

# Sunflower County Consolidated Schools

Lunch 9-12

Aug 28, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8 Bacon Cheese Burger Oven Baked Potato W Mayonnaise Ketchup Mustard, PC, MS1538 Chocolate Milk Mandarin Fruit Cup Assorted Fruit Juices	Sep - 9 Chicken Spaghetti Steamed Broccoli Spe Green Peas Chilled Peach Slices Yeast Roll Chocolate Milk	Sep - 10 Beefy Nachos Grande Mexicali Corn Baby Carrots w/ Dressi Pineapple Tidbits Chocolate Milk	Sep - 11 BBQ Pulled Pork Burg Baked Beans Green Beans Chilled Pear Halves Chocolate Milk
Sep - 14 Broccoli Chicken Casserole Parsley Buttered New Potatoes Baby Carrots w/ Dressi Chilled Pear Halves Chocolate Milk	Sep - 15 Hamburger Steak w/ G Mashed Potatoes Steamed Broccoli Spe Yeast Roll Rosey Applesauce Chocolate Milk	Sep - 16 Chicken Fajitas Chips Whole Kernel Corn Baby Carrots w/ Dressi Fresh Apples Mandarin Fruit Cup Chocolate Milk Salsa	Sep - 17 Chili Dog Oven Baked Potato W Seasoned Green Bean Fruit Cocktail Chocolate Milk	Sep - 18 Ham and Turkey on Bun Whole Kernel Corn Steamed Broccoli Spe Oven Baked Potato W Chilled Peach Slices Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk

Good Nutrition is our Mission!  
 Menus are subject to change.  
 This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Sunflower County Consolidated Schools

## PreK Breakfast Menu

Aug 28, 2020

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8 Southern Biscuit Scrambled Eggs Pineapple Tidbits Low Fat Milk	Sep - 9 Breakfast Burrito Apple and Orange We Low Fat Milk	Sep - 10 Southern Biscuit Scrambled Eggs Hot Grits Fresh Oranges Low Fat Milk	Sep - 11 Sausage & Pancake on a Stick Chilled Peach Slices Low Fat Milk
Sep - 14 Southern Biscuit Breakfast Chicken Patt Fresh Apples Low Fat Milk	Sep - 15 Pancake Scrambled Eggs Fruit Cocktail Low Fat Milk	Sep - 16 Breakfast Sausage Piz Applesauce Low Fat Milk	Sep - 17 Southern Biscuit Sausage Patty Fresh Oranges Low Fat Milk	Sep - 18 Assorted Muffin Loave Chilled Pear Halves Low Fat Milk

Good Nutrition is our Mission!  
Menus are subject to change.  
This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Sunflower County Consolidated Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8 Southern Biscuit Cheese Omelet Chilled Pear Halves Assorted Jellies Fat Free Milk	Sep - 9 Southern Biscuit Sausage Patty Fresh Apples Chilled Peach Slices Assorted Jellies Fat Free Milk	Sep - 10 Frosted Flakes Strawberry Toaster Pastry Applesauce Fat Free Milk	Sep - 11 Sausage & Pancake on a Stick Chilled Peach Slices Pancake Syrup Fat Free Milk
Sep - 14 Southern Biscuit Bacon Strips Chilled Pear Halves Assorted Jellies Fat Free Milk	Sep - 15 Waffles in a Bag Sausage Patty Pancake Syrup Mandarin Fruit Cup Fat Free Milk	Sep - 16 Breakfast Sausage Piz Fruit Cocktail Fat Free Milk	Sep - 17 Southern Biscuit Ham Slice Assorted Fruit Juices Fresh Apples Assorted Jellies Fat Free Milk	Sep - 18 Assorted Muffin Loave Strawberry Yogurt Applesauce Fat Free Milk
Sep - 21 Waffles in a Bag Bacon Strips Pancake Syrup Assorted Fruit Juices Fresh Pears Fat Free Milk	Sep - 22 Honey Nut Cheerios Chocolate Toaster Pas Applesauce Fat Free Milk	Sep - 23 Mini Pancakes in a Ba Scrambled Eggs Chilled Peaches Pancake Syrup Fat Free Milk	Sep - 24 French Toast Sticks Sausage Patty Chilled Pear Halves Pancake Syrup Fat Free Milk	Sep - 25 Breakfast Sausage Piz Fresh Oranges Assorted Fruit Juices Fat Free Milk
Sep - 28 Sausage & Pancake on a Stick Assorted Fruit Juices Fresh Apples Pancake Syrup Fat Free Milk	Sep - 29 Breakfast Burrito Chilled Peach Slices Fat Free Milk Salsa	Sep - 30 Banana Breakfast Brea Mandarin Fruit Cup Fat Free Milk		

Good Nutrition is our Mission!  
Menus are subject to change.  
This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.