b>April 18th</b> Chili with Biscuits Steamed Green Beans Mixed Fruit Low/Non Fat Milk	<b>April 19th</b>  Easter Holiday  No School
<b>April 22nd</b> General Tso with Rice Steamed Broccoli Peaches Low/Non Fat Milk	<b>April 23rd</b> Popcorn Chicken Bowl with Bread Slice Steamed Corn Mixed Fruit Low/Non Fat Milk	<b>April 24th</b> French Toast Sticks with Sausage Patties Potato Rounds Mandarin Oranges Low/Non Fat Milk	<b>April 25th</b> Shepard's Pie Mixed Vegetables Pears Low/Non Fat Milk Spring Sandwich Cookie	<b>April 26th</b> Chicken Quesadilla Arroz Con Queso Rice Refried Beans Apple Low/Non Fat Milk
<b>April 29th</b> BBQ Pulled Pork on Bun Emoji Fries Applesauce Low/Non Fat Milk	<b>April 30th</b> Pizza Pasta Bake Steamed Carrots Mixed Fruit Low/Non Fat Milk			

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar includes:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*Fruits include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce

## Milk

Milk Choices Offered Daily:  
1% white, non-fat white, non-fat flavored

## Proud to manage your food service program

Lunch Prices: Paid \$2.45 Reduced \$ .40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**